

OPTIONAL 5-DAY LUXO

AVAILABLE WITH OPTI



OR TOURING PACKAGE

IONS 1 2 6 7 8 9



Luxor 5-Day Touring Package Available with options:



Below is the list of the 13 sites you will visit, as part of the \$2,050 TOURING PACKAGE add-on, during your stay in Luxor. Four (4) of these sites require “**Special Access**” which we have secured.*



LUXOR TEMPLE — Get a concrete sense of the resilience of Egyptian culture at Luxor Temple. Fittingly for a symbol of rejuvenation, it has survived floods and foreign invasions to awe visitors with its ancient precision.

In Egypt accessibility standards are lower than those you are used to at home, particularly in the areas of unpaved surfaces, curbs, stairs, uneven surfaces, and handrails. Regrettably there are no accommodations for people with mobility issues at the sites we visit.

Walking, stair-climbing, steep ramp walking, and standing around for lengthy periods are unavoidable aspects of this tour. These features should not present problems for anyone of normal fitness, but these tours are not suitable for those who walk slowly, need support such as canes, walking sticks, or scooters; or lack stamina. You need to bluntly assess the status of your joints, your sense of balance, and your mobility skills as you contemplate this adventure.

If during the tour, in the judgment of the tour leaders, you are not able to cope and keep pace with the group, you may be asked to opt out of certain visits or to leave the tour altogether. This would be at your own expense.



DENDERA — Be overwhelmed (in a good way!) at the intensity of ancient worship of Hathor, the multifaceted goddess of love, fertility, the sky, festivity, and fate. Create a lasting impression of the Zodiacal art of Dendera.



TOMB OF TAWOSERT — Stepping into Tawosert and Setnakt's tomb (two burial sites in one tomb) is stepping on to the stage where rivalries and political feuds played out, religious traditions were ignored, and names and faces were covered over. The highlights of the visit are visual, though Tawosert's tomb has beautiful illustrations from ancient funerary literature and many striking depictions of the gods.

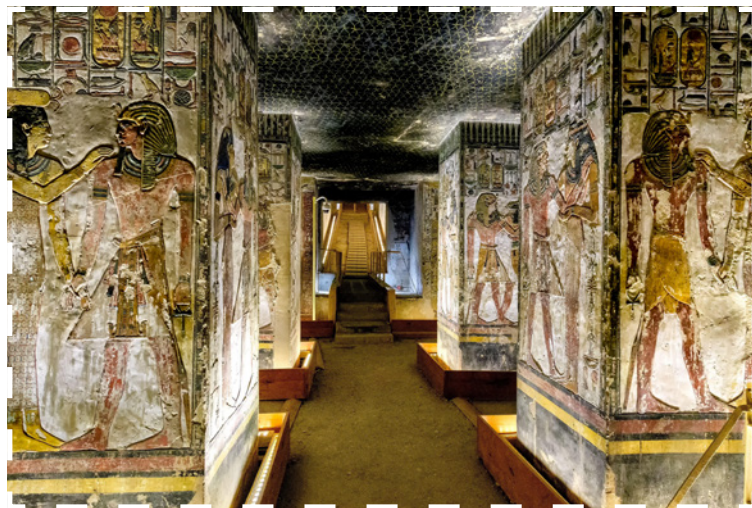
*Archaeological sites go under frequent restoration and repair and some may not be available to us when we visit in 2027.



KING RAMSES V AND VI TOMBS (Special Access Visit) — Feast your eyes on two different copies of the Books of Day and Night, paintings of the sky goddess Nut, and Egyptian astronomy how-to embodied in star clocks. Deepen your feel for the pharaohs' worldview with a study of ancient Egyptian science.



VALLEY OF THE KINGS — Celebrate fulfilled dreams of exploring pharaohs' tombs, satisfied curiosity, and newly inspired avenues of archaeological inquiry once you trek through the renowned Valley of the Kings.



KING SETI I TOMB (Special Access Visit) — Seti I's Tomb served as an inspiration for most later Egyptian tomb art. Its indelible celestial diagrams and stellar clocks will enrich your stargazing forever.



KARNAK TEMPLE — At least 30 Egyptian rulers from ~2,000BCE to ~300BCE built, modified, demolished, and moved parts of Karnak Temple. There's so much see. Karnak can activate your mind's eye, too. Armed with Dr. Belmonte's archaeoastronomy tips, you can picture Karnak's orientation to the Winter Solstice, to the northern Milky Way, and to the topography around you.

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Sites with toothed borders
have astronomical interest.

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ESNA — Venture into the entry hall of the Temple of Khnum, and see the vibrant results of its very recent restoration. The Temple was decorated during the Roman period circa 100–300 AD, which means that you'll be seeing the youngest/most recent body of Egyptian hieroglyphics known. It's the astronomical ceiling that brings us to Esna, with its unparalleled depiction of lunar phases, and a detailed stellar clock.



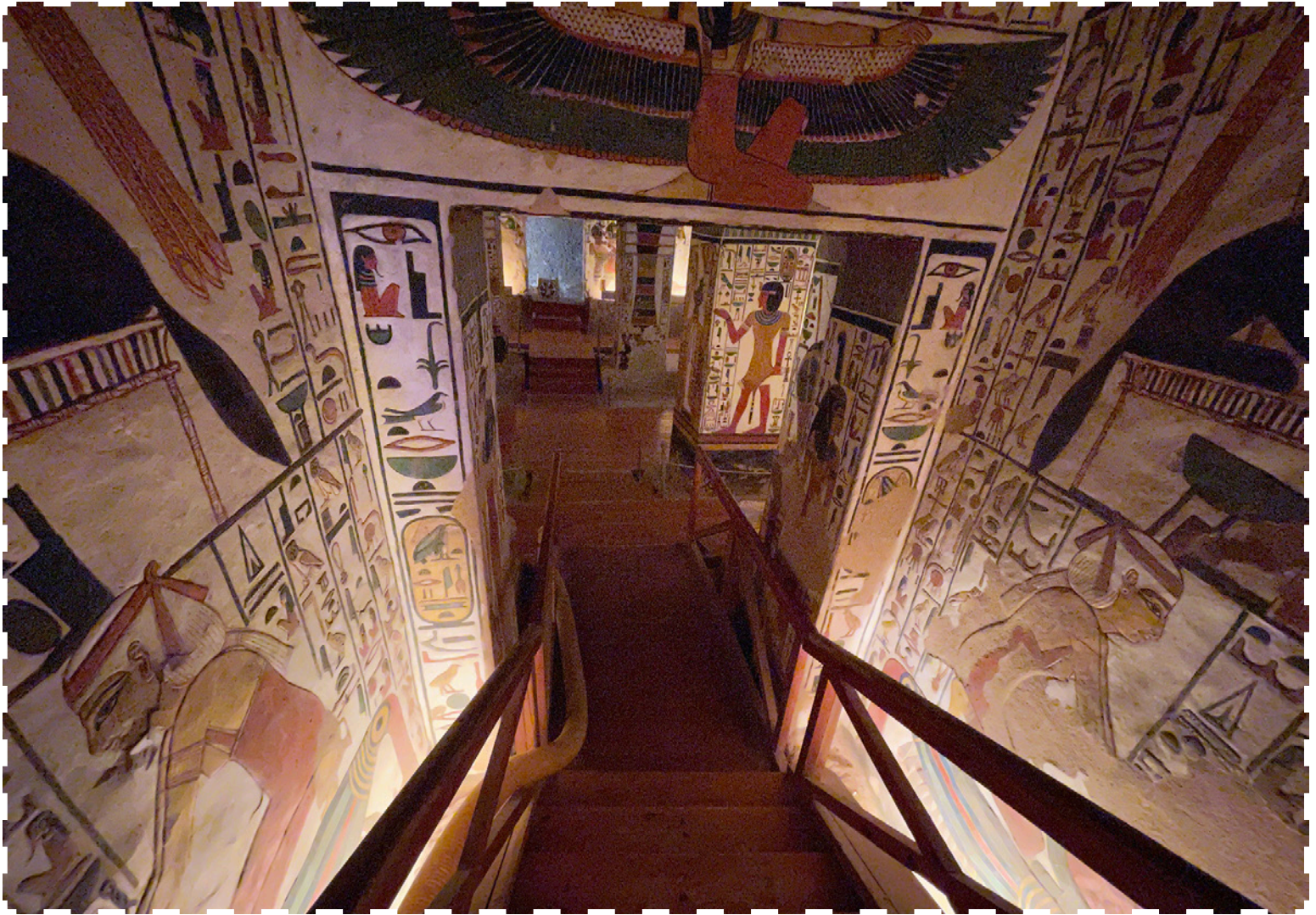
KING TUT TOMB (Special Access Visit) — Have you glimpsed King Tut's opulent burial goods in a documentary or at a museum? Now you can picture them together with the narrative paintings you see in Tut's burial chamber.

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TOMB OF NEFERTARI (Special Access Visit) — We go to “The place of beauty”, Ta-Set-Neferu, to experience the rarely seen Tomb of Nefertari, often considered the most beautiful in Egypt. Its vivid colors and beautiful draftsmanship underpin its artistic appeal; astronomy buffs may find its theme of timelessness and eternity thought-provoking.



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LUXOR MUSEUM — This wonderful museum has a well-chosen and brilliantly displayed and explained collection of antiquities dating from the end of the Old Kingdom right through to the Mamluk period, mostly gathered from the Theban temples and necropolis. The ticket price puts off many, but entrance to this museum is included with your tour! This is one of the most rewarding sights in Luxor.



DEIR EL BAHIRI — The temple complex of Hatshepsut must be one of the most beautifully situated buildings anywhere. It was known as the “Sublime of the Sublimes” in ancient Egyptian. Explore its structure and you’ll get an organic sense that the temple is oriented to the winter solstice and The Temple of Amun (Hatshepsut’s claimed father) at Karnak.



RAMESSEUM — Designed to remind all who behold it of the greatness of Egypt (and of the modest builder himself) the Ramesseum gives you a picture of the vast wealth Ramses II had. After sizing up the innumerable storehouses, you may be drawn to the astronomical ceiling of the Barque room in the temple, to see civil, religious, and lunar calendars so you sharpen your ancient Egyptian time-telling skills.

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Sites with toothed borders have astronomical interest.

Health and safety in Egypt regarding Insight Cruises' Egypt TOURING PACKAGES



We have a safety auditing process in place and, as a minimum, request that all of our suppliers comply with local health and safety regulations. In Egypt accessibility standards are lower than those you are used to at home, particularly in the areas of unpaved surfaces, curbs, stairs, uneven surfaces, and handrails. Regrettably there are no accommodations for people with mobility issues at the sites we will visit.



We therefore ask that you take note of the safety and cautionary information provided below.

Eligibility

You must be in good health, free of infectious illness, and have a level of physical and mental fitness that would not impair other participants' enjoyment by slowing them down or by absorbing disproportionate attention from the tour leaders. Please read 'Fitness', below, and take the self-assessment tests described there; by signing the booking form you are stating that you have understood what we are asking of you and are fit to participate. If you have a medical condition or a disability which may affect your trip or necessitate special arrangements being made for you, please discuss this with us before booking; or, if a condition develops or changes subsequently, as soon as possible before departure. Our Egypt TOURING PACKAGES are not suitable for those who walk slowly, need support such as canes, walking sticks, or scooters, or lack stamina. You need to bluntly assess the status of your joints, your sense of balance, and your mobility skills as you contemplate this adventure.

If during the tour it transpires, in the judgment of the tour leaders, that you are not able to cope, you may be asked to opt out of certain visits or to leave the tour altogether. This would be at your own expense.

Fitness

With the exception of our museum visits, the land portions of our Egypt tours will be active. Walking, stair-climbing, extensive hill climbing, and standing around for 10-minute

periods are unavoidable aspects of tours in Egypt. These features should not present problems for anyone of normal fitness, but these tours are not suitable for those who walk slowly, need support, or lack stamina.

For example, in several of our site visits there is a lot of walking on dirt and/or poorly paved streets. On some paths you may need to scramble over large rocks and very uneven ground. Mostly, fortunately, it is just a case of walking from one place to another – and getting on and off a coach a few times a day.

Secondly, the tours are group events. The presence of even one person who is not fit enough to cope can spoil the experience for everyone else. We therefore ask that everyone wishing to join our Egyptian TOURING PACKAGES take the quick and simple self-assessment fitness tests described below.

If during the tour it transpires that you are not adequately fit, you may be asked by the tour manager to opt out of certain visits, or requested to leave the tour altogether. Each day's visits can vary in their physical demands.

Some of our site visits require walking (for an hour, to and from), through hilly and dry desert, and require a different scale of fitness and agility.

Fitness tests

1. Chair stands: Sit in a dining chair, with arms folded and hands on opposite shoulders. Stand up and sit down at six times in thirty seconds.

2. Step test: Mark a wall at a height that is halfway between your knee and your hip bone. Raise each knee in turn to the mark at least 30 times in two minutes.

3. Agility test: Place an object three yards from the edge of a chair, sit, and record the time it takes to stand up, walk to the object and sit back down. You should be able to do this, somewhat easily, in under 10 seconds.

An additional indication of the fitness is that you should be able to walk unaided at a pace of three miles per hour for at least half an hour at a time, and to stand unsupported for at least 20 minutes.

Middle Eastern Conflicts

In reference to recent developments between Israel and Gaza, it is imperative to acknowledge that this is not the first time such events have taken place -- and it is possible that they will occur again in the future. Egypt has traditionally played a crucial role in facilitating peace between the two parties. It is also worth pointing out that the distance from the Gaza border to Luxor is 400 miles.

Tourist Police

The police presence is all over Egypt, but especially in touristic areas. It is not uncommon to see police at almost every intersection in Cairo and other cities and there will be larger numbers of security personnel around certain institutions and important buildings. Nearly all of the police will be equipped with rifles. This might be an unusual sight in your home country, but in Egypt this is normal. It is not a reflection of any additional danger or instability. In fact, most Egyptians are glad to have the police back in the street in such numbers after they were largely absent in the year following the 2011 revolution (read more).

<https://www.reuters.com/world/africa/egypts-sisi-authoritarian-leader-with-penchant-bridges-2023-12-08/>

At tourism sites you will find police officers with a special badge on their shoulders that says, "Tourism Police". These officers are designated specifically to make sure that visitors to Egypt are safe and as a convenience to tourists since they speak English. If you have any concerns, do not hesitate to seek out the tourist police. You can be confident that the Egyptian tourist police will ensure your safety throughout your stay.

Booking detail

We reserve the right to refuse to accept a booking without necessarily giving a reason.

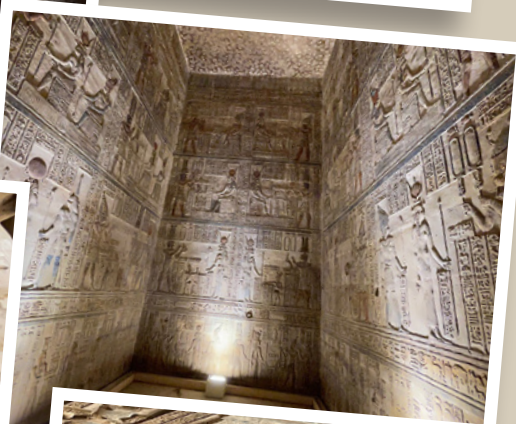
Luxor 5-Day Touring Package Available with options:

1 **2** **6** **7** **8** **9**

LUXOR TEMPLE



DENDERA



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VALLEY OF THE KINGS



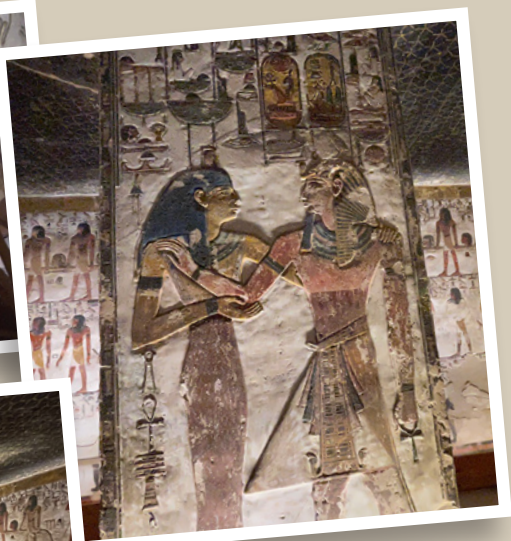
KING RAMSES V AND VI TOMBS



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KING SETI I TOMB



KING RAMSES III TOMB



Luxor 5-Day Touring Package Available with options:

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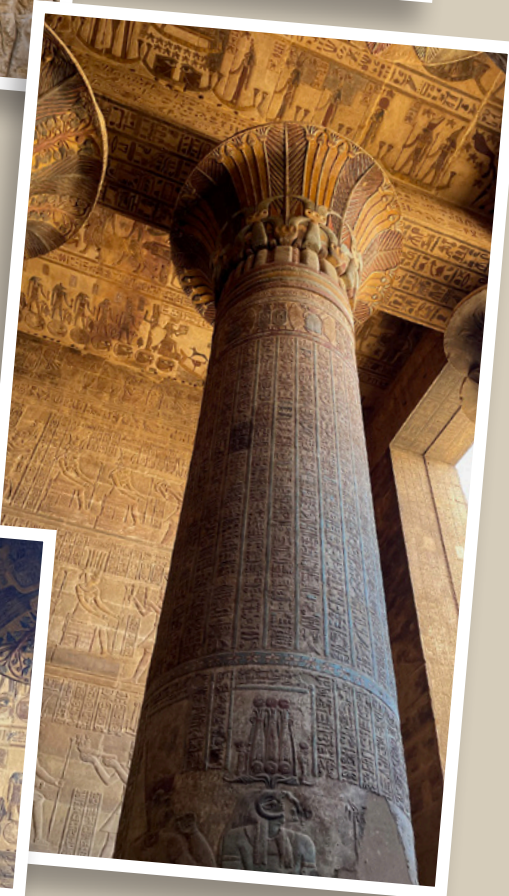
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RAMESSEUM



ESNA



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KING TUT TOMB



KARNAK TEMPLE



Luxor 5-Day Touring Package Available with options:

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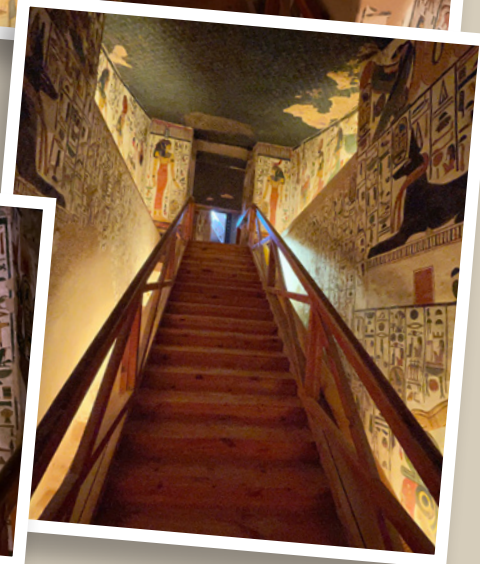
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TOMB OF TAWSERT, VALLEY OF THE NOBLES



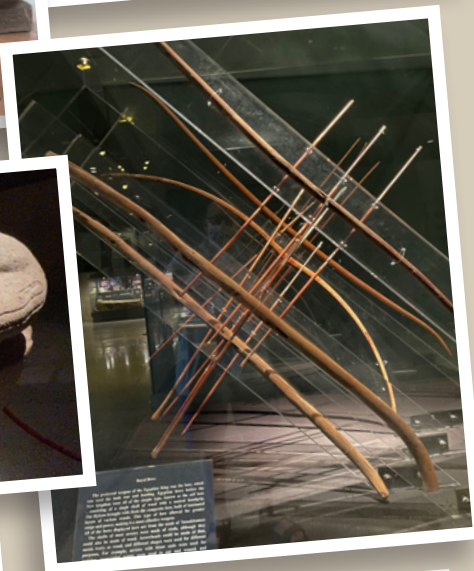
TOMB OF NEFERTARI



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LUXOR MUSEUM



DEIR EL BAHIRI

