



Shore Excursion Prices



Belize City, Belize

Prices can be found on our website at www.hollandamerica.com and are quoted in U.S. funds. Prices are subject to change without notice. Prices for children age 12 years and under are available on some but not all tours. If no child's price is published, the tour may be available to children at the adult rate; however, all children under 18 must be accompanied by a responsible adult aged 21 or older, regardless of rate. A general guideline to pricing is found under each tour listing with symbols as follows:

\$ – up to \$50USD

\$\$ – \$51USD to \$100USD

\$\$\$ – \$101USD to \$150USD

\$\$\$\$ – more than \$150USD



How to Book More Than One Tour in Each Port

Make the most of your time in each port by combining different half-day tours to complete a full day of sightseeing. You might want to consider a morning cooking class with an afternoon walking tour; a morning snorkel trip to swim among the stingrays and an afternoon of sampling local creole cuisine; or even a bike ride and an evening cultural performance—all in one day! Whatever your interests, and whichever pace suits you best, there's a huge variety of tours to mix and match in this brochure. To make combining easy, for tour departure times and durations, visit our website at www.hollandamerica.com.



ADVENTURE TOURS

Mayan Ruins of Altun Ha



Approximately 4 hours • \$\$

Two plazas and 13 structures mark the center of this ceremonial site of the ancient Maya of MesoAmerica. Also a trade center, Altun Ha is an hour's drive away from Belize City. The famous 9½-pound jade head of the sun god, Kinich Ahau, was found here in the tomb of a royal priest during excavations in the late '60s and early '70s. 48 stone steps allow the visitor to climb to the top of the main temples to view the countryside.

Airboat & Belize City



Approximately 2½ hours • \$\$

Board an air-conditioned bus for a guided tour of Belize's rich history, from its establishment by shipwrecked British sailors in 1683 to the modern day. Pass Saint John's Cathedral (the oldest in Central America), the Prime Minister's residence and many more interesting sights. Outside the city, under a Mayan thatched *palapa* longhouse, you will receive a short orientation and safety briefing before boarding a 450-hp airboat for the ride your life. Travel one hour via a waterway to the beautiful Almond Hill Lagoon towards the manatee feeding grounds. Upon reaching your destination, you will quietly drift so that you may catch a glimpse of the docile manatees feeding. With a loud call of "clear" from your captain, you are once again speeding across the lagoon to Indian Creek. Prepare for an eye-opening ride on the pristine marsh—an entirely different world of unspoiled beauty protected by the lack of access. Zip along in water only inches deep to see beautiful water lilies, many colors and varieties of wading birds, turtles and maybe even a wily old croc trying to catch dinner as you glide over hundreds of acres of open

marshland. All too soon you are speeding back across the Almond Hill Lagoon heading back to the outpost, where a cool drink awaits you.

Please note: Bring sunglasses, sunscreen and your camera.

The Lost World Canopy Tour



Approximately 5 hours • \$\$

Board an air-conditioned bus for the scenic one-hour journey to Big Hill Station and the Savannah Pine Ridge, through the Belizean jungle, unspoiled by virtue of the terrain. As you round the final bend, you will arrive at a small clearing in the dense forest, and enter a cavernous tunnel. At the far end is a primeval rain forest encircled by creviced rock walls more than 100 feet tall, in which dwell many creatures of the night, including vampire bats. This is where your canopy tour of the Lost World Cave begins. There are five traverses ranging from 105-500 feet apart in distance that take you across the fallen ceiling of this enormous open air cave. Hear an orientation and safety briefing before being suited up with the necessary equipment, after which you will be led off to your first traverse. The walk to the first platform takes you through the giant doorway to the cave, along a 50-foot tunnel to the top of the rim of the cave. Your journey starts with traversing from platform to platform above the floor of the densely populated forest reaching for sunlight above the rim of the cave. Each platform is perched on the inside face of this open air crater giving you an unforgettable experience. Your last traverse takes you to a rock shelf, protruding from the side of the large tunnel-like entrance to the cave where your tour ends with an exciting rappel to the floor. After your adventure, you will return the ship via a bus ride through the jungle.

Please note: Bring insect repellent, sunscreen and a small backpack or fanny pack. Anything you take must be carried by you throughout the entire tour at all times leaving both hands free. Wear comfortable clothing that you do not mind getting a little dirty—jeans or shorts with sneakers. Closed-toe shoes are recommended, however strap-on sandals are acceptable. Minimum age is 8 years.

Caves & Jungles of Belize



Approximately 5 hours • \$\$

Enjoy the awesome natural beauty of the rain forest, uninhabited jungle rivers and caves once used by the ancient Mayans who inhabited this region. You will depart the ship on a high-speed boat for the Sabun River. Once in the river, the boat will wind its way up stream through the jungle covered banks that look like the setting for an *Indiana Jones* movie. After 45 minutes, the boat arrives at the Landings, a secluded farm located on a peninsula in the river. Visit the farm briefly and familiarize yourself with the 4x4 vehicle that will take you on the next leg of your journey to the Mayan Groto Caves, through the lowlands and over the jungle mud trails. Once at the river, you will cross on a bamboo barge. Take a short walk through the dense rain forest with many species of huge trees, then you begin your cave experience. The first cave tunnels through the mountain and emerges into a tropical bowl with cliffs on all sides. The Mayans used this location as a sanctuary with protective walls still evident. Within the bowl there are many caves to explore each with different stages of stalactite and stalagmite growth. After the caving, you will have an opportunity to swim in the cool river, relax, and enjoy a snack before boarding a jungle truck for the return trip to Belize City.

Mayan Ruins of Xunantunich & Marimba Lunch



Approximately 7½ hours • \$\$

The Xunantunich Mayan ceremonial center is located on a natural limestone ridge two miles from the Guatemalan border. The largest temple, El Castillo, is excavated and is partially restored. The site has three plazas, carved stelae, a partially excavated ball court, and a display center depicting the history of the site. Lunch is at a hotel, complete with Marimba show, and there is time for handicraft shopping before returning to Belize City.

Please note: Wear comfortable clothing and closed-toe shoes. Bring sunblock, insect repellent and a hat.

Cave Tubing & Rain Forest Walk



Approximately 7 hours • \$\$

A drive up the Western Highway and into the rain forest leads to the fabulous Cave's Branch of the Sibun River. After a briefing by your guide and a 30-minute walk through the rain forest, you splash into the cool waters of the Sibun River aboard an inner-tube. With a cave light on your forehead, float lazily downstream for an hour and a half, enjoying the cave formations of a Cretaceous Period limestone cavern, formed by the Sibun River. Lunch is served at a local restaurant.

Please note: Wear your swimsuit; bring a towel, sunscreen, insect repellent and a change of clothes. Bring shoes/sandals that will get wet. Minimum age is 6 years. Children must be accompanied by an adult. Waiver release form must be signed.

Jungle Buggy & Mayan Cave Exploration



Approximately 5½ hours • \$\$

Board an air-conditioned bus for the scenic journey to Big Hill Station for a short orientation and safety briefing. Before you know it, you are on a Monster Jungle Buggy, traveling through dense rain forest, weaving among the tall canopied trees and your guide tells you all about the complex ecosystems and offers tales of the ancient Mayan Civilization. This machine now becomes more than another novel tourist attraction as its true purpose becomes evident. It provides you with a 10-foot-high secure observation platform for a panoramic viewpoint of some of the most beautiful parts of Belize that remain unspoiled by virtue of the difficult access. The buggy moans and groans as you slowly twist, claw and crawl your way along a jungle track in mud and water sometimes up to three or four feet deep. It's a thrilling ride into a hidden world on an impossible trail that would halt any vehicle except your Monster Buggy. Your guide will escort you along the *picado* footpath at the edge of this Jurassic-like forest, where a myriad of vines and bromeliads hang from the rock ledges and ancient trees. For the brave-at-heart, your guides will provide helmets with lights, so you can enter into the second chamber and observe the beautiful stalagmite and stalactite formations formed eons ago. Your helpful guide will point out ancient Mayan pottery and maybe even a sleepy

bat in one of the many nooks and crannies at the cave entrance. Then it's time to return through the tranquil forest to your buggy and drive away from this surreal place. Back at Big Hill Station, enjoy a tasty barbecue lunch and all the jungle juice you can drink, then your bus will be waiting to return you to civilization.

Please note: Bring sunglasses, sunscreen and insect repellent.



SIGHTSEEING TOURS

Belize Zoo & City



Approximately 4 hours • \$\$

More than one hundred species of wildlife, all indigenous to Belize, have found a perfect home at the Belize Zoo, including jaguars, pumas, ocelots, otters, parrots, tapirs, a white-lipped peccary, havelinas, crocodiles and howler monkeys. Your self-guided visit is through an all natural wildlife habitat. Enjoy a short narrated city tour en route and on your return to the ship.

Please note: There are NO paved walking paths on this tour. The path is loose gravel. All the animals are in their natural habitat.



AQUATIC TOURS

Barrier Reef Snorkel & Beach Break



Approximately 3½ hours • \$\$

Depart directly from your ship aboard a luxurious, custom-built, high-speed catamaran, cutting through turquoise blue waters inside Belize's barrier reef. The crew will provide instruction on the use of the complimentary snorkel equipment, and once the catamaran anchors in the lee of the sand atoll, you'll step into the crystal clear waters for amazing snorkeling among coral formations teeming with colorful tropical fish—ideal for beginners and experts. Enjoy a beverage as you relax on a white sand beach under a coconut tree after snorkeling.

Please note: Wear your swimsuit; bring a towel, hat and sunscreen. Complimentary kayaks and beach floats are available at the beach.



Goff's Caye Snorkeling



Approximately 4 hours • \$\$

Visit a magnificent coral island, complete with coconut trees, situated right on top of the great barrier reef of Belize. Snorkeling for beginners takes place right from the beach, and advanced snorkelers may choose to travel by boat to a snorkel site. See abundant reef life, and great coral formations as your guide takes you on a snorkeling tour around most of the island.

Please note: Wear your swimsuit; bring a towel, sunscreen, insect repellent and a change of clothes. Waiver release form must be signed. Snorkel, mask, fins and life vest are provided.

Shark Ray Alley & San Pedro



Approximately 7 hours • \$\$

Four miles south of San Pedro lies the Hol Chan Marine Reserve and the famous Shark Ray Alley—one of the most popular snorkeling sites along the 150-mile barrier reef of Belize. Travel by speedboat to the reef to snorkel with friendly sting rays and nurse sharks. After lunch on San Pedro, visit a local shopping area.

Please note: Minimum age is 9 years. All other children must be accompanied by a parent or guardian. Waiver release form must be signed. Wear your swimsuit; bring a towel, sunscreen, insect repellent and a change of clothes. You must be a capable swimmer to participate. Snorkel, mask and fins provided.

Turneffe Atoll Two-Tank Certified Dive



Approximately 5½ - 6 hours • \$\$\$\$

Gear up at the dive center, then you'll take a 50-minute boat ride past the Barrier Reef to Turneffe Atoll—one of only four atolls in the Western Hemisphere. Your captain will select a dive site based on weather and visibility conditions, but usually includes a wall. Maximum depth on the first dive averages between 50-70 feet. You'll see tropical reef fish, and healthy sponge and coral growth. The second dive is at another dive site with similar depth.

Please note: Waiver release form must be signed. Bring your C-card.

ADVENTURE TOURS

4x4 All-Terrain Expedition



Approximately 3½ hours • \$\$

Far away from modern civilization lies a stretch of beach that awaits your footsteps, but to reach paradise you must wrestle with the untamed tropical jungle of the Yucatan in a World War II Class-S Mercedes Benz 4x4 Unimog. This huge 4x4 powerhouse takes up to ten guests comfortably, as you head off-road for a short stretch en route to a gorgeous beach and unspoiled views of the Caribbean Sea. Enjoy an hour and a half of fun in the sun at La Palapa beach or drift even further from reality in an ocean kayak. Then, hop back into your Unimog and head home via an off-road coastal trail. Experience the real Mexican-Caribbean as you encounter the fisherman's huts and watch for birds and iguanas.

Please note: A light snack and soft drinks or bottled water are provided at the beach.

Blue Lagoon Boat Excursion



Approximately 6 hours • \$\$

Brace yourself for the experience of a lifetime. Explore the Caribbean with the latest and most exciting watercraft in the Costa Maya—state-of-the-art vessels are that are fun, safe and extreme! Your tour will begin as you are expressed via air-conditioned van to a natural lake off the beaten path. You will come to a natural haven of green tropics, where your guide will explain the water rules and after a quick familiarization period, you'll be ready for blast off! Beginners? No worries! These vessels are easy to master and the calm waters of the lagoon will make handling a breeze. You will caravan through the blue waters of



Cozumel, Mexico



ADVENTURE TOURS

Chac Tun Caverns & Mayan Riviera Beach



Approximately 8 hours • \$\$

Cross the hidden natural savannah of the Yucatan peninsula to explore the Chac Tun Caverns. This hidden underground world is known by locals as “the rain coming through stones,” and is a sacred place for the Mayans. A mystical underground lake is surrounded by beautiful stalactites and stalagmites. This natural wonder provides many excellent photo opportunities, and you will be allowed time to swim in the underground lake. Continue on to beautiful Xpu-Ha Beach—perfect for a quiet, relaxing retreat. Swim, walk along the powdery beach, sunbath or just relax in the shade of an umbrella. A Mayan-style lunch is prepared and available to eat on the beach. Cold soft drinks and water are offered on the ride back to Playa del Carmen.

Please note: Times are approximate due to scheduling of tender. Wear your swimsuit and bring a towel. Tour includes a 45-minute, each way, tender transfer between Playa del Carmen and Cozumel.

Rock Climbing



Approximately 3 hours • \$\$\$

Join a professional climbing guide for an exciting rock climbing adventure on five spectacular state of the art climbing towers that offer exceptional climbing for everyone from beginners to accomplished climbers. One of the towers is the highest outdoor climbing structure in Mexico, and is located in a beautiful ocean-side setting. Individualized attention from the professional guide staff ensures everyone has a great experience. From the top of the climbs, you have panoramic views of aqua blue Caribbean waters

and luxurious jungles stretching to the horizon. The tour begins with a 10-minute ride to the climbing area, located next to the beach. You will don rock climbing shoes, a harness and helmet. After a brief orientation, rope up and start climbing, while your friends and family take pictures and cheer you on. There are dozens of routes to choose from, many are very easy and some offer a substantial challenge. Each ends with a stunning aerial view of the beach and its pristine blue waters. Participants will also have the chance to try rappelling! Your safety and enjoyment are always the guide’s primary concern. This adventure is perfect for those looking for a first climbing experience, or for experienced climbers looking for a challenge!

Deep Sea Fishing



Approximately 5 hours • \$\$\$

Cozumel and its nutrient rich waters attract some of the best sportfishing in the Caribbean. Fisherman and their yachts arrive from all destinations to try their luck and skill at catching a big blue marlin, white marlin, or sailfish. Tuna, sierra, dorado, wahoo and barracuda are also commonly caught. Bring your enthusiasm and a little luck and leave the rest to your captain and crew to catch your prize. All billfish are catch-and-release. Guests are briefed prior to departure regarding sea conditions and chair rotation. All the boats are rigged with downriggers and outriggers and all lines will be rotated throughout the tour. Your half-day trip includes beverages (beer, soda or water), a snack, rods and reels, bait, tackle and ice. If you catch a fish, your crew will be happy to arrange a special “catch-of-the-day” lunch for you and your party.

Tropical Safari 4-Wheel-Drive Tour



Approximately 4½ hours • \$\$

Take the wheel of a four-person, four-wheel-drive vehicle, or you can ride as a passenger. Proceed to the east side of the island for endless stretches of white sandy beaches and breathtaking views. When the public road ends, you’ll veer north over bumpy roads into the vast low savannah area, with lush green vegetation, iguanas and tropical birds. At the small ruin of La Palma, your

guide explains the ancient Mayan culture. Continue to Xpalbarco Beach to enjoy 1½ hours of swimming, volleyball, walking or just relaxing in the shade. Lunch will be served at the beach camp.

Please note: Wear your swimsuit under your clothing. Bring a towel and sunscreen. Drivers must be 25 years or older, and carry a valid drivers license. Waiver release form must be signed. Not recommended for pregnant women or guests with back or neck problems.

Mayan Frontier Horseback Riding



Approximately 4 hours • \$\$

Saddle up and travel back through time to the sacred lands of the Mayans. Discover the hidden tropical savannah of Cozumel on horseback. Your guide will instruct you on how to ride a horse and you will be assigned a horse that corresponds to your riding ability and experience. Ride around ruins that are more than 1,500 years old, view replicas of Mayan villages and remains of murals and idols. Finally, you will visit a ranch stocked with cattle, ponies, turkeys and native creatures. Then it's on to the cantina for a cold beverage.

Please note: Waiver release form must be signed. Not suitable for pregnant women or guests with back or neck problems. Minimum age is 12 years. Maximum weight is 220 lbs.

Coba Ruins Adventure



Approximately 8 hours • \$\$\$

Encounter Coba, the largest ruins of the Mayan culture with more than 3,500 sacred structures surrounded by four natural lakes—once commercial hub of the Mayan civilization. Your adventure begins with an air-conditioned, scenic drive to Coba. Your guide will escort you through this immense site and share the secret beliefs and lives of the Mayans. You will explore the tallest structures in the northern part of the Yucatan. These groupings include the Coba Group, the Paintings, the Macanxoc Group, the Crossword Pyramid and the Chumuc Mul Group. The major pyramids have been partially excavated, and the paths are lined with stelae and corbel arches.

Please note: A boxed lunch is included and is served en route. If time permits, there will be a restroom stop during the drive.

Chichen Itza by Motor Coach



Approximately 12 hours • \$\$\$

Explore the world famous Mayan ruins of Chichen Itza, traveling first by air-conditioned van. Your guide will escort you on foot through this legendary city which extends over six square miles and contains hundreds of structures throughout the area. Spending three hours at the site, you will see the Pyramid of Kulkulcan, the Mayan ball court, the mystical Cenote where human sacrifices were performed and the Temple of the Warriors. Also you will visit the Observatory where the Mayan priests accurately calculated celestial events from over a million-year span. Lunch will be served along the way.

Please note: Tour includes a 45-minute, each way, ferry transfer.

Mayan Ruins of Tulum



Approximately 7 - 8 hours • \$\$\$

This colorful excursion highlights the ancient world of Mexico. A ferry will take you to Playa del Carmen on the mainland, where you will drive to the Mayan city of Tulum—the only Mayan settlement built by the sea. Dedicated to the Setting Sun, Tulum is situated atop a cliff overlooking the Caribbean Sea. Admire the sophisticated architecture of this city dominated by sacred temples and the pyramid-shaped castle of El Castillo. From Playa del Carmen, you will take a ferry back to your ship in Cozumel.

Please note: Tour includes a 45-minute, each way, ferry transfer and requires rigorous walking over uneven terrain on loose gravel and dirt. Guests must negotiate a variety of obstacles including rocks, roots and climbing short stairways. There is a charge of \$5 - \$8 for using your video camera (based on the exchange rate of the day.)



SIGHTSEEING TOURS

Highlights of Cozumel & Folkloric Show



Approximately 4 hours • \$\$

Join an expedition into Cozumel's colorful past and charming present, beginning with the untamed beaches of Cozumel. Miles of virgin beach line your way to El Mirador—a lookout famous for its natural limestone formations. Glimpse low savannah and dense vegetation as you journey around the island. Enjoy a welcome drink at a popular nightclub and experience native music, romantic dance and exotic costumes from the states of Mexico. Stop in the heart of Cozumel for shopping and return to the ship on your own, or continue to the ship by bus.

Mexican Fiesta Folkloric Show



Approximately 2½ - 3 hours • \$

Enjoy an imaginary voyage through Mexico's diverse regions through special folkloric dances that include multi-colored costumes, the sounds of the classical Mexican *mariachis* and the traditional *Marimba*. You will “visit” the cheerful state of Vera Cruz, and the “soul state” of Jalisco. Round trip transportation is by taxi. One domestic drink, tips and taxes are included.



AQUATIC TOURS

Dolphin Encounter



Approximately 3 hours • \$\$\$
(30 minutes on platform with dolphins)

You don't need to be a swimmer in order to enjoy this experience. A taxi transfer brings you to Chankanaab Park, for a short orientation about interacting with the dolphins. Fitted with a life vest, you will be stand waist deep in water on the platform and participate in a “hands-on” experience with the dolphins. Give them a kiss, hug, or even hold a dolphin in your arms. Following

your encounter, you will have free time to shower, change, and explore what Chankanaab has to offer. A taxi returns you to the ship.

Please note: Snorkel equipment is provided. Wear your swimsuit under your clothing and bring a hat, towel and sunscreen. This is NOT a swim-with-the-dolphins experience.

Beachside Snorkel Tour



Approximately 2½ - 3 hours • \$

A short distance from the ship is a lovely beach where a dive master will fit you with mask, fins, snorkel, and life vest. After personalized instruction, you're ready for an escorted adventure snorkeling over vibrant coral formations in crystalline waters. Snorkeling from the beach is a fine introduction to the sport!

Please note: Snorkel equipment and instruction are provided. Wear your swimsuit and bring a towel. Waiver release form must be signed.

Dune Buggy & Beach Snorkel Combination



Approximately 4 hours • \$\$

Drive a modern dune buggy, snorkel crystal waters and relax on an amazing beach. Begin by traveling around the island in a customized, manual transmission dune buggy, visiting Cozumel's most beautiful and rugged areas. Your first stop will be at one of the most incredible reefs on the island to enjoy the variety of sea life and colorful coral formations during a guided snorkel tour. Then, jump back into your dune buggy and head towards the other side of the island to the natural rock formations known by locals as El Mirador. After a brief stop, it's time to continue the caravan to a lovely secluded beach. You will have time to relax in the shade of an umbrella, walk along the white sands, or play games in the sun. A snack lunch will be provided. Leaving the beach, you will head back to town on the west coast of the island. End your tour with time to shop in Cozumel. Afterwards, you may either walk into downtown or return by taxi (not included) to your ship.

Please note: Minimum age is 21 years with valid US driver's license for guests who wish to drive. Dune buggies have manual transmission. For other nationalities, age requirement may depend on each country's laws. Minimum age to snorkel is 8 years. Wear

light clothing, comfortable walking shoes, and your swimsuit under your clothes. Bring a towel and sunscreen. Not suitable for physically challenged guests or for pregnant women.

Discover Scuba



Approximately 2½ - 3 hours (30-minute dive) • \$\$

You could be SCUBA diving in warm and amazingly clear, shallow water! This tour is designed for the non-certified diver who has never been diving and wants to discover scuba. A team of PADI instructors are dedicated to taking you step by step through an introductory course that will teach you how to breathe and swim freely underwater! After approximately 45 minutes of underwater instruction and orientation, you will be ready to gear up in full scuba and enter the water directly from the beach. The student-to-instructor ratio is 4:1, allowing the instructor to give you individual attention throughout the course and dive. A few minutes are spent in waist-deep water getting used to this new feeling of breathing underwater. And then you're ready to go diving. The instructor is with you at all times, guiding you and exploring this new breathtaking world of fish and coral in a fantasy of shapes and colors. The dive site reaches a maximum depth of 25 feet, home to schools of sergeant majors, pairing angelfish, and lobsters. The diving equipment is new and top-of-the-line. It is selected carefully by the instructor to accommodate optimal fit and comfort. Cozumel, with its warm and exceptionally clear waters, offers an outstanding opportunity for guests to make their first dive a remarkable experience.

Please note: Minimum age is 12 years. All equipment and transportation are provided. Certain medical requirements must be met in order to participate on this tour. Completion of a medical questionnaire is required for participation in this tour. Wear your swimsuit and bring a towel.

Certified Two-Tank Scuba Diving



Approximately 4 - 4½ hours • \$\$

Scuba divers can spend four hours of magnificent fun diving Cozumel's spectacular reefs. Your tour departs from the cruise

ship pier and you will be escorted to a waiting dive boat that holds between 12 and 24 passengers. Once aboard, PADI-certified/insured, bilingual dive masters introduce themselves and the crew before assisting guests in setting up their diving gear. Approaching the first dive site, world-famous Palancar Reef (70 to 80 feet), the dive masters divide divers into smaller groups (eight divers to one divemaster) according to divers' levels of experience, and each group receives a thorough briefing about the dive plan, points of interest, and safety tips before descending to the reef. Back on board, enjoy purified drinking water as you move on to the next dive site at one of the shallower reefs (50 to 60 feet). The selection of this site is the "captain's choice." He will find the best location and best conditions for this dive.

Please note: The dive boat is manufactured in the US to meet US Coast Guard regulations. Certain medical requirements must be met in order to participate on this tour. Completion of a medical questionnaire is required for participation in this tour. Minimum age is 12 years. Waiver release form must be signed. Bring your C-card. Tour may be purchased with or without equipment. Cost to rent a wetsuit is us\$10. Wear your swimsuit and bring a towel. Participants must have been diving in the last two years or a refresher course (Discover Scuba) is required.

SNUBA Diving



Approximately 2 hours • \$\$

Are you ready to take the next step beyond snorkeling, but not sure about scuba diving? "SNUBA" is a combination of snorkeling and scuba diving, and introduces you to the amazing underwater world without cumbersome equipment. It's fun, safe and easy. After instruction, a divemaster will take you into shallow water to try out your skills and build your confidence. Proceed out to deeper water (15-18 feet) to see marine life and brilliant coral formations. Spend approximately 20 - 30 minutes "SNUBA diving."

Please note: Minimum age is 8 years old. Completion of a medical questionnaire is required for participation in this tour.

Chankanaab Snorkel Adventure



Duration varies • \$

This snorkel tour is perfect for the adventurer looking for some beach time and unlimited snorkeling at the famous Chankanaab National Park! Chankanaab has something for everyone and is perfect for a family or large group. The water depth varies from a mere 2 to 25 feet. You'll be able to progress to the deeper waters at your own pace. Your guide will greet you and escort you a taxi for a 10-minute ride to Chankanaab National Park. There, you'll meet the staff of PADI-certified/insured, bilingual dive masters who will brief you on the coral reef, safety procedures, and snorkel equipment. Personalized instruction is available. You will have unlimited time to enjoy the beach, bask in the sun, and explore the undersea world. Freshwater showers, a restaurant/snack bar and rest rooms are available on the beach. Underwater cameras, sunscreen, and t-shirts can be purchased at the beach and a secured location for belongings is available. The staff will coordinate your return transportation back to the ship for you.

Please note: Minimum age is 8 years. All equipment and transportation are provided. Certain medical requirements must be met in order to participate. Completion of a medical questionnaire is required for participation. Wear your swimsuit and bring a towel.

Power Snorkel by Scooter



Approximately 2 hours • \$\$

Experience the future of high-tech snorkeling on this ultra modern tour as you become an underwater adventurer, cruising over the coral reef and exploring the natural wonders with a motorized scooter. To make sure you don't miss any of our underwater treasures you will also be equipped with a state-of-the-art radio snorkel, and a live broadcast transmitted from shore will alert you of any sightings. Power snorkeling allows you to enter the amazing underwater world with ease and confidence, regardless of your swimming experience, fitness or prior snorkeling experience. After a thorough safety and orientation briefing, you'll be able to man your own motorized scooter and glide across the water faster than you can swim! This snorkel tour is for the adventurous and a level of comfort in the water is

recommended. PADI-certified snorkel guides will lead you in small groups through the diverse flora and fauna found in the beautiful Caribbean. After your power snorkel, you'll have free time to enjoy the beach or normal snorkeling before returning to your ship. The beach facility's amenities including bathrooms, changing areas and freshwater showers. There is also a full service restaurant at the location and a safe place to store belongings.

Please note: Minimum age is 12 years. Guests are welcome to stay and enjoy the beach and all its attractions. Return transportation will be provided. Waiver release form must be signed.

Peek, Paddle & Snorkel



Approximately 3 hours • \$\$\$

Come see the Caribbean from a totally unique view—gliding over a coral reef in a transparent kayak. At a luxury resort, you will listen to a detailed safety briefing, then you'll paddle with your guide out in the crystal clear waters of the Caribbean. Bright tropical fish swim through the incredible coral reef right beneath you. Your expert guide will lead you over the most beautiful parts of the reef where the sea life abounds with colors galore. Return to the beautiful white sandy beach to relax in the shade, soak up the sun, or swim in the pool, with a chance to revisit the reef with full snorkel gear. Enjoy a complimentary drink from the bar, and when the time's up, return to your ship or stay a little longer and return to the ship on your own by taxi.

Please note: Minimum age is 8 years.



BOAT TOURS

Catamaran Sail & Beach Party



Approximately 3½ hours • \$\$\$

The fun begins while sailing to the reef aboard a state-of-the-art catamaran. The crew serves refreshments and provides instruction on the use of your snorkel equipment. Step into crystal blue water to discover the underwater world of the Caribbean. Continue to a beautiful white sand beach to relax in a hammock or sunbathe. Water sports include kayaks, beach floats and volley-

ball. Enjoy unlimited cold beer, zesty margaritas or soft drinks.

Please note: Wear your swimsuit and bring a towel.

Atlantis Submarine Expedition



Approximately 2¼ hours • \$\$
(40-minute dive time)

Your dive adventure begins aboard the transfer ferry that will take you on a 15-minute cruise along Cozumel's west coast. Upon arrival at the dive site, then board a real US Coast Guard-certified submarine and cruise the ocean floor at the island's famous and unique attraction of Chankanaab Reef—an environmentally protected marine park. Through large windows, marvel at the huge variety of tropical fish and magnificent 30-foot coral heads. An experienced co-pilot will be happy to answer your questions. After the 40-minute dive, you will be met by the transfer ferry that will return you to the cruise ship pier. 400-1000 ISO film speed is recommended for photography on the sub (no flash).

Please note: Minimum age is 4 years. Minimum height is 36 inches. To board the submarine, you must climb backwards down a step ladder.

Hideaway Beach Escape by Boat



Approximately 4 hours • \$\$\$

Thrillseekers, get behind the wheel of a speedboat as you head through the waves of Cozumel's north side. Your adventure begins with a short ride to a local beach; you are given safety equipment and orientation of your boat and then it's time to take the wheel. You'll pass by virgin beaches and hidden lagoons, encircled by tropical mangroves. Then you drive your boat up to a secluded beach, where sugar-white sand and crystal clear waters call to you. Enjoy a Mexican grilled buffet with local hospitality. Bask in the sun, swim in the ocean or explore the grounds of this isolated getaway. You may want to join in a friendly game of beach volleyball after lunch or relax under the shade of a beach umbrella on Hideaway Beach. Finally, it's time to get back in your boat for the return to the local beach and the ship.

Please note: Minimum age is 6 years.



Fort Lauderdale, Florida

Guests participating in these shore excursions will be among the first to disembark the ship. Board the tour bus with your luggage, as all tours will proceed directly to the airport upon conclusion. Transportation to the airport is included in the tour price listed. These tours can only be booked on board.

Transfer to Ft Lauderdale or Miami Airport

\$ Ft Lauderdale Airport • \$ Miami Airport

Available to guests who are not participating in Holland America's "Fly Cruise Plan" and do not have a prepaid voucher in their travel documents. Direct motor coach transportation from the ship to the airport upon the conclusion of your voyage.

Ft Lauderdale City Sights & Airport Transfer



Approximately 3½ - 4 hours • Available May - October only

Transferring to Ft Lauderdale Airport (flights after 2:30pm only):

With/without prepaid transfer voucher – \$\$

Transferring to Miami Airport (flights after 4:00pm only):

With/without prepaid transfer voucher – \$\$

Guests who are returning to the ship – \$

Drive through Port Everglades and turn past the striking bronze sailfish fountain of the Broward Convention Center as you cross the Intracoastal Waterway. View famous Fort Lauderdale Beach and the Bahia Mar Yacht Basin en route to Las Olas Boulevard—the Rodeo Drive of Fort Lauderdale. Discover the inland waterways, luxury homes and mega yachts of the "Venice of America." You will see the Riverside Hotel and Stranahan House, the oldest structure in the city. Head towards the downtown financial district, with its many award-winning buildings. You will also see the Broward Center for the Performing Arts and the Museum of Discovery and Science. Leaving the bus, you will follow your guide on a stroll along the New River, past Al Capone's former residence, to the new Riverfront complex, a 50-million-dollar complex of plazas, fountains and planted areas, interspersed with an unusual assortment of shops and restaurants. There will be a little free time to browse or shop before heading to the airport.



Santo Tomás, Guatemala



ADVENTURE TOURS

Archaeological Copán & Honduras Countryside



Approximately 8 hours • \$\$\$\$

Travel into Honduras by chartered small aircraft to visit Copán—the Paris of the ancient Mayan world. A short drive leads you over a dirt road to the ruins of Copán. Enjoy a 2½-hour, 1¼-mile stroll to see the pyramids, temples, and stelae. Marvel at the well-preserved Ball Court, ponder the peculiar inscriptions on the magnificent stelae, and admire the famed Hieroglyphic Stairway. Visit the New Sculpture Museum, then you will stop for lunch in the town of Copán. Step into the local museum or shop for local souvenirs before you fly back to Guatemala and the ship.

Please note: Bring your passport.

Quirigua Archaeological Ruins



Approximately 4½ hours • \$\$

Visit Quirigua National Park—a Mayan city that once ruled the region. Disembark the motor coach and walk the stone pathway onto the grounds. View the monuments lining the central plaza and study the intricate carvings on the stelae, altars and zoomorphs which reveal vivid portraits and bizarre glyphs. Your guide will explain the engineering techniques used to construct Quirigua. After concluding the walking tour of the city, reboard the transportation for your return to the ship.

Hacienda Tijax & Eco Adventure Hike



Approximately 8 hours • \$\$\$\$

This tour begins with a bus ride through the scenic Motagua Valley. You'll stop at the bridge over the Rio Dulce to take photos of the magnificent views of Lake Izabal and Rio Dulce National Park—one of the most important ecological reserves and protected areas of the country. Board a small boat to transfer across the lake to Hacienda Tijax. The attractions here are the trails and a wonderful canopy tour through the rain forest, which includes crossing over crystal clear natural springs and rivers by elevated cable bridges up to 600 feet high. Learn about the products of the jungle, such as gum, rubber, spices and medicinal plants, with spectacular views of orchids and epiphytes. The trail is about a mile long. Other options include kayaking in groups of four to observe howler monkeys on the other side of the river, horseback riding or a visit to Castillo San Felipe (options are at an additional charge). A poolside barbeque will be served, then a small boat returns you to the bridge where the bus will be waiting to return to the port.

Tikal Expedition by Air



Approximately 9 - 10 hours • \$\$\$\$

Journey to the savannahs and rain forest of northern Guatemala to visit the famed Maya ruins of Tikal. Transfer to a nearby airport for flight by chartered airplane to the vast northern region of El Peten. Depending on the size of the airplane, the flight will take from 40 minutes to one hour. Upon arrival at the Mundo Maya International Airport, board a bus and enjoy a fifty-minute drive while an English-speaking guide provides an overview about the region in preparation for the visit to Tikal, one of the greatest Maya cities known and studied to date, declared by UNESCO World Heritage Site. Disembark at the entry to the grounds of Tikal and begin a guided hike along dirt roads and pathways leading back in time. A mysterious realm unfolds as you enter the forest surrounding the ruins. Your guide will explain the cosmic vision of life at the peak of rule of the Maya. After a kilometer of walking, the various structures that comprise the Great Plaza will come into view. Their magnificent

architecture can still be admired after hundreds of years, and you will marvel at the size of the Central Acropolis and North Acropolis and will be awed by Temples I and II and Temples IV and V, which tower above the tree-line. Retrace your steps back to the picnic area near the entrance where a freshly-cooked meal including chicken with vegetables, rice and your choice of beverage will be served. Relax and reflect upon magnificent remnants of the Maya culture before boarding transportation for the return trip to the airport for your flight back to the port and the comforts of your ship.



SIGHTSEEING TOURS

Amatique Resort with or without Lunch



Varies • With lunch \$\$; Without lunch \$

Travel roundtrip from the ship to the Amatique Bay Resort by either water taxi or taxi cab (rates indicated below). Activities include use of the pool with a large pool bar, water slides, private beach, a butterfly and turtle garden, the Jade Museum, a souvenir shop and a beach volleyball court. For those who so choose, included is a delicious barbeque buffet lunch (at a cost of \$20 per person). Extra cost options include drinks, fishing, bicycles, jet skis, diving lessons, kayaks, water bicycles and golf carts.

Please note: Bring your swimsuit, towel, sunscreen and a hat. Drinks are NOT included but can be purchased at the resort. Water taxi: \$8 one way and \$15 roundtrip (last departure from the resort is at 3:30pm); Taxi: about \$15 per person roundtrip based on four guests.

Banana Plantation



Approximately 4 hours • \$\$

The tour will begin with a drive through the beautiful Motagua Valley, as you enjoy the sights of lush tropical vegetation and banana plantations. Upon arrival at Omagua Banana Plantation, visit the production plant to see how the Chiquita Banana fruit is carefully chosen, cleaned and packed. Board the bus again to drive through part of the plantation before departing to

Marbrissa Hotel, where you will be treated to refreshments while you admire the view of Amatique Bay and the port town of Puerto Barrios. Return to the pier in time for lunch.

Santo Tomás de Castilla & Puerto Barrios City



Approximately 3 hours • \$\$

Travel through the main streets of Santo Tomás de Castilla, with a short ride along the seashore, passing by the Naval Base and the Belgian Cemetery where Belgium pioneers who settled here in the 19th century are buried. Arrive at the city of Puerto Barrios, capital of the Izabal County, with a history dating back to the 18th century. In its early days, this was a village nestled over a muddy, unhealthy landscape alongside the railroad tracks. Over time, it developed and was incorporated as a city in 1895, when it was officially named Puerto Barrios. With a frontier-town atmosphere, where locals and foreigners alike fought in the past to reap the benefits of the banana, coffee and sugar trades, Puerto Barrios has become one of the most important commercial ports in Guatemala. Pass by several buildings important to the everyday life of the local population. Glimpse the city's Caribbean roots in the Garifuna neighborhood, known for its authentic cuisine and Tapado (seafood soup with plantain and coconut milk) rice and beans. Your tour will end with a short visit to Amatique Bay Resort, considered one of the best resorts in Central America and where you will enjoy a refreshment before returning to the ship.

Rio Dulce & Livingston



Approximately 4 hours • \$\$

Depart from Santo Tomás de Castilla by small boat, enjoying the scenic ride gliding past the lush green coast of Guatemala's "different" Caribbean. Continue to the mouth of the Rio Dulce, a jungle river inhabited by the Maya-Q'eqchi' ethnic group—one of the twenty groups spread throughout the country. Enjoy the sights and experience the nature surrounding you. A one-hour stop will be made at the Carib town of Livingston where, at the Hotel Villa Caribe, you will enjoy a refreshment and a native music presentation. There will be free time to relax by the pool or explore the town before heading back to Santo Tomás.