



Bright Horizons™ 21

BALTIC • MAY 23rd – JUNE 4th, 2014

OVERVIEW

SCHEDULE

MAP

SPEAKERS

SEMINARS

CABIN & SHIP INFO.

PRICING & TERMS

MUST READ

COPENHAGEN

TALLINN

ST. PETERSBURG

HELSINKI

STOCKHOLM

WARNEMUNDE

HAMBURG

BOOK OR PRICE NOW

EXPERIENCE THE BALTIC

Escape to the Baltic for midnight sun and fresh scientific finds. Call on Cold War hotspots and put the Iron Curtain in context. Warm up to solar science. Absorb practical perspectives on plant biology. Learn all about “nothing”, as pondered in physics. Delve into the history of polar science. Explore the mechanics and ethics of robotics. Along the way, savor the serene beauty of the Stockholm archipelago, the Baltic’s cultural abundance, and northern Summer’s White Nights.

Optional pre-cruise excursions to Copenhagen’s scientific gems (info TBA) and an optional intra-cruise trip into Estonia’s Cold War history can enrich your adventure. Share your appreciation for science and explorer’s perspective with kindred spirits.

For all the details please peruse the tabs above.

HOLLAND AMERICA SHORE EXCURSIONS • WEATHER

- [Copenhagen, Denmark](#) • [2010](#), [2011](#), [2012](#)
- [Tallinn, Estonia](#) • [2010](#), [2011](#), [2012](#)
- [St. Petersburg, Russia](#) • [2010](#), [2011](#), [2012](#)
- [Helsinki, Finland](#) • [2010](#), [2011](#), [2012](#)
- [Stockholm, Sweden](#) • [2010](#), [2011](#), [2012](#)
- [Warnemunde \(Berlin\), Germany](#) • [2010](#), [2011](#), [2012](#)
- [Kiel \(Hamburg\), Germany](#) • [2010](#), [2011](#), [2012](#)

PRICING & GENERAL INFO.

Cruise prices vary from \$2,239 for an [Interior Stateroom](#) to \$11,399 for a [Pinnacle Suite](#), per person (pp). For those attending our [SEMINARS](#), there is a \$1,575 fee. For detailed info and pictures of our ship, please visit the [CABIN & SHIP INFO](#) tab. For the cruise itinerary please review our [SCHEDULE](#) and/or [MAP](#). Add'l pp fees: gov't taxes and fees (\$339) and gratuities (\$11.50 per day). All prices and fees are detailed on the [PRICING & TERMS](#) tab. Use our [PRICING CALCULATOR](#) for a quick price quote!



THE HERMITAGE MUSEUM (above)

- [Official Site](#) and the [Wikipedia](#) page
- Pictures ([SLIDE SHOW](#))
- 25-minute introductory [VIDEO](#) of the Hermitage ([order the entire 8+ hour video](#) from Amazon)

OVERVIEW	SCHEDULE	MAP	SPEAKERS	SEMINARS	CABIN & SHIP INFO.	PRICING & TERMS	MUST READ
COPENHAGEN	TALLINN	ST. PETERSBURG	HELSINKI	STOCKHOLM	WARNEMUNDE	HAMBURG	BOOK OR PRICE NOW

DAY	ACTIVITY	START	END	NOTES
FRIDAY, MAY 23	<u>COPENHAGEN, DENMARK</u>	—	4pm	5pm, Bon Voyage Cocktail Party
SATURDAY, MAY 24	AT SEA	—	—	8:30am – Noon, 1:30pm – 5pm, 6pm – 7:30pm
SUNDAY, MAY 25	<u>TALLINN, ESTONIA</u>	8am	4pm	4pm – 7:30pm
MONDAY, MAY 26	<u>ST. PETERSBURG, RUSSIA</u>	7am	overnight	—
TUESDAY, MAY 27	<u>ST. PETERSBURG, RUSSIA</u>	—	6pm	6pm – 7:30pm
WEDNESDAY, MAY 28	<u>HELSINKI, FINLAND</u>	8am	5pm	6pm – 7:30pm
THURSDAY, MAY 29	<u>STOCKHOLM, SWEDEN</u>	8am	overnight	—
FRIDAY, MAY 30	<u>STOCKHOLM, SWEDEN</u>	—	5pm	6pm – 7:30pm
SATURDAY, MAY 31	AT SEA	—	—	8:30am – Noon, 1:30pm – 5pm, 6pm – 7:30pm
SUNDAY, JUNE 1	<u>WARNEMUNDE (BERLIN), GERMANY</u>	6am	10pm	—
MONDAY, JUNE 2	<u>KIEL (HAMBURG), GERMANY</u>	8am	5pm	6pm – 7:30pm
TUESDAY, JUNE 3	COPENHAGEN, DENMARK	10am	Overnight	—
WEDNESDAY, JUNE 4	COPENHAGEN, DENMARK	8am	—	—

Pre- and/or post-tour travel is easily added to your itinerary. Evenings that end at 7:30pm include dinner.

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SPEAKERS:



John C.
Brown, Ph.D.



Danny
Chamovitz, Ph.D.



Frank Close, Ph.D.



Ed Larson, Ph.D.



Alan
Winfield, Ph.D.

JOHN C. BROWN, PH.D.

John Brown has been 10th Astronomer Royal for Scotland since 1995. Until 2010 he was 10th Regius Professor of Astronomy at Glasgow University and is now Professor Emeritus and Leverhulme Emeritus Fellow working on comet-sun impact physics. Brown is also Honorary Professor at Edinburgh and Aberdeen Universities. He has published around 300 research papers on solar flares, stellar winds, comet-sun impacts and inverse problems, and has held research fellowships in 17 institutions worldwide. In 2012 he won the Royal Astronomical Society Gold Medal for his solar research. As Astronomer Royal for Scotland, he gives frequent talks to a diverse range of audiences, often using conjuring to demonstrate phenomena, winning him a U.K. Institute of Physics Outreach Prize. He has wide interests in the arts and is currently learning alto sax. For more info, visit: www.johncbrown.org.

DANNY CHAMOVITZ, PH.D.

Daniel Chamovitz grew up in Aliquippa, PA, and studied at both Columbia University and the Hebrew University of Jerusalem, where he received his Ph.D. in genetics. From 1993 to 1996 Chamovitz carried out postdoctoral research at Yale University before accepting a faculty position at Tel Aviv University, where he recently served as Chair of the Department of Plant Sciences. In 2002, Chamovitz was a visiting scientist at the Fred Hutchinson Cancer Research Center in Seattle. He is currently the Director of the Manna Center for Plant Biosciences at Tel Aviv University.

Early in his scientific career, Chamovitz was the first to clone a gene involved in the biosynthesis of beta-carotene. Later, he discovered the COP9 Signalosome protein complex that was proposed then to be a master regulator of plant development, and eventually Chamovitz's lab was the first to show that the COP9 Signalosome is also essential for development of animals and is likely involved in a number of human diseases, including cancer. Currently, Chamovitz is developing and leading the new Program in Food Security and Safety at Tel Aviv University, and does pro bono consultation for governmental agencies on issues concerning Food Security.

Daniel Chamovitz has published numerous peer reviewed original research articles and is on the editorial boards of several scientific journals. He is also member of the Faculty of 1000, Biology. Chamovitz has been interviewed in newspapers and magazines around the world, such as The Boston Globe, **Scientific American**, Ha'aretz (the daily paper of Israel), and MacLean's, and also on the BBC, NPR, and Australian Public Radio, to name a few, and has appeared on television news shows in Israel. He has given popular talks at venues such as the California Academy of Sciences, Harvard Arboretum, and Seattle Town Hall.

When not overseeing the research in his lab, Chamovitz is passionate about teaching, and especially in developing a modern undergraduate curriculum for plant sciences. He has been awarded outstanding lecturer at Tel Aviv University several times. He also volunteers as a teacher in a local junior high school, engages high school students about science careers, and lectures to groups about the role of Plant Biology in feeding a growing world. He has also been known to show up at obscure bars and clubs with a guitar in hand. Chamovitz lives in Hod Hasharon with his wife, three kids, dog and cat. He blogs about cool plants on The Daily Plant. Follow him on Facebook and Twitter.

FRANK CLOSE, PH.D.

Frank Close, OBE, is Professor of Physics at Oxford University and Fellow of Exeter College, Oxford. He was formerly Head of the Theoretical Physics Division at Rutherford Appleton Laboratory and Head of Communications and Public Education at CERN. His research investigates the quark and gluon structure of nuclear particles, on which he has published over 200 papers in the peer-reviewed literature. He is a Fellow of the American Physical Society and of the British Institute of Physics, and won the latter society's Kelvin Medal in 1996 for his outstanding contributions to the public understanding of physics. Close is the author of many books including *Antimatter* (2009), *Neutrino* (2010) — short-listed for the Galileo Prize in 2013 — *Nothing* (2009), the best-selling *Lucifer's Legacy* (2000), and most recently, *The Infinity Puzzle*, the story of the quest to discover the Higgs Boson. He is currently researching the life and work of scientist Bruno Pontecorvo, who disappeared into the Soviet Union at the height of the Cold War in 1950. In addition to being a remarkable scientist, Pontecorvo may also have been a spy — the second deadliest in history, according to one U.S. government enquiry. That story will be told in *A Life of Two Halves*, to appear in 2014.

ED LARSON, PH.D.

Edward Larson is a historian of science and scientific exploration. Recipient of the Pulitzer Prize in history and numerous other awards, Larson is author or co-author of fifteen books, including *An Empire of Ice: Scott, Shackleton and the Heroic Age of Antarctic Science*; *Evolution's Workshop: God and Science in the Galapagos Islands*; and *Summer for the Gods: The Scopes Trial and America's Continuing Debate Over Science and Religion*. Larson's articles have appeared in journals and publications such as *Nature*, *Atlantic Monthly*, *Time*, **Scientific American**, and *American History*. A popular public lecturer, Larson has taught at the University of Georgia, Pepperdine University, and Stanford Law School, and has appeared on the History Channel, PBS's *Nova* and *American Experience*, C-SPAN, BBC, and *The Daily Show*. His course on the history of evolution theory is available from The Teaching Company. Larson has traveled extensively on all seven continents and led educational tours throughout the Americas.

ALAN WINFIELD, PH.D.

Alan Winfield is Professor of Electronic Engineering and Director of the Science Communication Unit at the University of the West of England (UWE), Bristol, U.K., and Visiting Professor at the University of York. He received his Ph.D. in Digital Communications from the University of Hull in 1984, then co-founded and led APD Communications Ltd., until taking up appointment at UWE, Bristol in 1991. Winfield co-founded the Bristol Robotics Laboratory and his current research is focused on the engineering and scientific applications of Swarm Intelligence. He is passionate about communicating research and ideas in science, engineering, and technology, and was awarded a Senior Media Fellowship in 2009. Winfield led the U.K.-wide public engagement project *Walking with Robots*, which was awarded the 2010 Royal Academy of Engineering *Rooke medal* for public promotion of engineering. His book, *Robotics: A Very Short Introduction*, was published by Oxford University Press in September 2012, and he blogs about robots, open science, and related topics at <http://alanwinfield.blogspot.com/>.

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COPENHAGEN	TALLINN	ST. PETERSBURG	HELSINKI	STOCKHOLM	WARNEMUNDE	HAMBURG	BOOK OR PRICE NOW	

The conference fee is \$1,575 and includes all twenty (20) 60- to 75-minute seminars below.

ASTRONOMY: **John Brown, Ph.D.**

- [Our High Energy Sun](#)
- [Comet-Sun Impacts](#)
- [Gravity, Black Holes, and White Rabbits](#)
- [Historical Highlights of Scottish Astronomy](#)

PLANT BIO.: **Daniel Chamovitz, Ph.D.**

- [What a Plant Knows](#)
- [Hunger and the Quest to Feed the World](#)
- [A Rational Look at GMO Food](#)
- [The Scientific Life](#)

THEORETICAL PHY.: **Frank Close, Ph.D.**

- [Antimatter: Facts and Fiction](#)
- [Nothing: Mysteries of the Vacuum](#)
- [Neutrino: Ghost Particle of the Cosmos](#)
- [A Lopsided Universe](#)

HISTORY OF SCI.: **Edward Larson, Ph.D.**

- [Scientific Exploration of the Arctic](#)
- [Amundsen, Scott, and Science in the Antarctic](#)
- [The Evolution Controversy](#)
- [The Neo-Darwinian Synthesis](#)

ROBOTICS: **Alan Winfield, Ph.D.**

- [Robotics: The State of the Art](#)
- [A Brief History of Robotics](#)
- [Robot Ethics](#)
- [The Thinking Robot](#)

JOHN C. BROWN, PH.D.

Our High Energy Sun & NASA's RHESSI Mission

Eruptions on the sun are dramatic, fascinating events that have consequences on Earth as well as in space. During solar flares, the sun's atmosphere releases magnetic energy and accelerates high-energy particles that can cause special displays of aurorae (Northern and Southern Lights), as well as less welcome effects, such as disrupted power grids and satellite communications, and radiation damage to equipment and crew on spacecraft and high-altitude flights.

The fundamental processes of these events — how currents can dissipate and particles can be accelerated in the almost perfectly conducting solar atmosphere — remain enigmatic. However, major advances in observing and understanding high-energy events on the sun have been made since the 2001 launch of NASA's RHESSI (Ramaty High Energy Solar Spectroscopic Imager) mission. Dr. Brown, the U.K. co-investigator of the mission, will describe the scientific background to RHESSI, the instrument technology, the pre-launch drama, and highlights of its many discoveries.

Comet-Sun Impacts: Supersonic Snowballs in Hell

Throughout their history, the planets have been bombarded by cosmic debris — rocks, comets and asteroids. Though things are quieter today than in the early solar system, Jupiter has had at least three serious hits (that we know of) in the last 20 years, Earth has seen two major airbursts over former Soviet territories alone in the past century, and Mars faces a currently estimated chance of 1 in 10,000 of a major comet impact in October 2014.

Since the 1980s, we've learned that the sun, a much bigger, heavier target than the planets, undergoes more than 100 very close comet encounters every year. The last two years have seen rapid progress in the theory and observation of sun-plunging comets, which are destroyed in the atmosphere of our star. Near the sun, these travel 20 times faster than when near the Earth, and carry 400 times the kinetic energy — vastly more than TNT.

We'll explore recent progress in scientists' understanding of how these sun-plunging supersonic snowballs interact with the Hellish conditions near the sun, why this is important to both cometary and solar science, and the possible terrestrial consequences of a large comet-sun impact.

Gravity, Black Holes & White Rabbits

Gravity plays a fundamental role in every aspect of the universe, from its Big Bang beginnings to enabling life in diverse ways. Through the lens of magic tricks, Dr. Brown will explain what gravity is, how greatly its strength varies across the universe, and he'll illustrate some of its properties. In particular, we'll discuss black holes, the strongest sources of gravity and the most bizarre objects in the cosmos. Learn about space-time distortion, gravitational lensing, Hawking radiation, and the possible cosmological relevance of black holes: Big Bang multiverse creation, the cosmic flow of entropy, and the existence of life itself.

Historical Highlights of Scottish Astronomy Through the Eyes of its 10th Astronomer Royal

Except for during the Dark and Early Middle Ages, the Scots and some of their ancient ancestors have been recording aspects of the sky since before the pyramids of Egypt — take, for example, the 2800 B.C. observatory of Maes Howe in Orkney. The European Enlightenment, in which Scotland played a large part, saw the appearance of a number of Scottish luminaries with scientific interests embracing astronomy. These include James Gregory (1638–1675), known as “the Scottish Newton;” Alexander Wilson (1714–1786), the first professor of astronomy in Scotland and Glasgow's Regius Chair of 1760; Sir Thomas Makdougall Brisbane (1773–1860); as well as Thomas Henderson and Charles Piazzi Smyth, the first two holders of the post of Astronomer Royal for Scotland, which was founded in 1834.

Take a historical tour of highlights from the work of these early greats and others. We'll touch on the work of some of their early successors, such as James Clerk Maxwell and William Thomson (Lord Kelvin), and discuss the great modern astronomical heritage they all helped to create.

What a Plant Knows

Take a captivating journey into the sensory lives of plants — from the colors they see to the schedules they keep. How does a Venus flytrap know when to snap shut? Can it feel an insect's spindly legs? How do flowers know when it's spring? Can they actually remember the weather? And do they care if you play them Led Zeppelin or Bach?

From Darwin's early fascination with stems and vines to the musical Little Shop of Horrors, we have always marveled at plant diversity and form. We'll take an intriguing and refreshing look at how plants experience the world. Highlighting the latest research in plant science, we'll look into the sensory lives of different types of plants, and draw parallels with the human senses to reveal that we have much more in common with sunflowers and oak trees than we may realize. We'll cover touch, sound, smell, sight, and even memory, and consider whether it's too much to ask if plants are aware.

Food Security: A Look at Hunger and the Quest to Feed the World

More than half of the world's population suffers from some form of food insecurity. Most of those in the developed world seldom worry they might not have food on the table to feed themselves and their families. But in many countries there are people who fret daily about physical and economic access to food. And this problem may only get worse. The rapid increases in global population, coupled with increased demand for food driven by economic development in developing countries, together with dwindling agricultural resources, have put critical strains on our ability to feed the world. We'll examine the problem and some ideas to address it.

Franken-Foods? A Rational Look at Genetic Engineering and the Food We Eat

Many of us are concerned by food that is labeled "GMO." But what exactly does "genetically modified" mean? Is GMO food inherently inferior to organic food? How does it affect our diet and health? We'll examine what happens when GMO technology turns plants into factories, and delve into the scientific basis of genetic engineering of both plants and animals, with a view toward how this influences our lives.

The Scientific Life

The process of science, and the life of a scientist, are not well known to the general public. In 27 years as a scientist, Dr. Chamovitz grew from a young graduate student studying beta-carotene in bacteria to the director of an institute trying to solve issues of world hunger. In between, he studied plants, flies, yeast, and even cancer. He's published articles with scientists from nine different countries, given talks in five continents, and found himself advising corporations and governments. He'll share the history and development of the hypotheses that have powered the science in his lab, and take you through some of the experiments and findings that led to these hypotheses.

Antimatter: Facts and Fiction

Antimatter sounds like a science fiction concept, yet it is real. There are looking glass particles that are counterparts of protons, electrons and other familiar particles of matter. The Big Bang produced matter and antimatter in equal amounts, yet there is very little antimatter in our universe, or at least our part of it. Where has all the antimatter gone? Are there antimatter universes out there too? Could antimatter solve the world's energy problems, or, as fiction writer Dan Brown assumed, make the ultimate weapon of mass destruction? (The answer to both of these questions is no. We'll explore why.)

Nothing: Mysteries of the Vacuum

Nothing: If you take away the Earth, the moon, the stars — everything material — what remains? The concept of the void — nothing — has alarmed and fascinated humans from the dawn of time. This talk takes us deep into nothingness, the early discovery of the vacuum of space, and shows how rich the void is proving to be, and how profound the questions we can ask of it. We'll move from the philosophical speculations of early civilizations to the cutting edge thinking of modern science. Some believe that the universe itself emerged out of nothing, courtesy of quantum mechanics. But if so, where and what encoded that possibility? Can we understand nothing?

Neutrino: Ghost Particle of the Cosmos

Neutrinos are relics of the Big Bang, and are continuously produced in the sun and other stars. These ghostly particles stream through Earth by the billions as if it wasn't there. If we could see with neutrino eyes, night would be as bright as day: Neutrinos from the sun shine down on our heads by day and up through our beds at night, undimmed. This is the story of how the most extraordinary of particles — without charge, almost without mass, passing through matter over eons before interacting with anything at all — was sought and found, and how neutrino astronomy is now giving views deep into the hearts of distant galaxies. It is also a story of heroic scientific endeavor, of lifetimes spent chasing the near-impossible. Some researchers survived long enough to share Nobel Prizes, but not everyone was so fortunate. Our story also stars Bruno Pontecorvo — a physicist who fled to the U.S.S.R. at the height of the Cold War via a route that mirrors part of this cruise.

Lucifer's Legacy: From the Higgs Boson to a Lopsided Universe

Why does most of Europe and America drive on the right side of the road, while Britain goes to the left? Why is human life lopsided, as the spherical embryo is transformed into a highly structured being with its inner organs mirror asymmetric? The molecules of life differ from their mirror images: Would milk in Alice's looking glass have been fit to drink? The mystery of how nature produces structured asymmetric patterns from an underlying uniformity is the focus of much scientific research. This is the story of a quest for the origins of structure in nature, which has culminated in the discovery of the Higgs Boson particle.

Nansen, Amundsen, and the Norwegian Scientific Exploration of the Arctic

The Arctic begins in Scandinavia, or so the Scandinavians think, so what better place to study the scientific exploration of the Arctic than a Baltic cruise? One hundred fifty years ago, scientists and geographers knew virtually nothing about the Arctic. Then came Fridtjof Nansen and his protégé Roald Amundsen, who became legends in their own lifetime in Norway by 1910. We'll follow their exploits as they opened the Arctic for science.

Amundsen, Scott, and Science in the Antarctic

With major colonies in Australia, New Zealand, the Falkland Islands and South Africa, Britain claimed the Antarctic as a virtual dependency by the Edwardian Era, which was an age of science in Europe. Yet like the Arctic 50 years earlier, scientists and geographers knew virtually nothing about Antarctica in 1900. That changed with the Royal Society-backed expeditions of Robert Scott and Ernest Shackleton, followed closely by Roald Amundsen's entry in the field. Dr. Larson, author of *Empire of Ice: Scott, Shackleton, and the Heroic Age of Antarctic Science*, will follow the story of early research at the South Pole.

The Evolution Teaching Controversy: Why All the Fuss?

Creationism has changed, creationists say, but has it? Rooted in supposed biblical truths, almost by definition creationism cannot evolve, but creationist tactics do. We'll explore the world of modern creation science, intelligent design, and the 21st-century American battle over teaching evolution.

Darwin and the Neo-Darwinian Synthesis

Charles Darwin often gets credit as the founder of modern evolutionary theory. While he was clearly central to the story, he actually stands at the middle of a longer history, rather than at either the beginning or end of it. We'll trace this grand breakthrough in modern thought from Lamarck and the dawn of evolutionary science through Darwin to the modern neo-Darwinian synthesis of the 1930s, when genetics finally explained how evolution operated.

Robotics: The State of the Art

Although robotics is a well-established and successful technology, it is currently experiencing a major transition. For several decades relatively unintelligent robots have served industry well. But that's changing now. Robots are moving out of factories and warehouses and into homes, hospitals and offices. A second wave of robotics has started in which robots are mobile and, most importantly, now required to work alongside humans; next generation intelligent robots must be able to safely and reliably interact with people.

We'll delve into the state-of-the-art in intelligent robotics, defining what a robot is through examples from current research. Learn how new biologically inspired approaches have radically changed the way robots are designed. We are all familiar with robots from science fiction movies; this new generation of robots is both very different and much more surprising.

A Brief History of Robotics

Although the words "robot" and "robotics" are decidedly 20th-century creations, robotics has a long pre-history of ideas and inventions. Perhaps the first known reference to the idea of an intelligent tool that could replace human labor comes from Aristotle, who wrote in 320 B.C. that "if every tool, when ordered, or even of its own accord, could do the work that befits it, then there would be no need either of apprentices for the master workers or of slaves for the lords."

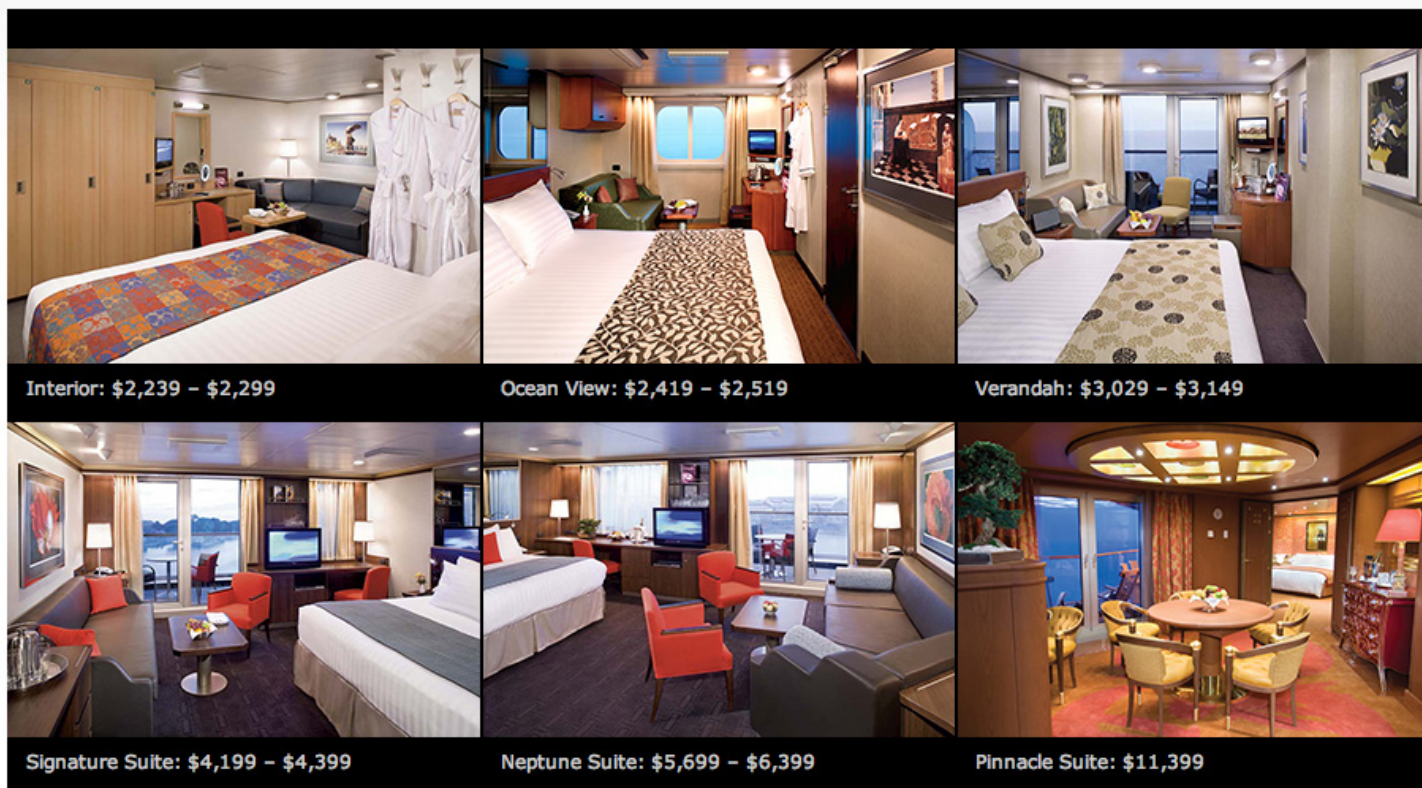
We'll trace the history of robotics from Classical Greece to the modern day, with examples including Leonardo da Vinci's remarkable programmable automata. We'll conclude with an account of British neurophysiologist W. Grey Walter's famous robot "tortoises" from the late 1940s, now widely regarded as the first autonomous electronic mobile robots.

Robot Ethics

Like any transformative technology, intelligent robotics has the potential for huge benefit, but is not without ethical or societal risk. We'll explore two questions: firstly, the increasingly urgent issue of the ethical use of robots. Are there particular applications of robots that should be proscribed, such as in eldercare, surveillance, or war fighting, for example? When intelligent autonomous robots make mistakes, as they inevitably will, who should be held to account? Secondly, we'll consider the longer-term question of whether intelligent robots themselves could or should be ethical. Seventy years ago Isaac Asimov created his fictional Three Laws of Robotics. Is there now a realistic prospect that a robot that meets these requirements could be built?

The Thinking Robot

Press headlines frequently refer to robots that think like humans, or even have feelings, but is there any basis of truth in such headlines, or are they simply sensationalist hype? Computer scientist E.W. Dijkstra famously wrote, "The question of whether machines can think is about as relevant as the question of whether submarines can swim," but the question of robot thought is one that cannot so easily be dismissed. We'll attempt to answer the question: How intelligent are present-day intelligent robots? There are current efforts to design robots that are not only more intelligent, but also have a sense of self. But if we should be successful in designing such robots, would they think like animals, or even humans? And what are the realistic prospects for future (sentient) robots as smart as humans?



EURODAM SPECIFICATIONS & FACILITIES

- 2,104 Passengers
- 929 Crew
- 86,300 gross tons
- 936 feet long
- 106 feet beam
- 14 Passenger Elevators
- 20 Public Rooms
- Outdoor Swimming Pools (one with a sliding glass dome)
- Movie Theater
- Duty-free Shops
- Library
- Disco
- Casino
- Practice Tennis Courts
- Dedicated July 2008

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- [Video](#)
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- [Online Deckplan](#)
- [Information on the Suites](#) (PDF file)
- [Health Spa](#)
- [Dining:](#)
 - [Pinnacle Grill](#) (\$25 pp)
 - [Tamarind](#) (\$15 pp)
 - [Canaletto](#) (\$15 pp)
 - [Lido Restaurant](#) (no charge)
 - [Main Dining Room](#) (no charge)
- [Staterooms](#)
- [Youth Programs](#)
- [Holland America's Overview](#)



FRIDAY, MAY 23 — COPENHAGEN, DENMARK: Departs 4pm

GENERAL INFORMATION/WIKIPEDIA

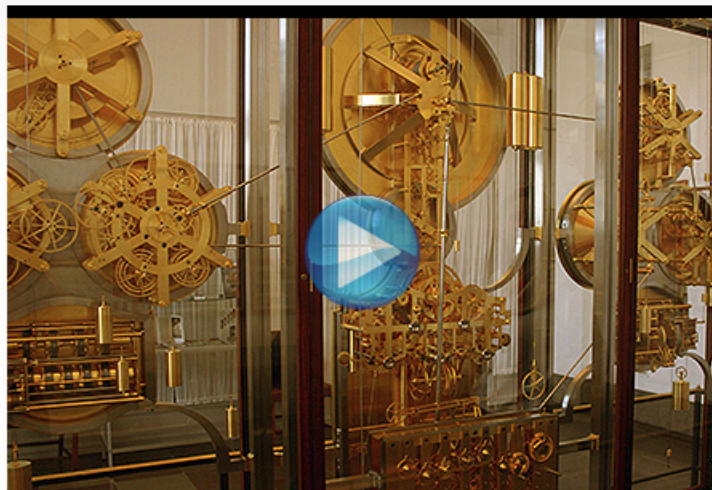
- »» [Holland America's port details](#) »»
- »» [Wikipedia: Copenhagen](#) »»
- »» [NY Times: 36 Hours in Copenhagen](#) »»
- »» [Denmark: The Original Website of Denmark](#) »»

CULTURAL THOUGHTS

- »» [Kierkegaard's Copenhagen](#) »»
- »» [Vikings' Copenhagen](#) »»
- »» [Danish Design](#) »»
- »» [Christiania](#) »»
- »» [NY Carlsberg Glyptotek](#) »»
- »» [Torvehallerne](#) »»

LOCAL TRAVEL SITES

- »» [Visit Copenhagen Official Tourism Site](#) »»
- »» [Day Trips on your Own](#) »»
- »» [Visit Denmark: Official Tourism Sites](#) »»



DINING & FOOD

- »» [NY Times: Mark Bittman: Eating in Copenhagen](#) »»
- »» [NY Times: Cocktails in Copenhagen](#) »»
- »» ["Inexpensive" Restaurants in Copenhagen](#) »»
- »» [Danish Lunch Options](#) »»

MAP

- »» [Frommer's map of central Copenhagen](#) »»

SUNDAY, MAY 25 — TALLINN, ESTONIA: 8am – 4pm

GENERAL INFORMATION/WIKIPEDIA

- »» [Holland America's port details](#) »»
- »» [Wikipedia: Tallinn](#) »»
- »» [Wikipedia: Estonia](#) »»
- »» [UNESCO: Historic Centre of Tallinn](#) »»
- »» [NY Times: 36 Hours in Tallinn](#) »»

CULTURAL THOUGHTS

- »» [The Guardian: Top 10 cultural must-sees in Tallinn](#) »»

MAP

- »» [Tallinn Map](#) »»

DINING & FOOD

- »» [Trip Advisor: Tallinn Restaurants](#) »»
- »» [Chowhound: Tallinn](#) »»



LOCAL TRAVEL SITES

- »» [Official Tourism Website of Tallinn](#) »»
- »» [Visit Estonia: Official Tourist Information Site](#) »»

MONDAY & TUESDAY, MAY 26 & 27 — ST. PETERSBURG, RUSSIA:
Overnight, 7am (Monday) – 6pm (Tuesday)

GENERAL INFORMATION/WIKIPEDIA

- »» [Holland America's port details](#) »»
- »» [Wikipedia: Saint Petersburg](#) »»
- »» [NY Times: 36 Hours in St. Petersburg](#) »»

CULTURAL THOUGHTS

- »» [UNESCO: Historic Centre of Saint Petersburg](#) »»
- »» [Dmitri Shostakovich](#) »»
- »» [The Siege of Leningrad](#) »»
- »» [White Nights](#) »»
- »» [Saint Petersburg Gardens](#) »»
- »» [Fodor's: Vodka Etiquette](#) »»

DINING & FOOD

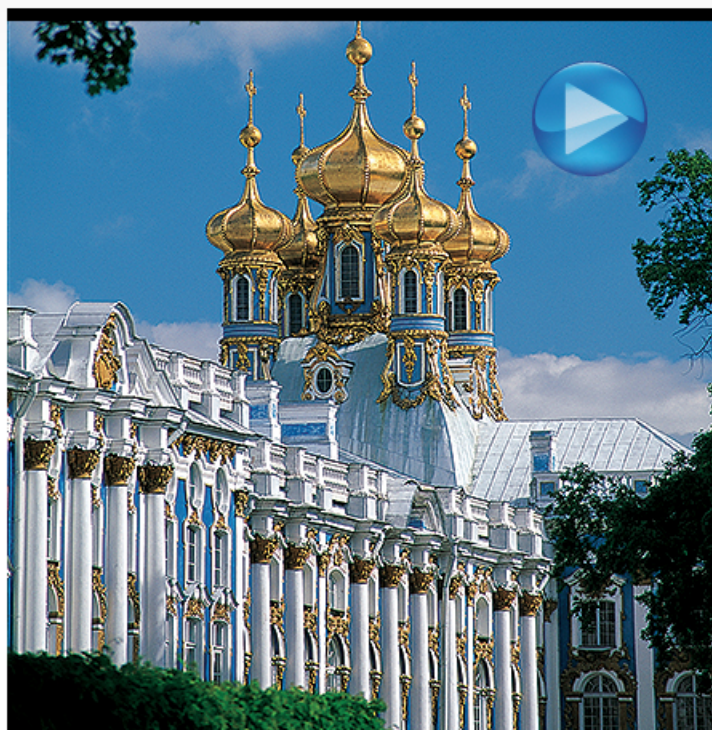
- »» [Trip Advisor: St. Petersburg Restaurants](#) »»
- »» [The Telegraph: St. Petersburg Restaurants](#) »»

MAP

- »» [Lonely Planet: St Petersburg](#) »»

LOCAL TRAVEL SITE

- »» [Visit Saint Petersburg](#) »»



IMAGES

- »» [Pushkin Museum, above: \(slide show\)](#) »»
- »» [Hermitage Museum: \(slide show\)](#) »»
- »» [Peterhof Palace: \(slide show\)](#) »»
- »» [St. Petersburg \(slide show\)](#) »»

WEDNESDAY, MAY 28 — HELSINKI, FINLAND: 8am – 5pm

GENERAL INFORMATION/WIKIPEDIA

- »» [Holland America's port details](#) »»
- »» [Wikipedia: Helsinki](#) »»
- »» [Wikipedia: Finland](#) »»
- »» [NY Times: 36 Hours in Helsinki](#) »»

MAPS

- »» [Walking Tour of Helsinki's Art Nouveau Architecture](#) »»
- »» [See Helsinki on Foot: 5 Distinctive Routes](#) »»

DINING & FOOD

- »» [200 Years of Food Culture: Helsinki Restaurants](#) »»
- »» [Dining in Helsinki](#) »»

LOCAL TRAVEL SITES

- »» [Visit Helsinki](#) »»
- »» [Visit Finland](#) »»



CULTURAL THOUGHTS

- »» [Interactive Map of Helsinki's Public Sculpture](#) »»
- »» [Sibelius Monument](#) »»
- »» [Alvar Aalto House](#) »»
- »» [Finland and the Cold War](#) »»

THURSDAY & FRIDAY, MAY 29 & 30 — STOCKHOLM, SWEDEN:
 Overnight, 8am (Thursday) – 5pm (Friday)

GENERAL INFORMATION/WIKIPEDIA

- »» [Holland America's port details](#) »»
- »» [Wikipedia: Stockholm](#) »»
- »» [Wikipedia: Sweden](#) »»
- »» [NY Times: 36 Hours in Stockholm](#) »»

CULTURAL THOUGHTS

- »» [History of Scandinavia](#) »»
- »» [Vikings](#) »»
- »» [Stieg Larsson in Stockholm](#) »»

DINING & FOOD

- »» [Sunny open-air restaurants](#) »»
- »» [New Stockholm Cuisine](#) »»
- »» [Stockholm Restaurants](#) »»

MAPS

- »» [Stockholm Map](#) »»
- »» [Sweden Map](#) »»
- »» [Treasures of Arabia: Walking Tour of Art & Design in Stockholm](#) »»

LOCAL TRAVEL SITES

- »» [Visit Stockholm](#) »»
- »» [Stockholm Guide \(9mb pdf\)](#) »»



SUNDAY, JUNE 1 — WARNEMUNDE (BERLIN), GERMANY: 6am – 10pm

GENERAL INFORMATION/WIKIPEDIA

- » » [Holland America's port details](#) » »
- » » [Wikipedia: Warnemunde](#) » »
- » » [Wikipedia: Rostock](#) » »
- » » [Wikipedia: Germany](#) » »
- » » [Cruise Critic: Warnemunde](#) » »

MAPS

- » » [Warnemunde City Map](#) » »
- » » [Destination Germany — Interactive Map of Germany](#) » »

CULTURAL THOUGHTS

- » » [European Route of Brick Gothic](#) » »
- » » [East Germany](#) » »
- » » [Hanseatic League](#) » »
- » » [Cold War](#) » »



LOCAL TRAVEL SITES

- » » [Destination Germany](#) » »
- » » [Rostock Official Tourism Site](#) » »

DINING & FOOD

- » » [Trip Advisor: Warnemunde Restaurants](#) » »
- » » [Trip Advisor: Rostock Restaurants](#) » »

MONDAY, JUNE 2 — KIEL (HAMBURG), GERMANY: 8am – 5pm

CULTURAL THOUGHTS

- » » [Holland America's port details](#) » »
- » » [Hanseatic League](#) » »
- » » [Ballinstadt Emigration Museum](#) » »

DINING & FOOD

- » » [Trip Advisor: Kiel Restaurants](#) » »
- » » [Trip Advisor: Hamburg Restaurants](#) » »

MAPS

- » » [Kiel Canal](#) » »
- » » [Hamburg Map](#) » »

LOCAL TRAVEL SITES

- » » [Destination Germany: Hamburg](#) » »
- » » [Hamburg Tourism](#) » »



GENERAL INFORMATION/WIKIPEDIA

- » » [Wikipedia: Kiel](#) » »
- » » [Wikipedia: Kiel Canal](#) » »
- » » [Wikipedia: Hamburg](#) » »

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[Pre-cruise party](#)

[Hotel add-ons](#)

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[What's not included](#)

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[Responsibility statement, liability, and disclaimer](#)

CABIN & PROGRAM PRICING

CABIN TYPE	PRICE	NOTES
INTERIOR (L) ~148 sq ft (picture)	\$2,239	[GS available]
INTERIOR (K) ~143 sq ft (picture)	\$2,259	[GS available]
BETTER INTERIOR (J) ~148 sq ft (picture)	\$2,279	[GS available]
BEST INTERIOR (I) ~148 sq ft (picture)	\$2,299	[GS available]
PARTIAL SEA VIEW (G) ~174 sq ft	\$2,419	[GS available]
OCEAN VIEW (DD) ~171 sq ft (picture)	\$2,479	[GS available]
BETTER OCEAN VIEW (D) ~171 sq ft (picture)	\$2,499	[GS, PC available]
BEST OCEAN VIEW (C) ~171 sq ft (picture)	\$2,519	[GS, PC available]
VERANDAH (VE) ~249 sq ft incl. balcony (picture)	\$3,029	—
BETTER VERANDAH (VD) ~249 sq ft incl. balcony (picture)	\$3,059	—
BEST VERANDAH (VA midship or VB on Stern) ~289 sq ft w/ balcony (picture)	\$3,149	[PC available]
SIGNATURE SUITE (SY) ~389 sq ft incl. balcony (picture)	\$4,199	[PC available]
BEST SIGNATURE SUITE (SS) ~389 sq ft incl. balcony (picture)	\$4,399	—
CORNER NEPTUNE SUITE (SC) ~506 sq ft incl. balcony	\$5,699	—
BETTER CORNER NEPTUNE SUITE (SB) ~548 sq ft incl. balcony	\$6,049	—
BEST NEPTUNE SUITE (SA) ~590 sq ft incl. balcony (picture)	\$6,399	[PC available]
PINNACLE SUITE (PS) ~1,150 sq ft incl. balcony (picture)	\$11,399	—
Cruise rates are per person, based on double occupancy. Pricing and availability are subject to change. [PC available] means that physically-challenged-equipped cabins are available in this category. [GS available] means that Guaranteed Share options are available in this category.		

The optional Bright Horizons Program Fee is \$1,575. Visit the [SEMINARS](#) tab for a listing of classes.

TERMS & CONDITIONS

A \$600 per person deposit along with a [completed reservation form](#) confirms your space. FULL PAYMENT is due on February 1, 2014 ("Final Payment Date") (or, if you book after February 1, at the time of booking). Passengers are not confirmed on the manifest and cruise tickets are not issued until your account is paid in full. The Program Fee (\$1,575) payment is due 30 days after initial booking.

Payments may be made by check, money order, or major credit card (Visa, Master Card, Discover, Diners Club, or American Express). Checks are to be made payable to Insight Cruises, in U.S. dollars only, and drawn on a U.S. bank. There is a \$25 charge for returned checks.

A signed Insurance Waiver is due in the Insight Cruises office upon issuance and no later than the Final Payment Date. Your booking is subject to cancellation unless we receive this paperwork.

Government taxes, fees, and gratuities are in addition to the per person cruise rates listed above. See [What's not included](#), below.

Insight Cruises sometimes may charge more than cruiseline for a similar cabin category because our cruise pricing includes several parties, meeting room space, plus a pair of Tour Leaders traveling with the group — there to take care of your needs beyond what the cruiseline can offer, in terms of personal service. Therefore, if you ask Insight Cruises to match a published price on HollandAmerica.com we may choose to do so but we will add a \$300 per person Facility & Tour Leader Fee. Cruiseline email promotions, other non-published rates, and "promotions not combinable with groups" are excluded.

All cruise prices are subject to change until your booking is confirmed. We will notify you of any price change, and await your acceptance, before your reservation is considered "booked" and confirmed. Either party may cancel the booking within 14 days of the initial \$600 deposit, with no penalty, for any reason — so long as this cancellation is prior to the Final Payment Date. We'll send you an email confirmation (if you provide us with your email address) and an itemized invoice ("DEPOSIT AND FINAL PAYMENT CONFIRMATION") via mail/post within three (3) business days of your deposit. You must return a signed copy of your DEPOSIT AND FINAL PAYMENT CONFIRMATION form within 30 days of booking or your cruise reservation is subject to cancellation. If you do not return this form by the Final Payment Date, your cruise reservation will automatically be cancelled and cancellation penalties will be assessed. We will send you multiple reminders by email and by phone before your reservation is cancelled. Passengers typically receive cabin assignments upon booking but these cabin assignments are subject to change.

SINGLE SUPPLEMENT

If you would like to be the sole occupant of a cabin, there is a single-occupancy upcharge of 60% for cabins without a balcony or a 100% upcharge for all cabins with verandahs (i.e., balconies).

SHARING A CABIN

This is for passengers who are coming on Bright Horizons by themselves and wish to share a cabin with another passenger in our group. Lots of InSight Cruisers, male and female, are independent travelers. Some of our sharing guests find a new friend in their roommate; some find a source of new information and viewpoints; all find a great cruise fee!

The prices are the same as the per person double occupancy rates. Be sure to select the option on the online booking form that asks, "Do you want to share a room with another Insight Cruiser? (This is called our Share program.)" **NOTE:** Only interior and ocean view cabin categories are available to share. Share cabin assignments are generally made at time of ticket issuance — and shared cabin assignments are subject to change. If you can be matched, you will be matched with members of the same gender, and we factor in age and geography where possible. Shares are *guaranteed* if you book outside of 120 days prior to sailing and are participating in our Program. *While smoking is not permitted in staterooms, guests are allowed to smoke on stateroom verandahs. However, Share Passengers who smoke may not smoke on their verandah unless their roommate specifically consents.* Because of the limited number of accessible cabins, shares are not available for physically-challenged passengers.

ALUMNI DISCOUNTS

A \$25 discount is given for each previous Insight Cruise attended. Minimum discount is \$50 per person for previous Insight Cruisers. Maximum discount is 10% of the cruise fare.

ADDITIONAL SERVICES & SERVICE FEES

Insight Cruises is happy to provide any service and/or make any travel arrangement(s) you would like. The following Service Fees are added to your invoice when the services are rendered:

- Air Booking (\$50 pp) — this fee is assessed if we book your air. Flights change often and this fee includes being notified of each and every change.
- Online Registration / Check-In (\$50 pp, \$75 min. per booking) — our services include checking you in online and booking your shore excursions and mailing all associated paperwork to you.
- Refund (\$30 per refund transaction or 5% of transaction value, whichever is greater) — i.e., each credit card refund or check mailed) if, *after payment*, you remove items (such as cancel a hotel or the pre-cruise party) or decide to change your method of payment and request a refund.
- Third-Party Payor (\$50 per credit card) — this fee is imposed if someone *other than the people traveling* is paying all or part of your cruise or event cost.
- Special Request Form (\$25) — this is assessed for handling the paperwork for an assortment of unique individual requests some passengers may make of the cruiseline.
- Foreign Shipping Fees — there is a foreign shipping charge of \$60 (to cover the shipping of program guides, shore excursion info, etc.) per foreign residence (\$35 per Canadian residence).
- No Email-Access (\$250) — this is assessed for those clients who do not have access to email or those who wish to receive all notices and updates from Insight Cruises via the Post Office. (Add an additional \$25 for those residing outside the United States. The service below is included with this \$250 charge.)
- Over-the-phone booking (\$50) — this is assessed for those new clients who "call in their booking" as opposed to filling out the online booking form. If you are a past client, because we already have your demographic data, we can easily take your booking over the phone or via email.
- Last-minute changes / additions (\$50) — this may be assessed for any urgent last-minute (within 21 days of the Day Your Travel Begins) service that is provided to you. For example, name corrections or last-minute addition of transfers and/or hotel nights.
- Repeated Declined Credit Card(s) (\$25) — this may be assessed for two or more credit card transactions that are declined.

The above fees are non-refundable.

PRE-CRUISE PARTY

\$79. Shift mental gears and start your road trip by joining us at Bright Horizons Pre-cruise Cocktail Party! Take this opportunity to meet your fellow Bright Horizons participants. The reception will be held in our hotel the night before departure. Premium beer, local wines, and light hors d'oeuvres will be served.

HOTEL ADD-ONS

Prior to our cruise you are invited to stay in the "official" pre-cruise hotel, the [Palace Hotel Copenhagen](#). Prices (quoted per person) includes all taxes, portage, and two transfers (from the airport to the hotel and then on May 22 to our ship). Our standard cruise penalties apply to your hotel reservation — which means hotels stays can be removed from your reservation prior to the Final Payment Date without any penalty. The per-person pricing for this centrally-located, 4.5-star property is:

	1 NIGHT	2 NIGHTS	3 NIGHTS
SINGLE OCCUPANCY	\$429	\$739	\$1,099
SHARED DOUBLE	\$259	\$459	\$629

CANCELLATIONS, REFUNDS, CHANGES

The Bright Horizons Program Fee cancellations and refunds — BBright Horizons Program fee is subject to the following cancellation fees: \$95 if canceling six months or more before the date your trip begins (TDYTB); \$195 if canceling between six months and 90 days before TDYTB; and no refund if canceling 90 days or sooner before TDYTB. All Program cancellation fees, however, may be applied to any future Insight Cruise Program Fee.

Cruise and/or hotel cancellations, refunds, and changes: Any cancellation or any change of status (or request for a change in status) which relates to your booking must be transmitted, AS SOON AS POSSIBLE, to Insight Cruises in writing or via email. If you have purchased insurance, and there is any unnecessary delay in notifying us of your change in status, your "cancellation date" will be affected and will likely adversely affect your insurance reimbursement.

From the 14th day after booking, a Cancellation Processing Fee of \$150 per person will be assessed (but will be applied towards any future Insight Cruise). Name changes are generally not permitted by the cruiselines. Additional per-person cruise cancellation fees are based on date of receipt of notice to cancel (via in writing or email):

- Cancellation within 14 days of booking AND prior to the Final Payment Date: full refund*
- Cancellation more than 14 days after booking (prior to the Final Payment Date): \$150 cancellation fee
- Cancellation on or after the Final Payment Date but 90 days before The Day Your Travel Begins (TDYTB): You forfeit your Deposits
- Cancellation between 89 and 76 days before TDYTB: You forfeit your Deposits plus 10% of all non-Conference Fee charges.
- Cancellation between 75 and 46 days before TDYTB: 25% of all non-Conference Fee charges or your Deposits, whichever is greater.
- Cancellation between 45 and 31 days before TDYTB: 50% of all non-Conference Fee charges
- Cancellation at 30 days before TDYTB or later: no refund

NOTES:

- Guarantee Shares cancelling after the Final Payment Date forfeit their entire cruise fee.
- *If you book after the Final Payment Date and cancel within 14 days of booking there is a minimum \$95 per person penalty.

WHAT'S INCLUDED IN THE COSTS

All your food (excluding optional meals in the private restaurants), including 24-hour room service; tea, coffee, a half-dozen juices, and milk; use of the gym; and, every evening, Holland America provides top-flight Las Vegas-style entertainment in their large show lounge. The optional Bright Horizons Program Fee (\$1,575) includes over 25 hours of programming plus two cocktail parties. Traveling companions who do not want to participate in our Bright Horizons Program can simply enjoy their cruise (and our cocktail parties) and need not pay this additional Program Fee.

WHAT'S NOT INCLUDED

Government taxes and fees (\$339 per person); gratuities (\$11.50 per person per day); your bar bill; soda; the spa; casino action; Holland America shore excursions; dining in the three *private restaurants* (about \$20 pp); and any expenses of a personal nature are extra. (Taxes and fees are subject to minor change.)

PHYSICALLY CHALLENGED (PC)

The ship has a very limited number of specially equipped cabins for the Physically Challenged. Please let us know your specific needs. PC Guaranteed Shares are not available. Here's some written material, from Holland America, about PC accessibility. To the right is a Holland America video.



IDENTIFICATION REQUIREMENTS

A Passport (valid through December 5, 2014) is required. Non-U.S. citizens residing in the United States will need valid Alien Registration (green) cards as well. All others must have valid passports and any required visas when boarding the vessel. All travel documents such as passports, visas, proof of citizenship, etc., that are required for embarkation, disembarkation at the ports of call, and re-entry into the United States are the responsibility of the passenger. Non-U.S. citizens are asked to check with government agencies, embassies or consulates to determine documentary requirements. Please see the [Exit/Entry](#) links (after you have selected the destination country) for the U.S. State Department's information on **Exit/Entry Requirements for U.S. Citizens** for countries on our itinerary. You can also find a wealth of information and contact data [here](#). **You will be denied boarding without proper proof of citizenship and without all necessary visas.**

Along with many thousands of American travelers, we rely on [VisaCentral](#) for our visas (we are not affiliated with VisaCentral, we are simply happy customers).

Most passengers will not need a visa to enter Russia if you stick with the shore excursions offers by the cruiseline. If you want to tour Russia on your own, you must obtain your own visa, at least two months before the start of our cruise.

TRIP CANCELLATION & INTERRUPTION INSURANCE

When you book an Insight Cruise event, we include trip insurance brochures in with your Confirmation and Deposit. Please carefully consider buying this or other travel insurance.

We've never had a guest cancel because they won the lottery or had a brilliant stroke of fortune. More often than you would expect, we have had guests cancel because of pre-event illnesses, sports injuries, broken bones, death in the family, unexpected surgery, emergency surgery, stolen passports, and general family uproar. Life does throw curves. Spare yourself financial disappointment if your trip must be cancelled or is interrupted.

[Trip Cancellation and Interruption Insurance](#) can also protect against cancellation penalties. When you book an Insight Cruise, we include one or more trip insurance brochures in with your invoice, based on your age. Overall, we offer three options:

1) Insight Cruises believes [Travel Guard Gold](#) is best for those with limited health insurance and want a comprehensive insurance plan. Travel Guard is available with emergency assistance and travel insurance. Your coverage includes protection such as Trip Cancellation, Trip Interruption, Emergency Medical and Dental, Travel Assistance Services, Supplier Financial Default, and even Job Loss Protection. If you purchase within 10 days of your initial deposit, your medical coverage is upgraded to primary coverage. This product is ideal for those who rely on Medicare, for instance, or others who do not have health care coverage outside the United States. In addition, for those looking for "cancel for any reason" coverage, Travel Guard's Gold insurance offers it. For a 40% premium surcharge, they'll provide cancel-for-any-reason insurance reimbursing 50%. (Travel Guard Gold Cancel For Any Reason must be purchased within 10 days of your initial deposit.) Please study the details before you're certain you need this additional coverage. Travel Guard's Gold product, M.H. Ross's Advantage Bridge plan (see just below), and CSA's Sail Safe (again, see below) will reimburse you 100% for covered reasons — assuming you have insured the full cost of your trip. [You can get a Travel Guard quote and purchase the insurance here.](#)

2) Another company we have very high regard for is M.H. Ross. Read about their Bridge product here: <http://InsightCruises.com/pdf/AdvantageBridge.pdf>. While they do not offer the advantage of "First Payer" (i.e., you will need to submit any during-the-trip medical expenses to them after you have submitted these expenses to your primary medical insurance carrier), they will reimburse you for your out-of-pocket health expenses plus about two dozen other potential loss items. In our opinion, if you're under the age of 55, M.H. Ross's Bridge product is the most cost-effective "trip cancellation and interruption" coverage available and we heartily recommend it. [You can get a quote and purchase the insurance here.](#)

3) For those 60 years of age and older, we also recommend CSA's Sail Safe Cruise Program plan: http://InsightCruises.com/pdf/CSA_Plan_Summary.pdf. Unlike the two policies above, CSA Sail Safe is not priced based on your age. The cost of the insurance is based solely on your trip cost. *In addition, you can purchase CSA Sail Safe up to 24 hours prior to the Final Payment Date and still be covered for pre-existing conditions (granted that you are fit to travel at the time of purchase).* Also, like Travel Guard and M.H. Ross, for about a 50% premium surcharge, CSA will provide cancel-for-any-reason coverage. (M.H. Ross'

cancel-for-any-reason does not impose any "fit to travel at time of purchase" requirement.) In the case of CSA, you must purchase cancel-for-any-reason coverage within 24 hours of booking your event. For M.H. Ross and Travel Guard, you have 10 days after booking to purchase cancel-for-any-reason coverage. You can get a quote and purchase CSA's insurance [here](#).

NOTE: The products mentioned above are only available to U.S. and Canadian citizens. For those living outside North America we do recommend buying insurance from any local travel agency. *Travel Guard and M.H. Ross waive pre-existing conditions if you purchase the insurance within 10 days of booking. Therefore, you will get maximum coverage and benefits if you book their insurance the day you book. Trip Cancellation Insurance payments are not refundable (but sometimes are transferrable). Cancel-for-any-reason coverage varies slightly, carrier to carrier, based on the level of penalty when you cancel. Typically, if you cancel at the last possible moment, you are only likely to get between 70% and 80% back.*

ALL ABOUT AIRFARE

International airfare to/from Copenhagen from all major cities is available through us. Insight Cruises passes on the costs plus adds a \$50 per person service fee. Please call or email us for an exact quote. Air can also be booked directly with the cruiseline. When you do this they take responsibility for getting you on the ship. For mid-winter cruises, when flights are occasionally cancelled, this is an added measure of comfort! Baggage fees and other charges may be directly assessed by airlines or airports. Once you are notified of your international flight details please contact the airline directly for seat assignments. Be certain to confirm all international air flights 72 hours prior to departure.

We urge you to check airline cancellation penalties before purchasing airline tickets since international departure times and flights can change. Neither Insight Cruises or Insight Cruises' partners, co-producers, sponsors, or agents accept liability for cancellation penalties related to domestic or international airline tickets purchased independently in conjunction with Insight Cruises' events.

Baggage and personal effects are at all times the sole responsibility of the participant ([Trip Cancellation and Interruption Insurance](#) typically provides you with an allowance to buy replacements for your trip.) Most homeowners policies, and most airlines, cover your lost luggage.

ITINERARY CHANGES

The order of our activities, on any given day, may vary from the description based on traffic and/or other considerations. Insight Cruises reserves the right to substitute hotels, if necessary. Please note that extreme weather conditions may force changes to the advertised schedule. Insight Cruises reserves the right, without penalty, to make changes in the published itinerary whenever, in Insight Cruises' judgement, conditions warrant, or if Insight Cruises deems it necessary for the comfort, convenience, or safety of our participants.

PHOTOGRAPHY

Participants on Insight Cruises events may be photographed for educational and promotional purposes.

SMOKING POLICY

Smoking is not allowed in your cabin or onboard the ship. You may smoke on your cabin balcony if you have one and there is a smoking area, outside, on the upper deck, all the way aft.

RESPONSIBILITY STATEMENT, LIABILITY, AND DISCLAIMER

Bright Horizons is managed by Insight Cruises, hired as an independent contractor. Insight Cruises acts only as an agent for the respective suppliers by making arrangements for transportation, accommodations, and other services. Neither Scientific American nor Insight Cruises shall be held liable for personal injury, death, property damage or accident, delay, or irregularity arising out of any act or omission of these suppliers. Scientific American and Insight Cruises reserve the right, without penalty, to make changes in the published itinerary whenever, in their judgment, conditions warrant, or if they deem it necessary for the comfort, convenience, or safety of our participants.

Scientific American and Insight Cruises also reserve the right, without penalty, to decline to accept any person as a participant, or to require any participant to withdraw from the event at any time, when such action is determined by Insight Cruises staff to be in the best interests of the health, safety, or general welfare of the group or the individual participant, subject only to the requirement that the recoverable portion of the total amount paid that corresponds to the cost of unused services and/or accommodations be refunded, if applicable. Scientific American and Insight Cruises accept no liability for the purchase of non-refundable airline tickets to the cruise departure city and return. Baggage and personal effects are at all times the sole responsibility of the participant.

Dates, schedules, and program details, although provided in good faith based on information available at the time of publication of the flyer(s) or the website, are subject to change and revision.

AS A CONDITION OF ACCEPTANCE OF ANY APPLICATION, EACH APPLICANT MUST AGREE TO THE STATEMENT SET FORTH BELOW:

The undersigned has read carefully the Responsibility Statement and Liability Disclaimer set forth (left), the schedule of activities for this event, as well as the terms and conditions of application and participation as set forth in the event brochure and/or these webpages, and recognizes and accepts any risk associated with the event and the conditions, including the refund policy, set forth above. The undersigned further acknowledges that there are many risks and uncertainties inherent in any travel, including but not limited to the hazards of various modes of transportation, forces of nature, acts or omissions of foreign governments, terrorism, war or insurrection, theft, illness, and damage to person or property due to the negligent acts or omissions of event staff or others. In consideration of, and as part payment for, the right to participate in the event, the undersigned, on behalf of himself, his dependents, heirs, executors, administrators and assigns, agrees to release Scientific American and Insight Cruises and its officers, employees and agents, from liability for personal injury, death, property damage or loss suffered by any person in connection with this event, even if caused by the negligence (but not the reckless, willful, or fraudulent conduct) of event staff or other related persons or entities. In addition, by registering for this event, the applicant certifies that he or she is mentally and physically capable of full participation in this tour.

BY REGISTERING FOR THE TIMES TRAVELER CRUISE, THE PARTICIPANT AGREES TO THE RESPONSIBILITY STATEMENT AND LIABILITY DISCLAIMER AND THE TERMS AND CONDITIONS HEREIN.