

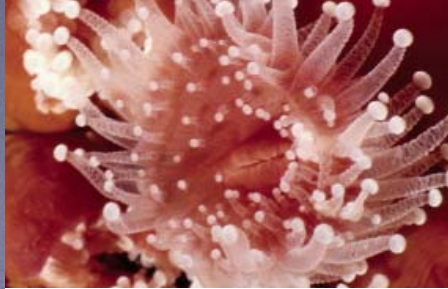
Shore Excursions

2006 - 2007 PANAMA CANAL



Holland America Line
A Signature of Excellence

SE-12



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Make Your Reservations Online

Now you can easily choose your tour times, book your tours and receive confirmation of your shore excursion reservations 24 hours a day. Visit us online at

www.hollandamerica.com

Book online now, up until 10 days before sailing. Make your payment online via our secure website, and receive confirmation as well as your tour departure times. You can also download the shore excursions, view tour prices, find answers to frequently asked questions and read general information.

Remember, online shore excursion reservations are processed prior to any requests made on board the ship and receive priority handling.

GENERAL INFORMATION

At the time of making your reservations online, we will advise you whether or not your reservations are confirmed or whether you have been waitlisted. Your credit card will be charged immediately for all confirmed reservations. Should space become available for a waitlisted shore excursion request, we will e-mail or otherwise contact you at that time and either immediately charge your credit card if you have already given us your credit card information or ask you to provide us with that information for immediate charge processing. Shore excursion reservations are subject to cancellation by us at any time prior to the credit card charge being accepted by your bank. If you or Holland America cancel a tour more than 10 days prior to cruise departure, we will issue a credit on the credit card that you used to pay for the reservation. For any cancellation within 10 days of departure, a credit will not be given on your credit card. Instead, we will apply an ONBOARD CREDIT ONLY policy under which the refund (less any cancellation fee) will show up as a credit to the shipboard account of the person who was to take the shore excursion. If the credit is not fully utilized during the cruise, the balance will be paid to that guest by the ship's Purser.



Frequently Asked Questions

FREQUENTLY ASKED QUESTIONS

WHAT SHOULD I WEAR?

Comfortable walking shoes are recommended for all shore excursions. When you visit places of worship (cathedrals, churches, etc.), we recommend dressing conservatively (shorts and sleeveless sundresses should not be worn), but casual clothing is perfectly acceptable. Dress in layers and have a jacket along. Bring an umbrella or raincoat, a hat and sunscreen.

WHAT ABOUT MEALS?

Most tour departures complement the ship's meal service hours. 24-hour room service is available on board.

HOW WILL I KNOW WHAT TIME EACH TOUR DEPARTS?

The on-board Shore Excursion Planning Form in your state-room will show departure times. This information will also be printed on your shore excursion vouchers, which you will receive on board as your tour ticket. Approximate tour departure times are posted on our website at www.hollandamerica.com.

I HAVE A DISABILITY. HOW DO I KNOW WHICH TOURS WILL BEST SUIT ME? WILL I HAVE A PROBLEM (DIS)EMBARKING THE SHIP?

Guests with disabilities should inquire in advance whether a shore excursion will be able to accommodate their needs. We have graded the Shore Excursions according to the relative level of activity they entail. The walking icons that appear at the beginning of each tour description provide a general idea of the level of activity to expect. Please refer to the "Choosing Your Tours" section in this brochure for specific information on the walking icons. Most guests will find it beneficial to attend the shore excursion briefing on board the ship for evaluating the required activity level for each tour. It is important to keep in mind that shore excursion operators are subject to the laws of their own country including with respect to accommodating the needs of guests with disabilities. In most foreign countries, the laws are not as stringent as those in the United States. Please speak with the Shore Excursion Office as to whether you can expect to encounter difficulties (dis)embarking the ship in a particular port of call. In this regard, the decision whether or not

to carry or provide other mobility assistance to a guest and their mobility assistance device (wheelchair, walker, etc.) up or down a ship's gangway, or on or off a tender boat, is at the sole discretion of the Captain, made based on his evaluation of guest and crew safety. We encourage you to bring a collapsible wheelchair as space limitations may restrict the ability of some tour operators to accommodate motorized mobility aid devices.

DO ALL THE PORTS AND TOURS IN THIS BROCHURE PERTAIN TO MY CRUISE?

Not necessarily, as this brochure may cover more than one sailing. Please refer to your cruise itinerary to determine which ports you will visit, then turn to those port sections to see the tours. Not all tours in each port are available on all ships or all cruises.

ARE THERE ANY OTHER TOURS OFFERED THAT ARE NOT PUBLISHED IN THIS BROCHURE?

Yes, we often add tours to our program after the brochure is published. For additional tours that may now be available in the ports you are visiting, please check our website at www.hollandamerica.com.

I AM TRAVELING WITH FRIENDS AND WE WOULD LIKE TO BE ON THE SAME MOTOR COACH

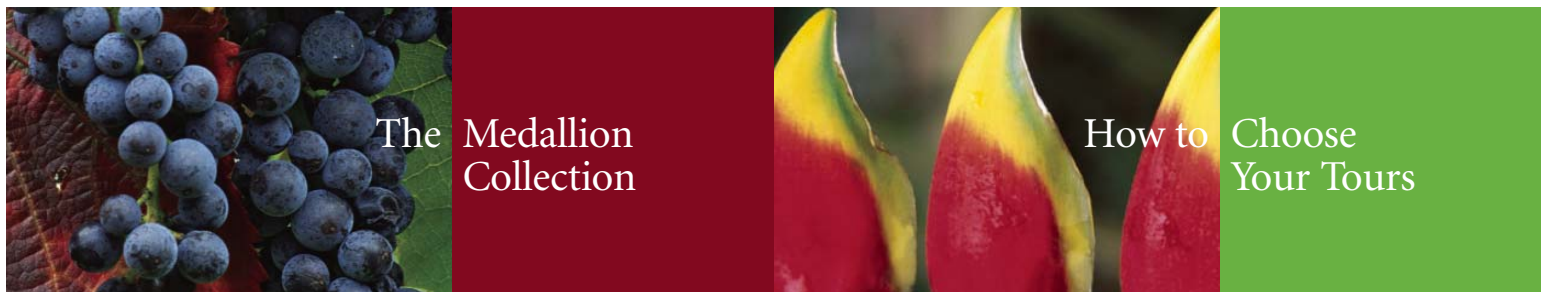
The departure location for each shore excursion is printed on your shore excursion vouchers. If you wish to travel with friends, please arrive at the designated meeting place together. This will enable the staff to allocate space for you on the same vehicle.

TOUR DURATIONS

This brochure is designed to help you select the excursions most suited to your interests. The individual tour descriptions include approximate durations. To allow our Shore Excursion Managers flexibility to coordinate your time in port with meals and activities on the ship, exact departure times are published in the Shore Excursion Planning Form on board. For more information, please attend the Shore Excursion briefing or visit the Shore Excursion Office.

TOUR DESCRIPTIONS

Tour descriptions may change after printing. Information that becomes available after this brochure is published will be posted in the Shore Excursions section of our website, which can be found online at www.hollandamerica.com. Significant changes will be noted on the Shore Excursion Planning Form on board. Tour schedules are subject to change.



Holland America Line is proud to present the Medallion Collection—a series of tours designed to accommodate our most discerning guests. Each of these carefully chosen tours offers a truly different experience, providing an in-depth perspective appropriate for seasoned travelers. You will find the Medallion Collection insignia, as shown, next to a select few tours in this brochure. Our Shore Excursion staff on board will gladly answer any of your questions regarding this innovative program. Space is extremely limited.



Choose the shore excursions that interest you by using the icons as a general guide to the level of activity involved, and select the shore excursions best suited to your physical capabilities. These icons will help you interpret this brochure.



EASY ACTIVITY: Very light activity including short distances to walk; may include some steps.



MODERATE ACTIVITY: Requires intermittent effort throughout, including walking medium distances over uneven surfaces and/or steps.



STRENUOUS ACTIVITY: Requires active participation, walking long distances over uneven and steep terrain or on steps. In certain instances, paddling or other non-walking activity is required and guests must be able to participate without discomfort or difficulty breathing.



PANORAMIC TOURS: Specially designed for guests who enjoy a slower pace, these excursions offer sightseeing mainly from the transportation vehicle, with few or no stops, and no mandatory disembarkation from the vehicle during the tour. As vehicles outside the United States are rarely lift-equipped and ramps are seldom available, a very small amount of walking will be necessary. The pace will be gentle and taking your time is encouraged.



LIMITED CAPACITY: The number of people able to participate in this tour is strictly limited. Reasons for limiting capacity may include the number of transportation seats available, or the need to maintain a safe ratio of guides for hikes, fishing and water activities. Tours require a minimum number of participants in order to operate.



MEAL: This tour includes a meal—lunch on daytime tours, or dinner on evening tours.



SNACK: This tour includes a small snack or tasting of local specialties. The snack is not a meal.



The Benefits of Booking With Us



Shore Excursion Prices

Excursion Prices

When you book your shore excursions with Holland America Line, you can count on our Signature of Excellence® to consistently offer a superior experience ashore:

QUALITY

Clean and comfortable transportation equipment; we engage professional independent tour operators dedicated to customer satisfaction.

SAFETY

Tour operators have contractually agreed to comply with local government requirements and to carry liability insurance in amounts consistent with local standards to address personal injury and property damage claims.

CONVENIENCE

English-speaking guides; tour departure times set to coincide with the ship's schedule as well as with that of other tours so that guests desiring to do so can take multiple tours.

PEACE OF MIND

If a tour that you have purchased through Holland America Line returns late to the ship, we will almost never leave without you. In the very rare event that the ship must leave, we will arrange at our expense to get you to the next port of call (with independently booked tours, you are responsible for rejoining the ship at the next port of call).

VARIETY

Around the globe, our programs include "A Taste of...," Off the Beaten Track, Panoramic, Medallion, flightseeing and motor coach tours, with such adventures as camel rides, kayaking, diving, rock-climbing, glacier hiking and private vehicle/vessel touring.

VALUE

Our award-winning shore excursions offer superior quality and competitive pricing; our guests consistently rate their shore excursion experience as excellent.

Prices can be found on our website at www.hollandamerica.com and are quoted in U.S. funds. Prices are subject to change without notice. Prices for children age 12 years and under are available on some but not all tours. If no child's price is published, the tour may be available to children at the adult rate; however, all children under 18 must be accompanied by a responsible adult aged 21 or older, regardless of rate. A general guideline to pricing is found under each tour listing with symbols as follows:

\$ – up to \$50USD

\$\$ – \$51USD to \$100USD

\$\$\$ – \$101USD to \$150USD

\$\$\$\$ – more than \$150USD



How to Book More Than One Tour in Each Port

Make the most of your time in each port by combining different half-day tours to complete a full day of sightseeing. You might want to consider a morning cooking class with an afternoon walking tour; a morning snorkel trip to swim among the stingrays and an afternoon of sampling local creole cuisine; or even a bike ride and an evening cultural performance—all in one day! Whatever your interests, and whichever pace suits you best, there's a huge variety of tours to mix and match in this brochure. To make combining easy, for tour departure times and durations, visit our website at www.hollandamerica.com.



Amador, Panama



SIGHTSEEING TOURS

Aerial Tram & Ecological Encounter



Approximately 4½ hours • \$\$

In the midst of the 55,000-acre Soberanía National Park, the Aerial Tram allows you to discover the secrets of the upper forest canopy. The Tram takes you from the shadowy forest floor through the understory and into the sun-drenched canopy. There, you will enjoy a bird's-eye view of a thousand hues of green, interspersed with the fluorescent exclamation points of flowering trees. Stop at the frog exhibit and serpentarium to see and hear creatures in a natural setting.

El Valle Ecological Paradise



Approximately 8 hours • \$\$

On the 1½-hour drive from Panama City to El Valle on the Pan-American Highway, you will cross the Bridge of the Americas. El Valle is a famous area known for its ecological environment and situated at the mouth of an extinct volcano. Visit the El Chorro Waterfall and Nispero Zoo, full of flora and fauna.

Discover the Emberá Indian Culture



Approximately 5 - 5½ hours • \$\$

Panama's indigenous population is threatened by environmental degradation of their lands, but these tribal people have managed to preserve much of their traditional culture. On the Chagres River, you will come into contact with the Emberá Indians, living as they did at the time Balboa crossed the Isthmus to the Pacific Ocean. The Emberá (Choco) Indians live in houses on stilts with cone-shaped roofs, and build *piraguas* (dug-out-canoes). The basket weaving and ceramics are delegated to the women and the men are in charge of the woodcraft. Discover for yourself that such traditions are alive and well here in the Panamanian jungle.

Panama City & the Casco Antiguo



Approximately 4 - 4½ hours • \$

In 1513, Vasco Nuñez de Balboa was the first European to see the Pacific. Panama City, originally founded just six years later, was destroyed and replaced by the Casco Antiguo, or Colonial City, in 1673. This city has now been declared a UNESCO World Heritage Site, and features exquisite French, Italian and Spanish architecture. Admire Saint Joseph's Church with its Golden Altar (rescued from Welshman Henry Morgan's attack on Old Panama), the Cathedral on Independence Plaza, and the recently opened Inter-oceanic Canal Museum. Nearby, you will find the National Theater and the French Plaza which boasts a great view of the modern city.

Panama Railway



Approximately 3¼ hours • \$\$\$ (regular car) / \$\$\$ (dome car)

Experience the Panama Canal and its living history as you travel the isthmus railroad through the beautiful flora and past lovely Gatun Lake. From the lakeside, the enormous vessels that transit the canal can be seen, and you'll pass through towns and villages whose names evoke all the personalities involved in the building of this "path between the seas"—now 100 years old. Watch for howler monkeys, toucans and other wildlife as you cross the Continental Divide on a journey across the Americas, from ocean

to ocean in just an hour. You'll also see working locks and some of the old Canal Zone area that has now been returned to the people of Panama.

Please note: You will travel one way by train and the other way by air-conditioned motor coach.

US Heritage Tour



Approximately 3½ - 4 hours • \$\$

Begin your tour with a visit to the Miraflores Locks, the first locks located at the Pacific entrance of the Panama Canal. Now head to Fort Clayton to see how the US Army troops lived during their stay in Panama. Albrook Air Force Base is your next stop, where the new domestic airport is located. The base has been converted into a commercial area and high-end residential district. Complete your tour with a visit to Balboa, where workers and important buildings were located during the canal's construction.



Bridgetown, Barbados



SIGHTSEEING TOURS

Natural Wonders of Barbados



Approximately 3½ hours • \$\$

Experience the full beauty of natural Barbados. Your first stop will be Park's Farm, a working farm featuring the famous Barbados Black Belly Sheep. Stop at Andromeda Botanical Gardens for 30 minutes to explore six acres of orchids, palms, ferns, heliconia, hibiscus, bougainvillea, begonias and cacti. View the last working windmill in the Western Hemisphere at Morgan Lewis, then head to Whim Gully, featuring many varieties of flora. You will stop to examine the fig tree from which the name Barbados derives.

Green Monkey Eco Tour



Approximately 3½ hours • \$\$

Travel inland, through sugar cane fields and peaceful villages to the east coast, with its rugged beauty, then ascend to the Barbados Wildlife Reserve. View the Barbados Green Monkey at close range. There are also deer, wallabies, otters, tortoises and a large walk-in aviary where exotic birds are housed. Forest pathways wind between the trees that take you through an Arawak Cave as the mysteries of the plant world are revealed. The 19th-century Signal Station commands a spectacular view. You will pass through Speightstown en route back to the ship.

Island Countryside Tour



Approximately 3½ hours • \$

A lovely ride through the Barbadian countryside begins in Bridgetown's picturesque streets with a stop at the historic Gun Hill viewpoint. Tyrol Cot Heritage Village offers a living museum in an elegant Great House with a lively chattel house village and market. The mansion, built in 1854, is a superbly designed house of coral stone. It has been beautifully restored by the Barbados National Trust and is full of the fine antique furniture, photographs and objets d'art. The last stop is at St. John's Parish Church.

Barbados Coast to Coast



Approximately 3½ hours • \$

Drive through lush tropical vegetation and past Chattel houses—the typical homes of farmers and fishermen. At 1,000 feet above sea level, enjoy a cool and refreshing complimentary drink as you view the East Coast and Mount Hillaby. Continue through fields of sugar cane and sleepy country villages, descending to the Atlantic coastline with many spectacular views. St. John's Church (1836) stands on a cliff face above the sea and commands spectacular views of the east and southeast coastal regions. Your bus takes you cross-country, past Gun Hill Signal Station and through the parish of St. George. Watch for the Emancipation Statue depicting a freed slave on your way back to the ship. You may return to the ship or leave the tour in either Bridgetown or Pelican Village.

Island Safari Adventure



Approximately 3 hours • \$\$

Leave the port on a scenic drive in an open-air, 4-wheel-drive vehicle. Travel through the countryside to the Atlantic side of the island for astounding views of the eastern coastline. See some of the hidden secrets of Barbados and learn about the history, folklore and culture of the island. Refreshments are served along the way.

Please note: Minimum age is 5 years.

Historic Garrison & Nature Sanctuary



Approximately 3½ hours • \$

Experience rarely seen nature and wildlife in Barbados as it was 300 years ago. The Graeme Hall Nature Sanctuary contains the last significant mangrove forest as well as the largest inland lake in Barbados, accessed by a network of boardwalks, large aviaries, educational exhibits, migratory bird ponds, a nature store and visitor center. Next you will visit the Barbados Museum, located in the historic Garrison area and housed in the former British Military Prison (1817-1853). A natural history display depicts the coral structure of Barbados, artifacts of the Amerindians, china, glass, silver, and African, European and Creole decorative arts. 18th-century plantation house furnishings and rare historical maps of the island are also on display.

Best of Barbados



Approximately 3½ hours • \$

The Francia Plantation House creates a vivid impression of life on a sugar estate 100 years ago. Its entrance hall features wood panels imported from Brazil. The dining room has a splendid chandelier with etched hurricane shades and an 18th-century bracket clock. Much of the drawing room furniture has been in the family for generations. Also included in your tour is the lovely Orchid World—a “garden” with a difference, where the path winds through coral, rock gardens, cool shady gullies and ponds. The orchids themselves are grown in shaded houses and outside on freestanding palisades. A refreshing drink is served at Sunbury Plantation House with a Georgian lounge, chandeliers, antique Barbadian furnishings, and a classic dining room with a 300-year-old mahogany table. Below the stairs, in the old cellars of the Great House, a unique private collection of elegant horse-drawn carriages and other memorabilia illustrate 18th- and 19th-century life on a Barbados sugar plantation.



AQUATIC TOURS

Sail, Snorkel & Beach Safari



Approximately 5 hours • \$\$

Relax on the deck of a fabulous catamaran on the crystal-clear Caribbean Sea. Smiling faces offer cool refreshing drinks as you glide past the beautiful palm-fringed beaches of Barbados. This five-hour lunch cruise anchors in a quiet bay where you can swim, snorkel on a reef, float on a water mattress, walk on the beach or just relax on board. On board, a buffet luncheon is served with wine. Sail to another site to snorkel above a wreck—home to schools of small fish, coral and octopus.

Please note: All gear provided; bring a swimsuit, towel, hat and sunscreen.

Carlisle Bay Shipwreck Snorkel



Approximately 2¼ hours • \$

Your tour begins with a short bus ride to the transport and support vessel for your snorkel experience. It is from here that you are taken southward to historic Carlisle Bay on the outskirts of Bridgetown and onto the snorkel site. You will snorkel near the *Berwyn*, a French vessel that sank in the early 1900s. You will also snorkel near the famed portion of the torpedoed vessel, *Cornwallis*. On board the support vessel you will participate in a safety briefing before putting on your snorkel gear. Easy steps are utilized to climb in and out of the water. You will have the opportunity to feed fish, explore a wreck, or view the activity from on deck. After enjoying some time in the underwater world, relax with a refreshing beverage as you make your way back by boat. After arriving at the dock, our shuttle will return you to the ship.

Please note: This is a tour for all ages. All snorkel gear is provided. Travel lightly with no extra baggage or valuables. Wear your swimsuit under your clothes; bring sunscreen and sunglasses. Snorkel gear is distributed en route to the snorkel site in order to maximize snorkel time.



BOAT TOURS

Atlantis Odyssey Submarine



Approximately 2½ hours • \$\$\$
(50-minute dive)

Atlantis, a 48-passenger submarine, offers everyone a chance to experience the stunning underwater world of Barbados. Transfer from the shuttle boat to the *Atlantis* submarine to sit in spacious, air-conditioned comfort. First, you dive to 55 feet to view coral reefs and colorful fish through large clear viewports. Then, descend to 150 feet to view a sunken shipwreck. The submarine is kept at normal sea level pressure throughout the tour. 400-1000 ISO film speed is recommended for photography on the sub (no flash).

Please note: Minimum age is 4 years; minimum height 36 inches.

Barbados Turtle Encounter



Approximately 3 hours • \$\$

Enjoy a powerboat ride along the beautiful west coast of Barbados, gliding past beautiful palm-fringed beaches, through crystal-clear water to your destination at Turtle Bay. Experienced guides will equip you with your snorkel gear, instruction and some interesting information about the lives and habits of turtles. Then it's time to swim with these tame and friendly creatures. A waterproof camera is a must to capture this exceptional experience! After your turtle encounter, you'll stop at a nice beach to relax. Stroll, swim and enjoy a rum punch or cool drink on the beach. Complimentary banana or doughnut rides, snorkel equipment, beach toys and kayaks are available at the beach—fun for all ages!

Please note: Wear your swimsuit and sun-protective clothing. Bring sunscreen, a beach towel, hat and waterproof camera. Wildlife viewing is not guaranteed.



Cartagena, Colombia



SIGHTSEEING TOURS

Cartagena City Tour



Approximately 4 hours • \$

A preferred target for pirates until construction of an impressive fortress, Cartagena earned the reputation as the treasure chest of the Spanish Main. Travel by bus past the Manga residential area's restored mansions. Visit the monastery with its ornate, 22-karat gold foil altar and a lovely, flower-filled courtyard, then stop at the Fort of San Felipe de Barajas, a 17th-century work of Spanish Military engineering. At Las Bovedas (The Dungeons), there's time for handicraft shopping. Pass through Simón Bolívar Square and the Inquisition Palace before continuing on to the Church of San Pedro Claver—the patron saint of slaves. After a short folkloric show and a soft drink in the old walled city, continue to the modern residential area of Bocagrande, famous for its variety of emeralds, handicrafts and leather goods shops.

Please note: Guests who remain in town for shopping must return to the ship on their own.

Walled City Historical Walking Tour



Approximately 2½ hours • \$

Travel by motor coach to Santiago's Bastion, and begin your walking tour along San Juan de Dios Street with charming colonial architecture. Continue to Custom Plaza—a commercial center dating back to colonial times—and the Plaza de la Proclamación to admire the Cathedral and the original headquarters of the colonial Spanish government. Watch for the statue of Simón Bolívar, as well as the Inquisition Palace and all the history it implies. Stroll through the Dungeons, which in the colonial times were used as a military barracks and a munitions depot, but now local artisans display their arts and crafts here.



BOAT TOURS

Cartagena Bay Cruise



Approximately 2 hours • \$

Board a beautiful Spanish galleon (a replica of a 17th-century sailing ship) for a two-hour cruisetour of the Inner Bay at Cartagena. You'll pass the port of Muelles El Bosque and the statue of the Virgin in the middle of the bay. View the Fort of Manzanillo, which guards the eastern entrance to the Inner Bay. Conditions permitting, continue by the Bocagrande beaches and the city walls. Enjoy refreshments and a folkloric show en route.

Cartagena Beach & Boating



Approximately 4 hours • \$

Board a motorboat and pass the island of Tierra Bomba and some fishing villages, as well as the Forts of San Fernando and San José de Bocachica. You're headed to Barú, 30 minutes away from Cartagena. Spend about two hours swimming and snorkeling in the warm sea water (snorkeling equipment is NOT included).

Please note: Wear your swimsuit and bring a towel, sunscreen and aqua shoes or waterproof sandals. Water and soft drinks included.

Rosario Islands Tour



Approximately 6 hours • \$

Enjoy a scenic speedboat ride from Cartagena to the Rosario Islands, located 24 miles to the south of Cartagena and designated as a National Park. Your first stop will be at Isla del Sol for a welcome beverage and fresh fruit. Next, you will sightsee around the islands by boat and visit the local aquarium at Isla de San Martín. Enjoy the show with dolphins and sharks before lunch at Isla del Sol. Relax and enjoy the swimming pool and beach area.

Please note: Wear your swimsuit; bring a towel. Snorkel gear is provided.



Castries, St. Lucia



ADVENTURE TOURS

St. Lucia ATV Adventure



Approximately 3½ hours (1½-hour ride) • \$\$\$

Ride a 4-wheel-drive, two-person, fully automatic All Terrain Vehicle, designed for use on off-road terrain. After a 20-minute transfer, you will be outfitted with U.S.-standard helmets and safety goggles, and will receive instruction on how to operate the ATV safely. Your guide will lead you along designated tracks to explore untouched areas of St. Lucia, in the shadow of extinct La Sorciere volcano, including old-growth rain forest, a banana plantation and spectacular landscapes. During the tour, a drink and seasonal fruit will be served, and you'll stop for 30 minutes of swimming.

Please note: This tour is an adventurous outdoor experience, riding on rugged terrain, over undulating hills and fields. Each bike takes two people with a maximum of 400 pounds. Riders must be a minimum age of 16 years and a maximum age of 65 to drive. Guests between the ages of 12 and 16 or over 65 years must accompany another participant. Children under 12 are not allowed on this tour. Wear your swimsuit under your clothing if you wish to swim.

Horseback Riding Adventure



Approximately 3½ hours • \$\$

Only a 20-minute drive from the ship, your hosts will meet you at the stables where you will receive safety instructions, saddle up and head towards the secluded beach of Cas En Bas. You may have a chance to see wild donkeys or spot colorful tropical birds or even a frigate bird. Spend some time bathing your horse in the waters of the Atlantic. Ride on a beautiful open beach, where you

will rest for a short period before proceeding back to the stables.

Please note: Wear long pants and a hat; bring sunscreen.

Pigeon Island Hike & Swim



Approximately 3 hours • \$

Travel to Pigeon Island National Park—a 40-acre island joined to the mainland by a causeway. The island possesses remnants of 18th-century St. Lucia in its mysterious old forts and ruins, and century-old trees are scattered over sprawling lawns. Before commencing your hike, visit the Interpretation Center. As you stroll along the marked trails, dotted with historical sites and ruins, enjoy the spectacular views from 2,000 feet above sea level. En route back to Castries, stop at a restaurant for rum punch or juice. At Pigeon Island Beach, take a swim or relax on the beach.



SIGHTSEEING TOURS

Waterfall & Sugar Mill 4x4 Safari



Approximately 4 hours • \$

Set out for a 4x4 adventure through the city of Castries, past lush banana plantations to Anse-La-Raye village and waterfall, with a chance to cool off in the waters. Your drive continues back to Castries. En route, you can sample fresh coconuts and fruits, and stop at La Sikwi Sugar Mill to learn about the island's fascinating sugar history. Refreshments will be served along the way.

Please note: Wear your swimsuit under your clothing; bring a towel.

Northern Highlights & Beach



Approximately 3¼ - 4 hours • \$

Explore the lush tropical beauty of northern St. Lucia with a drive past Castries' vibrant and colorful local market and the Cathedral of the Immaculate Conception. Proceed to Morne Fortune and visit Caribelle Batik to watch this intricate handicraft. Passing banana plantations and lush vegetation, it's

on to Reduit Beach for a refreshing swim and time in the sun. A drink will be served at the Rex St. Lucian Hotel. Changing rooms are available.

Island Splendor Drive



Approximately 3 hours • \$

You'll drive through Castries, past the cathedral, to the Eudovic Art Studio. Browse and perhaps buy popular local woodwork and watch the intricate carving method, and talk to the sculptors about their work. Continue past the Cul de Sac and Roseau Banana Plantations to the tiny fishing village of Anse la Raye. This town has colorful dugout canoes and wooden houses. Your last stop is Marigot Bay, made famous by the films *Dr Doolittle* and *Fire Power*. A rum or fruit punch is provided.

Queen's Route



Approximately 4¼ hours • \$\$

Travel from Castries to Soufrière via Morne Fortune and along a ridge with breathtaking views. On the west coast, you'll pass through the fishing village of Anse la Raye, arriving at Sulphur Springs—the world's only "drive-in volcano," and stop to see the bubbling pools of ash and steam. Watch for two green, towering pinnacles—the famed Pitons—a botanical garden, waterfall and French baths. Finally, you'll stop for refreshments at the Soufrière Estate plantation house.

Mamiku Gardens



Approximately 4 hours • \$

A scenic one-hour drive will take you through banana plantations, country villages, mountains and rain forest to Mamiku Gardens. Stroll through the Mystic and Secret Gardens on your way to Grandpa's Old House and the Herb Garden. Rest and sample juices made from fruit grown on Mamiku Plantation, then climb Tamarind Hill for views of Praslin Bay and Fregate Islands. The plantation house dates back to the 18th century. Continue through a mini-rain forest to the Casse (small stream)

and back to the verandah for a rum punch and local snacks.

Please note: Wear comfortable walking shoes. Walking sticks are available as well as umbrellas for rain or shine.

St. Lucian Heritage



Approximately 6½ hours • \$\$\$

Experience St. Lucia's quaint ambience and cultural flair. Drive through Castries and past banana plantations and small villages to view the rugged Atlantic coastline. From Vieux Fort town, take the high road (somewhat winding and bumpy). The view from Moule a Chique takes your breath away! You will stop at the serene estate of Balembouche. Your charming hostess, Ute will greet you along with the sweet sounds of the *An ba Gorie Ban* from a violin, banjo, garter or other local instrument. Stroll through the gardens, and sip a rum punch or juice as Ute imparts the history of this famous property, then step inside the historic and enchanting estate house for lunch.



BOAT TOURS

Catamaran to Fond Doux Estate



Approximately 5 hours • \$\$

Board a custom-designed catamaran and sail down the west coast past beautiful Marigot Bay, then on to the deserted cove of Anse Cochon. The boat anchors to allow you an opportunity to swim in the crystal clear Caribbean waters. At Fond Doux Estate, step back in time and view cocoa, coffee and flame-of-the-forest trees. Experience the 16th-century Amerindian way of life in a reconstructed Arawak village with thatched houses. Watch the workers process manioc and sugar; visit an authentic copra oven, where coconuts are used to make copra. A refreshment is served in the Cocoa House before meeting the tenders at Soufrière jetty.

Please note: This tour begins in Castries and ends in Soufrière. The ship will sail to Soufrière to pick up guests on this tour.



Colón/Gatun, Panama



ADVENTURE TOURS

Gatun Locks & Kayak in the Canal



Approximately 3¼ hours • \$\$

Your adventure starts with a bus transfer to the Gatun Locks for an one-hour visit to the Panama Canal locks where you will be able to see the operation of this great marvel of modern engineering. Next you will find yourself paddling a kayak in the Panama Canal itself. Gear up on the bank, and away you go. You'll have approximately 1¼ hours to paddle through the islands in Gatun Lake. There are 1,368 species of vascular plants, 93 species of mammals and as many as 366 species of birds in this area.

Aerial Tram & Ecological Encounter



Approximately 4½ hours • \$\$

In the midst of the 55,000-acre Soberanía National Park, the Aerial Tram allows you to discover the secrets of the upper forest canopy. The Tram takes you from the shadowy forest floor through the understory and into the sun-drenched canopy. There, you will enjoy a bird's-eye view of a thousand hues of green, interspersed with the fluorescent exclamation points of flowering trees.



SIGHTSEEING TOURS

Emberá Indian Village



Approximately 3½ hours • \$\$

Along the banks of the Gatun Lake live many families of the Emberá Indians. One of these communities lives on Banana Island inside the Gatun Lake area at the Panama Canal. You have a once-in-a-lifetime opportunity to visit this wonderful tribe. Take a short bus transfer to the boat launch and board a dugout canoe for a brief ride to the Emberá Indian Village. Your time at the village will include observing native dance, learning about their lifestyle and a chance to purchase local crafts before returning to the ship.

Panama Canal Combination Tour



Approximately 5 - 5½ hours • \$\$\$

Combine a visit to the Emberá Indian Village with a close-up look at the Gatun Locks Visitor Center. Begin with a 30-45 minute ride through thick foliage on a traditional lake boat to the Emberá Village. Keep an eye out for the many types of birds that may be spotted near the village. At this re-creation of a native community, enjoy traditional music and dance, as well as learning about age-old crafts and folk art, with a chance to purchase some of the handmade items. The second part of your tour will be a visit to the Gatun Locks Visitor Center to see the workings of the Canal. Transportation is by coach and dugout-type outboard motorboat.

Panama City & the Casco Antiguo



Approximately 8 hours • \$\$

Panama City is located at the entrance of the Panama Canal and is a mix of modern and colonial architecture. It is a city with a story like no other. In 1513, Vasco Nuñez de Balboa was the first European to see the Pacific. Panama City, originally founded just six years later, was destroyed and replaced by the Casco Antiguo, or Colonial City, in 1673. This city has now been declared a

UNESCO World Heritage Site, and features exquisite French, Italian and Spanish architecture. Admire Saint Joseph's Church with its Golden Altar (rescued from Welshman Henry Morgan's attack on Old Panama), the Cathedral on Independence Plaza, and the recently opened Inter-oceanic Canal Museum. Nearby, you will find the National Theater and the French Plaza which boasts a great view of the modern city. Don't miss Las Bovedas—a beautiful walkway where the history of the French canal workers is engraved on the walls. Lunch will be served at a restaurant on one of Panama's most beautiful streets overlooking the bay.

Panama Railway



Approximately 4½ - 5 hours • \$\$\$ (dome car) / \$\$\$ (regular car)

Experience the Panama Canal and its living history as you travel the isthmus railroad through beautiful flora and past lovely Gatun Lake. The enormous vessels that transit the canal can be seen, and you'll pass through towns and villages named for the people who built of this "path between the seas." Watch for howler monkeys and toucans as you cross the Continental Divide from ocean to ocean in just an hour. You'll also see working locks and some of the old Canal Zone area that has now been returned to the people of Panama. At the station, board a bus for a trip out to the causeway that forms the entrance of the Panama Canal, with views of the city skyline.

Please note: You will travel one way by train and the other way by air-conditioned motor coach.

Portobelo Market Town & the Panama Canal



Approximately 5 hours • \$

Portobelo was a market town as well as a fortress which came to life during the Trading Fairs, which lasted from 40 to 60 days. After Pizarro began his plunder of Peru, the flood of gold that poured across the Isthmus was traded for goods from Spain and Europe, and the port filled with vessels. Portobelo became the emporium of the riches of the two worlds. British pirates such as William Parker, Sir Henry Morgan and Sir Francis Drake were regular visitors to this town. Admiral Edward Vernon of the British Navy was the last to attack Portobelo when he captured the town in 1739 and dismantled the fortress. Sir Francis Drake

died in Portobelo. Next, you will visit the Panama Canal, considered by many to be the 8th Wonder of the World. This engineering work of art was first conceived in 1534 by Charles I of Spain, when he ordered the first survey of a canal route through the Isthmus of Panama. A French team started the construction of the Canal but disease and financial problems defeated them. In 1903, Panama and United States of America signed a treaty by which the U.S. undertook the construction of the inter-oceanic canal, at the monumental cost of \$387 billion. It involved digging through the Continental Divide—now called Gaillard Cut in honor of the great engineer that headed this task. This great visionary also constructed the largest earth dam ever built at time, the most massive canal locks ever envisioned, and largest gates ever hung.



BOAT TOURS

The Canal Experience



Approximately 7 hours • \$\$\$

Experience the full wonder of the Panama Canal with a partial crossing of the canal by tour boat. Travel by ship's tender to the Gatun Yacht Club, where you will board air-conditioned transportation for the drive through the isthmus to Gamboa. Board a tour boat for a partial transit of the canal. Cruise Gatun Lake, once the largest man-made lake in the world, to the Gaillard Cut, where you cross the Continental Divide. Enter the Pedro Miguel Locks, which lower your vessel 28 feet on its way to the Pacific. Motor across Miraflores Lake to the Miraflores Locks, which lower your tour boat the final 56 feet, matching the level of the Pacific Ocean. Your cruise ends at the port of Balboa in Panama City, where you will board an air-conditioned motor coach for the return trip to the ship.

Please note: Tour duration varies. Canal transits are scheduled and controlled by the Panama Canal Authority. The return drive from Panama City to the ship is approximately 90 minutes.



Cozumel, Mexico



ADVENTURE TOURS

Chac Tun Caverns & Mayan Riviera Beach



Approximately 8 hours • \$\$

Cross the hidden natural savannah of the Yucatan peninsula to explore the Chac Tun Caverns. This hidden underground world is known by locals as “the rain coming through stones,” and is a sacred place for the Mayans. A mystical underground lake is surrounded by beautiful stalactites and stalagmites. This natural wonder provides many excellent photo opportunities, and you will be allowed time to swim in the underground lake. Continue on to beautiful Xpu-Ha Beach—perfect for a quiet, relaxing retreat. Swim, walk along the powdery beach, sunbath or just relax in the shade of an umbrella. A Mayan-style lunch is prepared and available to eat on the beach. Cold soft drinks and water are offered on the ride back to Playa del Carmen.

Please note: Times are approximate due to scheduling of tender. Wear your swimsuit and bring a towel. Due to time in port, this excursion is not available for guests of the ms Zaandam. Tour includes a 45-minute, each way, tender transfer between Playa del Carmen and Cozumel.

Rock Climbing



Approximately 3 hours • \$\$\$

Join a professional climbing guide for an exciting rock climbing adventure on five spectacular state of the art climbing towers that offer exceptional climbing for everyone from beginners to accomplished climbers. One of the towers is the highest outdoor climbing structure in Mexico, and is located in a beautiful ocean-side setting. Individualized attention from the professional guide staff ensures everyone has a great experience. From the top of the

climbs, you have panoramic views of aqua blue Caribbean waters and luxurious jungles stretching to the horizon. The tour begins with a 10-minute ride to the climbing area, located next to the beach. You will don rock climbing shoes, a harness and helmet. After a brief orientation, rope up and start climbing, while your friends and family take pictures and cheer you on. There are dozens of routes to choose from, many are very easy and some offer a substantial challenge. Each ends with a stunning aerial view of the beach and its pristine blue waters. Participants will also have the chance to try rappelling! Your safety and enjoyment are always the guide’s primary concern. This adventure is perfect for those looking for a first climbing experience, or for experienced climbers looking for a challenge!

Deep Sea Fishing



Approximately 5 hours • \$\$\$

Cozumel and its nutrient rich waters attract some of the best sportfishing in the Caribbean. Fisherman and their yachts arrive from all destinations to try their luck and skill at catching a big blue marlin, white marlin, or sailfish. Tuna, sierra, dorado, wahoo and barracuda are also commonly caught. Bring your enthusiasm and a little luck and leave the rest to your captain and crew to catch your prize. All billfish are catch-and-release. Guests are briefed prior to departure regarding sea conditions and chair rotation. All the boats are rigged with downriggers and outriggers and all lines will be rotated throughout the tour. Your half-day trip includes beverages (beer, soda or water), a snack, rods and reels, bait, tackle and ice. If you catch a fish, your crew will be happy to arrange a special “catch-of-the-day” lunch for you and your party.

Tropical Safari 4-Wheel-Drive Tour



Approximately 4½ hours • \$\$\$

Take the wheel of a four-person, four-wheel-drive vehicle, or you can ride as a passenger. Proceed to the east side of the island for endless stretches of white sandy beaches and breathtaking views. When the public road ends, you’ll veer north over bumpy roads into the vast low savannah area, with lush green vegetation, iguanas and tropical birds. At the small ruin of La Palma, your

guide explains the ancient Mayan culture. Continue to Xpalbarco Beach to enjoy 1½ hours of swimming, volleyball, walking or just relaxing in the shade. Lunch will be served at the beach camp.

Please note: Wear your swimsuit under your clothing. Bring a towel and sunscreen. Drivers must be 25 years or older, and carry a valid drivers license. Waiver release form must be signed. Not recommended for guests with back or neck problems, or pregnant women.

Mayan Frontier Horseback Riding



Approximately 4 hours • \$\$

Saddle up and travel back through time to the sacred lands of the Mayans. Discover the hidden tropical savannah of Cozumel on horseback. Your guide will instruct you on how to ride a horse and you will be assigned a horse that corresponds to your riding ability and experience. Ride around ruins that are more than 1,500 years old, view replicas of Mayan villages and remains of murals and idols. Finally, you will visit a ranch stocked with cattle, ponies, turkeys and native creatures. Then it's on to the cantina for a cold beverage.

Please note: Waiver release form must be signed. Not suitable for pregnant women or guests with back or neck problems. Minimum age is 12 years. Maximum weight is 220 lbs.

Coba Ruins Adventure



Approximately 8 hours • \$\$\$

Encounter Coba, the largest ruins of the Mayan culture with more than 3,500 sacred structures surrounded by four natural lakes—once commercial hub of the Mayan civilization. Your adventure begins with an air-conditioned, scenic drive to Coba. Your guide will escort you through this immense site and share the secret beliefs and lives of the Mayans. You will explore the tallest structures in the northern part of the Yucatan. These groupings include the Coba Group, the Paintings, the Macanxoc Group, the Crossword Pyramid and the Chumuc Mul Group. The major pyramids have been partially excavated, and the paths are lined with stelae and corbel arches.

Please note: A boxed lunch is included and is served en route. If time permits, there will be a restroom stop during the drive.

Chichen Itza By Motor Coach



Approximately 12 hours • \$\$\$

Explore the world famous Mayan ruins of Chichen Itza, traveling first by air-conditioned van. Your guide will escort you on foot through this legendary city which extends over six square miles and contains hundreds of structures throughout the area. Spending three hours at the site, you will see the Pyramid of Kulkulcan, the Mayan ball court, the mystical Cenote where human sacrifices were performed and the Temple of the Warriors. Also you will visit the Observatory where the Mayan priests accurately calculated celestial events from over a million-year span. Lunch will be served along the way.

Please note: Tour includes a 45-minute, each way, ferry transfer.

Mayan Ruins of Tulum



Approximately 7 - 8 hours • \$\$\$

This colorful excursion highlights the ancient world of Mexico. A ferry will take you to Playa del Carmen on the mainland, where you will drive to the Mayan city of Tulum—the only Mayan settlement built by the sea. Dedicated to the Setting Sun, Tulum is situated atop a cliff overlooking the Caribbean Sea. Admire the sophisticated architecture of this city dominated by sacred temples and the pyramid-shaped castle of El Castillo. From Playa del Carmen, you will take a ferry back to your ship in Cozumel.

Please note: Tour includes a 45-minute, each way, ferry transfer and requires rigorous walking over uneven terrain on loose gravel and dirt. Guests must negotiate a variety of obstacles including rocks, roots and climbing short stairways. There is a charge of \$5 - \$8 for using your video camera (based on the exchange rate of the day.)



SIGHTSEEING TOURS

Highlights of Cozumel & Folkloric Show



Approximately 4 hours • \$\$

Join an expedition into Cozumel's colorful past and charming present, beginning with the untamed beaches of Cozumel. Miles of virgin beach line your way to El Mirador—a lookout famous for its natural limestone formations. Glimpse low savannah and dense vegetation as you journey around the island. Enjoy a welcome drink at a popular nightclub and experience native music, romantic dance and exotic costumes from the states of Mexico. Stop in the heart of Cozumel for shopping and return to the ship on your own, or continue to the ship by bus.

Mexican Fiesta Folkloric Show



Approximately 2½ - 3 hours • \$

Enjoy an imaginary voyage through Mexico's diverse regions through special folkloric dances that include multi-colored costumes, the sounds of the classical Mexican *mariachis* and the traditional *Marimba*. You will "visit" the states of Mexico, cheerful Vera Cruz, and "soul state" of Jalisco. Round trip transportation is by taxi. One domestic drink, tips and taxes are included.



AQUATIC TOURS

Dolphin Encounter



Approximately 3 hours • \$\$\$
(30 minutes on platform with dolphins)

You don't need to be a swimmer in order to enjoy this experience. A taxi transfer brings you to Chankanaab Park, for a short orientation about interacting with the dolphins. Fitted with a life vest, you will be stand waist deep in water on the platform and participate in a "hands-on" experience with the dolphins. Give them a kiss, hug, or even hold a dolphin in your arms. Following

your encounter, you will have free time to shower, change, and explore what Chankanaab has to offer. A taxi returns you to the ship.

Please note: Snorkel equipment is provided. Wear your swimsuit under your clothing and bring a hat, towel and sunscreen. This is NOT a swim-with-the-dolphins experience.

Beachside Snorkel Tour



Approximately 2½ - 3 hours • \$

A short distance from the ship is a lovely beach where a dive master will fit you with mask, fins, snorkel, and life vest. After personalized instruction, you're ready for an escorted adventure snorkeling over vibrant coral formations in crystalline waters. Snorkeling from the beach is a fine introduction to the sport!

Please note: Snorkel equipment and instruction are provided. Wear your swimsuit and bring a towel. Waiver release form must be signed.

Dune Buggy & Beach Snorkel Combination



Approximately 4 hours • \$\$\$

Drive a modern dune buggy, snorkel crystal waters and relax on an amazing beach. Begin by traveling around the island in a customized, manual transmission dune buggy, visiting Cozumel's most beautiful and rugged areas. Your first stop will be at one of the most incredible reefs on the island to enjoy the variety of sea life and colorful coral formations during a guided snorkel tour. Then, jump back into your dune buggy and head towards the other side of the island to the natural rock formations known by locals as El Mirador. After a brief stop, it's time to continue the caravan to a lovely secluded beach. You will have time to relax in the shade of an umbrella, walk along the white sands, or play games in the sun. A snack lunch will be provided. Leaving the beach, you will head back to town on the west coast of the island. End your tour with time to shop in Cozumel. Afterwards, you may either walk into downtown or return by taxi (not included) to your ship.

Please note: Minimum age is 21 years with valid US driver's license for guests who wish to drive. Dune buggies have manual transmission. For other nationalities, age requirement may depend on each country's laws. Minimum age to snorkel is 8 years. Wear

light clothing, comfortable walking shoes, and your swimsuit under your clothes. Bring a towel and sunscreen. Not suitable for physically challenged guests or for pregnant women.

Discover Scuba



Approximately 2½ - 3 hours (30-minute dive) • \$\$

You could be SCUBA diving in warm and amazingly clear, shallow water! This tour is designed for the non-certified diver who has never been diving and wants to discover scuba. A team of PADI instructors are dedicated to taking you step by step through an introductory course that will teach you how to breathe and swim freely underwater! After approximately 45 minutes of underwater instruction and orientation, you will be ready to gear up in full scuba and enter the water directly from the beach. The student-to-instructor ratio is 4:1, allowing the instructor to give you individual attention throughout the course and dive. A few minutes are spent in waist-deep water getting used to this new feeling of breathing underwater. And then you're ready to go diving. The instructor is with you at all times, guiding you and exploring this new breathtaking world of fish and coral in a fantasy of shapes and colors. The dive site reaches a maximum depth of 25 feet, home to schools of sergeant majors, pairing angelfish, and lobsters. The diving equipment is new and top-of-the-line. It is selected carefully by the instructor to accommodate optimal fit and comfort. Cozumel, with its warm and exceptionally clear waters, offers an outstanding opportunity for guests to make their first dive a remarkable experience.

Please note: Minimum age is 12 years. All equipment and transportation are provided. Certain medical requirements must be met in order to participate on this tour. Completion of a medical questionnaire, which is administered by the tour operator, is required for participation in this tour. Wear your swimsuit and bring a towel.

Certified Two-Tank Scuba Diving



Approximately 4 - 4½ hours • \$\$

Scuba divers can spend four hours of magnificent fun diving Cozumel's spectacular reefs. Your tour departs from the cruise

ship pier and you will be escorted to a waiting dive boat that holds between 12 and 24 passengers. Once aboard, PADI-certified/insured, bilingual dive masters introduce themselves and the crew before assisting guests in setting up their diving gear. Approaching the first dive site, world-famous Palancar Reef (70 to 80 feet), the dive masters divide divers into smaller groups (eight divers to one divemaster) according to divers' levels of experience, and each group receives a thorough briefing about the dive plan, points of interest, and safety tips before descending to the reef. Back on board, enjoy purified drinking water as you move on to the next dive site at one of the shallower reefs (50 to 60 feet). The selection of this site is the "captain's choice." He will find the best location and best conditions for this dive.

Please note: The dive boat is manufactured in the US to meet US Coast Guard regulations. Certain medical requirements must be met in order to participate on this tour. Completion of a medical questionnaire, which is administered by the tour operator, is required for participation in this tour. Minimum age is 12 years. Waiver release form must be signed. Bring your C-card. Tour may be purchased with or without equipment. Cost to rent a wetsuit is us\$10. Wear your swimsuit and bring a towel. Participants must have been diving in the last two years or a refresher course (Discover Scuba) is required.

SNUBA Diving



Approximately 2 hours • \$\$

Are you ready to take the next step beyond snorkeling, but not sure about scuba diving? "SNUBA" is a combination of snorkeling and scuba diving, and introduces you to the amazing underwater world without cumbersome equipment. It's fun, safe and easy. After instruction, a divemaster will take you into shallow water to try out your skills and build your confidence. Proceed out to deeper water (15-18 feet) to see marine life and brilliant coral formations. Spend approximately 20 - 30 minutes "SNUBA diving."

Please note: Minimum age is 8 years old. Completion of a medical questionnaire is required for participation in this tour.

Snorkel at Chankanaab National Park



Approximately 2½ hours • \$

This snorkel tour is perfect for the adventurer looking for some beach time and unlimited snorkeling at the famous Chankanaab National Park! Chankanaab has something for everyone and is perfect for a family or large group. The water depth varies from a mere 2 to 25 feet. You'll be able to progress to the deeper waters at your own pace. Your guide will greet you and escort you to a taxi for a 10-minute ride to Chankanaab National Park. There, you'll meet the staff of PADI-certified/insured, bilingual dive masters who will brief you on the coral reef, safety procedures, and snorkel equipment. Personalized instruction is available. You will have unlimited time to enjoy the beach, bask in the sun, and explore the undersea world. Freshwater showers, a restaurant/snack bar and rest rooms are available on the beach. Underwater cameras, sunscreen, and t-shirts can be purchased at the beach and a secured location for belongings is available. The staff will coordinate your return transportation back to the ship for you.

Please note: Minimum age is 8 years. All equipment and transportation are provided. Certain medical requirements must be met in order to participate. Completion of a medical questionnaire, which is administered by the tour operator, is required for participation in this tour. Wear your swimsuit and bring a towel.

Power Snorkel By Scooter



Approximately 2 hours • \$\$

Experience the future of high-tech snorkeling on this ultra modern tour as you become an underwater adventurer, cruising over the coral reef and exploring the natural wonders with a motorized scooter. To make sure you don't miss any of our underwater treasures you will also be equipped with a state-of-the-art radio snorkel, and a live broadcast transmitted from shore will alert you of any sightings. Power snorkeling allows you to enter the amazing underwater world with ease and confidence, regardless of your swimming experience, fitness or prior snorkeling experience. After a thorough safety and orientation briefing, you'll be able to man your own motorized scooter and glide across the water faster than you can swim! This snorkel tour is

for the adventurous and a level of comfort in the water is recommended. PADI-certified snorkel guides will lead you in small groups through the diverse flora and fauna found in the beautiful Caribbean. After your power snorkel, you'll have free time to enjoy the beach or normal snorkeling before returning to your ship. The beach facility's amenities including bathrooms, changing areas and freshwater showers. There is also a full service restaurant at the location and a safe place to store belongings.

Please note: Minimum age is 12 years. Guests are welcome to stay and enjoy the beach and all its attractions. Return transportation will be provided. Waiver release form must be signed.

Peek, Paddle & Snorkel



Approximately 3 hours • \$\$

Come see the Caribbean from a totally unique view—gliding over a coral reef in a transparent kayak. At a luxury resort, you will listen to a detailed safety briefing, then you'll paddle with your guide out in the crystal clear waters of the Caribbean. Bright tropical fish swim through the incredible coral reef right beneath you. Your expert guide will lead you over the most beautiful parts of the reef where the sea life abounds with colors galore. Return to the beautiful white sandy beach to relax in the shade, soak up the sun, or swim in the pool, with a chance to revisit the reef with full snorkel gear. Enjoy a complimentary drink from the bar, and when the time's up, return to your ship or stay a little longer and return to the ship on your own by taxi.

Please note: Minimum age is 8 years.



BOAT TOURS

Catamaran Sail & Beach Party



Approximately 3½ hours • \$\$

The fun begins while sailing to the reef aboard a state-of-the-art catamaran. The crew serves refreshments and provides instruction on the use of your snorkel equipment. Step into crystal blue water to discover the underwater world of the Caribbean. Continue to a beautiful white sand beach to relax in a hammock

or sunbathe. Water sports include kayaks, beach floats and volleyball. Enjoy unlimited cold beer, zesty margaritas or soft drinks.

Please note: Wear your swimsuit and bring a towel.

Atlantis Submarine Expedition



Approximately 2¼ hours • \$\$
(40-minute dive time)

Your dive adventure begins aboard the transfer ferry that will take you on a 15-minute cruise along Cozumel's west coast. Upon arrival at the dive site, then board a real US Coast Guard-certified submarine and cruise the ocean floor at the island's famous and unique attraction of Chankanaab Reef—an environmentally protected marine park. Through large windows, marvel at the huge variety of tropical fish and magnificent 30-foot coral heads. An experienced co-pilot will be happy to answer your questions. After the 40-minute dive, you will be met by the transfer ferry that will return you to the cruise ship pier. 400-1000 ISO film speed is recommended for photography on the sub (no flash).

Please note: Minimum age is 4 years. Minimum height is 36 inches. To board the submarine, you must climb backwards down a step ladder.

Hideaway Beach Escape By Boat



Approximately 4 hours • \$\$\$

Thrillseekers, get behind the wheel of a speedboat as you head through the waves of Cozumel's north side. Your adventure begins with a short ride to a local beach; you are given safety equipment and orientation of your boat and then it's time to take the wheel. You'll pass by virgin beaches and hidden lagoons, encircled by tropical mangroves. Then you drive your boat up to a secluded beach, where sugar-white sand and crystal clear waters call to you. Enjoy a Mexican grilled buffet with local hospitality. Bask in the sun, swim in the ocean or explore the grounds of this isolated getaway. You may want to join in a friendly game of beach volleyball after lunch or relax under the shade of a beach umbrella on Hideaway Beach. Finally, it's time to get back in your boat for the return to the local beach and the ship.

Please note: Minimum age is 6 years.



Fort-de-France, Martinique



SIGHTSEEING TOURS

Fort-de-France Historic Walking Tour



Approximately 1½ hours • \$

Get to know the capital of Martinique on this delightful walking tour. You will be met by your English-speaking guide at the pier. Walk through bustling, narrow city streets learning about the city's rich history, architecture and tropical plants. Some of the highlights include Savannah Gardens, the War Memorial, the Empress Josephine Statue and the Saint Louis Cathedral. Mineral water or a local juice sample will be served at one of the stops. At the end of the tour, you will be left on your own in town to shop or explore. You are required to obtain your own transportation back to the ship. Taxis are plentiful and readily available.

Please note: This tour is NOT recommended for guests with physical limitations. The shops in town are closed on Sundays and holidays.

Martinique Scenic Drive



Approximately 4 hours • \$\$

Travel one hour to the east coast of the island, stopping at an estate to watch how bananas are processed and packaged for export. In the former Master House museum, discover the banana's "life cycle," from the field to your table. Take a relaxing stroll amid various banana plants and tropical flowers. The Rum Distillery Museum is set in a beautiful old Creole house and shows the development of the cane industry since 1654. Taste Martinique Punch, made with whatever rum suits your palate. Don't miss the old mills and the steam engines and locomotives.

St. Pierre & Botanical Garden



Approximately 4 hours • \$\$

Depart Fort-de-France by bus for Balata Church, a miniature replica of the Sacred Heart Basilica of Montmartre in Paris, for a view of the city and its bay. Proceed to the Botanical Garden of Balata—the result of 20 years of flower and plant collecting by its owner. You will discover a multitude of plants and flowers harmoniously placed throughout the grounds. Next, at the foot of the volcano Mt. Pelée, you will see the village of Morne Rouge—totally destroyed during a 1902 eruption. Leaving Morne Rouge, your next destination is the historic town of St. Pierre, also completely destroyed by Mt. Pelée's eruption. Visit the interesting volcanological museum, then you will pass through the fishing village of Le Carbet, where Christopher Columbus landed in 1502 and Paul Gauguin once lived and painted.



AQUATIC TOURS

Snorkel Martinique



Approximately 3 hours • \$\$

Enjoy snorkeling in the beautiful waters of Martinique! You will be picked up near the ship's berth and taken on a motorized boat ride across the bay to a snorkeling site. The boat has an easy access stairway into the water and a canopy area for shade. Warm, clear water and a profusion of fascinating sealife, fish, coral and vegetation make for an excellent day exploring beneath the surface of the Caribbean.

Please note: Snorkel equipment is included. Guests who suffer from asthma or epilepsy are advised not to participate in this tour. Wear your swimsuit; bring a towel and sunscreen.



BOAT TOURS

Martinique By Land & Sea



Approximately 4 hours • \$\$

A boat ride of approximately 1¼ hours takes you along the West Coast to St. Pierre, passing several small fishing villages. St. Pierre is the town that was destroyed by a volcano in 1902, killing 30,000 people. Next you will travel by coach, on a short drive with a stop at a mini-replica of the Sacred Heart Basilica of Montmartre in Paris with a panoramic view of the city and its bay. Finally, you'll take a tram to the volcanology museum. After a short visit to the museum, join the motor coach to meet the boat for your return to Fort-de-France.

Please note: This tour may operate in reverse order.



Fort Lauderdale, Florida

Guests participating in these shore excursions will be among the first to disembark the ship. Board the tour bus with your luggage, as all tours will proceed directly to the airport upon conclusion. Transportation to the airport is included in the tour price listed. These tours can only be booked on board.

Transfer to Ft Lauderdale or Miami Airport

\$ Ft Lauderdale Airport • \$ Miami Airport

Available to guests who are not participating in Holland America's "Fly Cruise Plan" and do not have a prepaid voucher in their travel documents. Direct motor coach transportation from the ship to the airport upon the conclusion of your voyage.

Ft Lauderdale City Sights & Airport Transfer



Approximately 3½ - 4 hours • Available May - October only

Transferring to Ft Lauderdale Airport (flights after 2:30pm only):

With/without prepaid transfer voucher – \$\$

Transferring to Miami Airport (flights after 4:00pm only):

With/without prepaid transfer voucher – \$\$

Guests who are returning to the ship – \$

Drive through Port Everglades and turn past the striking bronze sailfish fountain of the Broward Convention Center as you cross the Intracoastal Waterway. View famous Fort Lauderdale Beach and the Bahia Mar Yacht Basin en route to Las Olas Boulevard—the Rodeo Drive of Fort Lauderdale. Discover the inland waterways, luxury homes and mega yachts of the "Venice of America." You will see the Riverside Hotel and Stranahan House, the oldest structure in the city. Head towards the downtown financial district, with its many award-winning buildings, You will also see the Broward Center for the Performing Arts and the Museum of Discovery and Science. Leaving the bus, you will follow your guide on a stroll along the New River, past Al Capone's former residence, to the new Riverfront complex, a 50-million-dollar complex of plazas, fountains and planted areas, interspersed with an unusual assortment of shops and restaurants. There will be a little free time to browse or shop before heading to the airport.

Land & Sea Excursion & Airport Transfer



Approximately 4 - 4½ hours • Available November - April only

Transferring to Ft Lauderdale Airport (flights after 2:30pm only):

With/without prepaid transfer voucher – \$\$

Transferring to Miami Airport (flights after 4:00pm only):

With/without prepaid transfer voucher – \$\$

Guests who are returning to the ship – \$

Experience the highlights of Fort Lauderdale, including the Arts & Sciences District, and the Riverwalk and Las Olas Boulevard, with its boutiques, cafes, and galleries. Then, you will board a double-decker yacht or paddlewheeler-style boat for a 90-minute journey down the New River, out into the Intracoastal Waterway to Port Everglades. Pass by the historic Stranahan House, luxury homes, mega-yachts and sailboats, Navy ships and submarines, and Burt Reynolds' restaurant. See why the city is known as the "Venice of America." Bring your camera and sunscreen for the upper deck! Reboard your coach and transfer to the airport.

Everglades Airboat Ride & Airport Transfer



Approximately 4 - 4½ hours

Transferring to Ft Lauderdale Airport (flights after 2:30pm only):

With/without prepaid transfer voucher – \$

Transferring to Miami Airport (flights after 4:00pm only):

With/without prepaid transfer voucher – \$\$

Guests who are returning to the ship – \$

The Everglades is an expanse of swampland known for natural beauty and abundant wildlife. Your tour includes a ½-hour "airboat" ride into this vast wilderness. Birds, fish and other animals inhabit this curious corner of the country. Tour an authentic Seminole Indian village, and during a narrated tour of the reptile exhibit, you'll have a chance to hold a notorious Everglades alligator, or pet a Florida panther during the interactive wildlife show.



George Town, Grand Cayman



ADVENTURE TOURS

Cayman Wetlands Kayak Safari



Approximately 3 hours • \$\$

After a safety briefing and familiarization with a two-person, stable kayak in a shallow, protected area, you will explore the tranquil beauty of the Caymans sensitive, interdependent coastal environment by kayak, viewing inlets, bird-nesting areas, seagrass, and mangrove swamps. You'll be on the water for about two hours but do not have to paddle the whole time. New and experienced kayakers welcome! There's a chance to take a refreshing swim and snorkel equipment is available at no extra charge.

Please note: Life vests are provided and must be worn. Bring sunscreen, sunglasses and a hat. Restrooms available at the start and end of tour. Water and snacks provided. Participants must be in good physical condition and fair swimmers. Minimum age is 8 years.



SIGHTSEEING TOURS

Butterfly Farm Express



Approximately 1 hour • \$

Experience a magical encounter with some of nature's most beautiful creatures. Bring your camera and plenty of film! You will be met on the pier by a friendly staff member who will escort you to a waiting shuttle bus for the short trip to the mystical world of butterflies at the Butterfly Farm. Step into the tropical garden filled with butterflies from around the world.

Stroll among the manicured gardens, ponds and waterfalls among spectacular tropical flowers and over 1,000 colorful butterflies. You will be surrounded by a myriad of colors as your guide explains the fascinating habits of butterflies, their life cycle and the miracle of metamorphosis. There will be free time to revisit your favorite areas of the complex or relax on the spacious, covered porch. When it's time to leave the shuttle bus will return you to downtown George Town with plenty of time for shopping or an afternoon shore excursion.

Highlights of Grand Cayman



Approximately 2 hours • \$

Explore Grand Cayman, where Christopher Columbus landed in 1503. Your visit includes the Conch Shell House, the Governor's Residence, the Old Cayman Homestead and the Turtle Farm. You will also make a stop in Hell, named for the famous black jagged rock formation nearby. Visit the world-renowned Tortuga rum factory to sample some of the finest rum cakes in the world.

Please note: It is against U.S. Customs regulations to bring turtle products into the USA, even though they are for sale at the farm.

The Trolley Roger



Approximately 1 hour • \$

Grand Cayman's rich history and folklore of pirates and hidden loot awaits you on the one and only Trolley Roger. Permission to come aboard mateys, and bring yer wee ones too for a swash-buckling tour of George Town, Grand Cayman. Your expert guide relates the entertaining history of the island and its colorful past. This unique open-air trolley will take you past many of the 600 banks adjacent to some of the oldest buildings in Grand Cayman, the central park area and the statue of National Hero, Jim Bodden. You will pass through the beautiful residential area of South Sound, where you will see the intricate decoration of old-time Caymanian houses nestled amongst a myriad of tropical Caribbean flowers and trees. After a short stop at a favorite local beach, the journey continues along the scenic coastal road towards Hog Sty Bay and the harbor area, passing McCoy's Villa with chance to take a photo of this immaculately restored house.

The tour ends in the center of George Town, where you can pick up some treasures of your own at the shops or return to the nearby cruise ship terminal.

Please note: This is an open-air trolley pulled behind a vehicle. Guests should dress accordingly on windy, rainy or cooler days. There is a considerable walk from the terminal to the bus terminal. Guests in wheelchairs must be able to step up and down from trolley. Wheelchairs must fold up and fit in back of the vehicle.

Butterflies & Beach



Approximately 1 hour • \$

Your adventure begins as you board a waiting bus near the pier for your journey to Grand Cayman's unforgettable Butterfly Farm. Prepare yourself for an encounter with some of nature's most colorful creatures as you make your way out of the downtown area. Upon arrival, your guide will introduce you to this tropical garden teeming with butterflies from around the world. Experience a myriad of colors amid the lush local flora, as your expert guide explains the fascinating habits of these beautiful creatures as well as the miracle of metamorphosis. After enjoying the wonder of the butterfly world, it's time to enjoy another of nature's wonders—the powder white sand and crystal blue waters of Seven Mile Beach. Enjoy a complimentary welcome drink (non-alcoholic) upon arrival at Grand Cayman's newest beach destination, Sea Grape Beach, located on world famous Seven Mile Beach. Relax on your own personal lounge with an umbrella, take a dip in the refreshing Caribbean waters or visit the bar and grill for some local specialties.

Thriller Sea & Sand Adventure



Approximately 2¾ hours • \$\$

Get ready for the ride of your life as you board the Grand Cayman Thriller Boat! Feel the power of the engines as this off-shore racing boat pulls away from the dock and accelerates toward a day of fun in the sun. You'll fly across the water at speeds of 50-60 mph as you journey south, taking in the beautiful shoreline of Grand Cayman. You'll then race to the Northwest point past the turtle farm before slowing down for a

short stop at Grand Cayman's newest beach destination, Sea Grape Beach, on Seven Mile Beach. Step down onto the powder-white sand and relax in a beach chair for a little over an hour. Walk the beach, play in the crystal-clear Caribbean waters, or try a cold drink at the bar. The time is your to enjoy and soon you'll board the thriller for a heart-pounding ride back to George Town Harbour to enjoy the rest of your day in Grand Cayman.

AQUATIC TOURS

Stingray City & Island Drive



Approximately 4½ hours • \$\$

Begin your tour with an overview island drive, which will include such sights and attractions as Seven Mile Beach, Cayman Island Turtle Farm, the rock formations of "Hell" and a stop at a local rum center. You will be taken to the marina to board a covered boat for a trip to Stingray City. Snorkel equipment and life vests will be issued, along with instructions on snorkeling and precautions in feeding the stingrays. Snorkel in four-foot deep water to meet, feed, feel and film the beautiful stingrays!

Please note: Wear your swimsuit. Bring a towel and camera.

Stingray Observatory & Island Drive



Approximately 2½ - 3 hours • \$\$

This great land and sea tour combination includes the Cayman Turtle Farm, Hell and world-renowned Stingray City, which you can visit without getting wet. During the land tour you see Grand Cayman landmarks starting with a trip to the jagged rock formations of Hell, from where you may send a postcard to friends and family! Next is a visit to the Cayman Turtle Farm, the only commercial sea turtle nursery in the world. At Stingray City, you will observe the graceful southern stingrays in their natural habitat as a diver feeds and interacts with them. On your return bus ride, you will drive past Seven-Mile Beach where crystal blue waters meet sparkling white sands. Watch for Government House, where the Governor resides.

Stingray City Sandbar Experience



Approximately 2½ hours • \$

National Geographic describes this as “one of the most rewarding experiences in the Underwater World.” At the inland lagoon of North Sound, board a covered boat for a 30-minute cruise to Stingray City. Divers will hand-feed the rays to bring them closer to the boat. Pet the stingrays in only four feet of water at the sand bar. Certified instructors assist during the optional snorkeling time. Time spent with the stingrays is approximately one hour. Snorkel equipment is provided (no fins permitted).

Please note: Wear your swimsuit and bring a towel.

Captain Nemo's Snorkel Safari



Approximately 1¼ hours • \$\$

Enjoy the best of two kinds of undersea viewing! This tour is ideal for all the family, snorkelers and non-snorkelers alike. After a short bus transfer, you'll board the *Nautilus*, the largest, most luxurious semi-submarine in the world. A fully narrated tour tells you the history and mystery of the ghostly shipwreck, the *Cali*. Then it's on to the spectacular, colorful Cheeseburger Reef, where divers will hand-feed the fish at your window. Now it's your turn! Snorkeling from the spacious deck of the *Nautilus*, you can expect to see a huge variety of tropical fish, including stingrays, parrotfish, sergeant majors, tarpon and angelfish. Feed them if you wish and have them literally eating out of your hand! Non-snorkelers can watch the action from above or below the water. Snorkeling equipment, safety vest, professional instruction, supervision, ice water and transportation are all included.

Please note: Snorkeling time is approximately 40 minutes.

Snuba Adventure



Approximately 2 hours • \$\$

Are you ready to try something new? Snuba is a combination of snorkeling and scuba diving, it is a way to explore the under water world without the cumbersome equipment required for Scuba diving and without the surface limitations associated with snorkeling. After a 15-minute instructional orientation, you will

test your skills in shallow waters before proceeding 15 to 18 feet below the surface. Your dive will be approximately 20 to 30 minutes in length, allowing you to explore some of the brilliant coral formations and interesting schools of fish not viewable from the surface.

Please note: Minimum age is 12 years.

Two-Tank Certified Scuba Diving



Approximately 4 hours • \$\$\$

Grand Cayman is a paradise for divers with translucent waters and dazzling marine life. Dive today from a luxury dive boat. The first of the tank dive is usually on the famous “west wall,” to an average depth of 70 feet. The wall features many crevices and overhangs teeming with hard corals, colorful sponges and beautiful gorgonians. After the appropriate surface interval, the second site will be on one of Cayman's coral reefs or ship wrecks. These shallow dive sites attract a colorful and diverse collection of fish and other marine life. Professional instructors will be available at all times. For the underwater photographer, the boat is camera-friendly with fresh water rinse tanks. Minimum age is 15 years.

Please note: Wear your swimsuit; bring a towel. Bring your C-card. Scuba equipment is provided. Waiver release form must be signed. Drinking water is provided and coolers are available for those who bring their own refreshments. Freshwater showers are available.

Discover Scuba Diving



Approximately 3 hours • \$\$\$

This program is designed as an introduction to the sport of scuba diving. You'll start off with a brief lecture followed by time in the pool getting familiar with the dive equipment for approximately 1½ hours. Then, once everyone is comfortable, make your way out of the pool and straight into the Caribbean Sea for a guided Scuba dive over Casuarina Reef Marine Park. While experiencing the sensation of weightlessness in the underwater world, expect to encounter some amazing tropical fish, corals and creatures such as sergeant majors, angelfish, parrot fish, damsels, trumpet fish—maybe even a lobster or an eel! The dive lasts approximately 30-45 minutes.

Please note: Completion of a medical form is required. Guests

with any known medical conditions must have a doctor's note to participate. Minimum age is 12 years.



BOAT TOURS

Reef & Wreck Snorkel By Boat



Approximately 2 hours • \$

Step aboard a snorkeling boat for an adventure to view life under the sea. Snorkel at the wreck of the *Cali*—an artificial reef created to demonstrate how coral and other marine life develop and interact in a small colony. An additional site will reveal the differences between a man-made reef and a natural coral garden. Snorkeling instructors accompany the boatside snorkeling throughout the trip—an excellent trip for both beginners and experienced snorkelers.

Please note: Minimum age is 7 years.

Kirk's Glass-Bottom Boat



Approximately 1 hour • \$

Welcome aboard the *Reef Roamer*—a glass-bottom boat! View the beautiful, exciting underwater world of Grand Cayman, where the reefs abound with awesome shipwrecks, tropical fish, sponges and vivid coral. Take in a panoramic view of the famous Seven Mile Beach and the ever-changing colors of the ocean.

Atlantis Submarine Grand Cayman



Approximately 1½ hours • \$\$
(45-minute dive)

On board the state-of-the-art, air-conditioned, 48-passenger *Atlantis XI* submarine, you'll embark on a breathtaking voyage to explore the beautiful sponges, intricate corals and exotic tropical fish within a few feet of your large viewport. The submarine cabin maintains sea level pressure (easy on the ears). A space-age adventure under the sea! 400-1000 ISO film speed is recommended for photography on the sub (no flash).

Please note: Those concerned about safety should note that the

Atlantis is naturally buoyant; if there are any systems problems, the submarine will simply rise to the surface. Children less than three feet tall are not permitted. In order to enter the submarine, you must climb backwards down a short step ladder.

Land & Sea Combination



Approximately 3½ hours • \$\$

Explore the marine paradise of Cheeseburger Reef and the ghostly shipwrecks of the *Cali* and *Balboa* on board a semi-submarine. An expert narrator and fish-feeding divers make it a true adventure! Then, step aboard a bus for a tour past the Governor's residence located on Seven Mile Beach. Visit the world's only green sea turtle farm and pick up a turtle for a photograph. Next is a visit to "Hell," named for its unusual rock formations. Along the way, one of the island's rum-cake centers provides a sample of this island delicacy. Return to the cruise ship landing, where you are within walking distance of the downtown shops.

Nautilus One Semi-Submersible



Approximately 1¼ hours • \$

After a short bus transfer, you will board the Nautilus semi-sub for an exciting undersea tour, gliding gracefully through Cayman's tropical waters, but never completely submerged in a spacious, air-conditioned underwater observatory. A marine expert tells you the history of the ghostly *Cali* and *Balboa* shipwrecks. At Cheeseburger Reef a diver hand-feeds the fish at your window.



Grand Turk, Turks & Caicos



ADVENTURE TOURS

Grand Turk Bike, Hike & Swim



Approximately 3½ hours • \$\$

Join an exhilarating adventure as you tour this small island with a large history by bike! You will navigate towards town, making your way to the Salt Pans. In this area you will stop to learn more about Grand Turk's salt-raking past. You will then make your way to the northwest end of the island with fantastic east and west coast views. You will stop at an area to look for flamingos, and learn about their migratory habits. Then you're off again, headed south. This will be your longest pedal towards your next stop, Madison Point. Here, you will park your bike and hike along an area rich with mangroves and many varieties of birds. As you hike your guide will point out and provide interesting information on the many plants important to the eco-system. Your hike ends at beautiful Madison Beach where you can take a dip in the cool, clear water. You will then hike back to the trail starting point where you will ride your bike back to the terminal.

Horseback Ride & Swim



Approximately 2¼ hours • \$\$

Depart the pier in air-conditioned comfort for a scenic 20-minute bus ride along the coast and across the island, passing Governor's Beach, the local airport and one of Grand Turk's natural salinas that has restored to show visitors how salt is obtained in its natural form. Salt was once Grand Turk's main source of income. Drive past charming Cockburn Town—the administrative and political capital of the Turks & Caicos Islands, before reaching the Grand Turk Indigenous Horse Shelter where your tour begins. Once on your horse, you will go for a leisurely walk along the beach, enjoying the views of the crystal clear

Atlantic Ocean. Learn about the history of the catchment area that can be seen in the distance. The guide will then unsaddle your horse in preparation for a swim. You then remount your horse, with a halter and enter the ocean for a horseback swim. Afterwards, take a shower and relax before being transferred back to the ship. On the return journey, enjoy the view of the North Creek—the only hurricane shelter for yachts traveling between Nassau and Puerto Rico. If you are lucky you may catch a glimpse of the famous, endangered pink flamingos as they bask in the sun in the many salinas on the island.

Please note: Bring a towel, swimsuit and camera.

Dune Buggy Safari



Approximately 2 hours • \$\$

If you are adventurous at heart, climb behind the wheel of a purpose-built, tubular frame sand dune buggy, used especially for traveling on the vast sand dunes of the Ica deserts of Peru. Head off down the narrow tracks that skirt the beach and rocky coastline to the south-east side of the island. Stop at one of the many breathtaking white sand beaches where you can view Gibb's Cay and a few other uninhabited islands that are visible in the Atlantic Ocean. Get back into your buggy for the drive to Governor's Beach where you can glimpse Grand Turk's nine-hole golf course which is actually situated on the Governor's residential grounds. View the crystal clear waters and the Freighters' Dock—the only cargo port on the island—then you will see John Glenn's capsule located at the entrance to the international airport. Pass the many salinas that were used to obtain salt in its natural form during the salt industry heyday on your way to the charming little city of Cockburn Town—the administrative and political capital of the Turks & Caicos. After a quick look of the capital you will make your way to North Wells in search of a glimpse of the famous, endangered pink flamingos that can be seen foraging through the silty bottom of the salina ponds in search of brine shrimp and other crustaceans. Enter North Wells by way of a narrow sand track where tour buses dare not venture on your way around the island, pass the North Creek (a ships' haven during a hurricane) to the northernmost tip of the island. Back in your buggy, journey along the east coast back to the cruise ship pier.

Please note: Bring a towel, swimsuit, camera and aqua shoes.

4x4 Safari



Approximately 2 hours • \$\$

Experience the natural history and cultural heritage of Grand Turk in a safari-themed 4x4 vehicle. Learn about Grand Turk's rich history and culture, as it was reputed to be the place where Christopher Columbus made his first landfall in the West Indies. Drive to Governor's Beach and past the Freighters Dock cargo port before heading into the nation's capital city, Cockburn Town. Travel through the town along historic Pond Street, enjoying the views of the ruins of the old salina. Hear how salt was derived through natural process of "solarization" and observe the windmills that were used to funnel natural sea water from one salina to another. Near the town center, your guide will escort you on a 15-minute leisurely walk down quaint Front Street lined with turn of the century Bermuda-style architecture. Next you will travel off the beaten path to North Wells in search of a glimpse of the famous, endangered pink flamingos that can be seen foraging through the silty bottom of the salina ponds in search of brine shrimp and other crustaceans. Enter North Wells by way of a narrow sand track where tour buses dare not venture on your way around the island, past the North Creek (a ships' haven during a hurricane) and the St. Thomas Anglican Church—the first church built on Grand Turk. On the South-eastern side of the island take in the view of Gibb's Cay before returning to the ship.

Please note: Bring a towel, swimsuit, camera and aquasocks.

Glass-Bottom Kayak & Madison Point



Approximately 3½ hours • \$\$

Your kayak experience begins when travel to the kayak start point at South Creek, where you will be met by your kayak guide. He/she will provide you with safety and paddling instructions before you board your two-person glass bottom kayak for the experience of a lifetime. Words cannot describe the beauty and the tranquil nature of the surrounding mangroves. Paddle through still, shallow waters as your guide provides you with interesting information regarding the plant and animal life that make the mangroves their home. Explore small coves and learn about the importance of the mangroves to the ecosystem. You

will then arrive at Madison Point where you will leave your kayak on the shore. You will hike approximately five minutes to a pristine white-sand beach, keeping an eye out along the way for various plants and birds and will answer questions regarding Madison Point. Upon arrival to the beach, feel free to explore the point, sunbathe or snorkel the reef at Madison Point to see the amazing fish and coral life in the beautiful Caribbean water. After your tour you will then re-board your air-conditioned transportation for the return to the cruise terminal.

Please note: Participants should be in good physical condition and should be able to paddle 45 minutes to Madison. Wear your swimsuit under your clothing. Bring sensible footwear, sunscreen, sunglasses, a hat and a towel.



BOAT TOURS

Saltwater Flats Fly Fishing



Approximately 3 hours • \$\$\$\$

Both experienced fly anglers and beginners will love this chance to catch a hard-hitting flats fish. Board transportation for the short transfer to the flats boats located at one of Grand Turk's inland saltwater lakes. Meet your fishing guide and embark the 17-foot flats series skiff. After a short power ride to the hot spot, the guide will pole the boat within striking distance of species such as, bone fish, tarpon, jack, and snapper. If you are new to fly fishing, the guide will also demonstrate the proper casting technique. All fishing equipment and complimentary soft drinks are included.

Offshore Sportfishing



Approximately 3 hours • \$\$\$\$

Join a local captain aboard a 27-foot offshore fishing boat to troll for a variety of sportfish that inhabit the waters surrounding Grand Turk. Board the fishing boat at the Grand Turk Cruise Center and after a brief orientation the lines will be in the water rigged to target such species as yellow fin tuna, Cero mackerel, wahoo and blue marlin. Reel in your trophy fish using the

highest quality tackle available, Penn International big game reels and rods. All fishing equipment, complimentary soft drinks and water are included.



SIGHTSEEING TOURS

Grand Turk By Horse-Drawn Carriage



Approximately 2 - 2½ hours • \$

Join your entertaining guide for a fun, whimsical, narrated, historical tour of Cockburn Town and the “countryside” by horse-drawn carriage. You will enjoy the sights and sounds of Grand Turk’s quaint, Bermuda-style town and the area that is to the north of town. Your character driver/guide will point out areas of interest, such as the “salt pans”—evidence of Grand Turk’s, colorful, “salt-raking” history—as he or she explains the Grand Turk’s lively past and present. You will have some free time in Cockburn Town where you can choose to do a bit of shopping, grab a bite to eat or visit the National Museum. Afterwards, your tour will continue back to the cruise terminal.

Governor’s Beach Snorkel & Trolley Train



Duration varies • \$

Escape to famous Governor’s Beach on this relaxing beach tour that includes round-trip transportation from the cruise dock on board a locomotive-style road train. Enjoy a fun ride to a beautiful white sand beach while your knowledgeable guide provides interesting information on Grand Turk’s colorful, salt-raking past. Once at Governor’s Beach you can snorkel, sunbathe, swim, or relax on a beach chair as you listen to traditional island music. Snorkel equipment is provided. Food and beverages, as well as gift items, are available for purchase. Return to the cruise terminal at your leisure.

Island ’Guana Hop-On-Hop-Off Bus Tour



Duration varies • \$

Ride a bus to explore the island of Grand Turk. You’ll travel on the ’Guana—a vehicle named after the Turks & Caicos rock iguana (*Cyclura carinata*). This shy and harmless reptile was the largest indigenous land animal in the Turks & Caicos Islands was its oldest native inhabitant. These large lizards have been eradicated by the introduction of domestic animals. However, you can visit Grand Turk hopping around as the ’guanans once did, except that you’ll be getting on and off ’Guana bus at any of the scheduled stops so you can explore at your leisure. Your wristband is your day pass and permits you unrestricted access to the brightly-colored ’Guana buses that come along every 15 minutes. You can spend as much or as little time as you would like at each stop. The route passes the former United States Air Force Facility where astronaut John Glen was debriefed in 1962 after his historic orbit around the earth; a replica of John Glen’s Space Capsule; the offices and residence of His Excellency the Governor, built in 1815 and is named Waterloo; an “island” in the middle of the Salt Ponds; North Creek harbor; and St. Thomas’ Anglican Church—the second oldest church in the Bahamian chain. Stops include:

Grand Turk’s historic section: charming Front Street runs parallel to the beach with century-old wooden houses built from ship wrecks.

Pond Street: inland lakes called salinas (or salt ponds) and the remnants of what was once a thriving salt production industry; the bright pink courthouse; and the office of the Chief Minister.

The Clock Tower: the Millennium Clock and the Her Majesty’s Prison (you can visit inside, and those who behave well will be allowed to leave).

Lighthouse Park: a sanctuary for many species of birds and an outstanding location for bird watching; the Grand Turk Lighthouse which was built in England in 1852 and then shipped to the Island; trails down to the coast showcase indigenous plants; incredible sight over the reefs in the Atlantic Ocean.



AQUATIC TOURS

Grand Turk Snuba Adventure



Approximately 2 hours • \$\$

At the pier you will board the tender for a short water trip to the vessel *Sea Trekker*. On board, you'll receive a safety briefing and a description of what you will be seeing. SNUBA is a way for four people and a guide to explore the waters to a depth of fifteen to eighteen feet—a magnificent opportunity to view a marine universe that is mainly unexplored and to frolic with the fish. SNUBA allows you to breathe with a regulator and swim freely without a tank on your back (the source of air floats in a small vessel above you.) SNUBA gives you the freedom that snorkeling cannot provide. It's the first step in learning to dive—don't miss it! After your tour, you have the option to relax on *Sea Trekker* with some refreshments or immerse yourself, once again, in this wet and wonderful paradise with complimentary snorkel gear. While relaxing, you can hear tales of Grand Turk, its salt mining days, the Molasses Wreck and the day John Glenn came to town.

Grand Turk Semi-Sub Exploration



Approximately 1½ hours • \$

Travel six feet under the surface of the water in dry comfort while viewing the abundant sea life and coral reefs surrounding Grand Turk. This semi-submersible craft remains on the surface providing incredible views through the windows below the deck. Catch a glimpse of Grand Turk's famous 7,000-foot drop-off without ever getting wet. Be a part of the few who will see some of the most flamboyant, healthy, colorful reefs in the Caribbean region, unnamed and unexplored. Outside your viewing port is a myriad of colors in the fish and corals that call this place home. Your guide will help you identify the ones that are a mystery. See the sea floor as both a forest and a desert, and learn of the fanciful creatures that inhabit each. There will be plenty of time to hear the history of Grand Turk where many historians believe Columbus first made landfall in the New World. In this tiny, sleepy place, great salt fortunes were made and lost, the oldest

shipwreck was discovered and John Glenn splashed down after his momentous astronomical feat.

Grand Turk Helmet Dive



Approximately 2 hours • \$\$

Imagine an underwater world so totally unvisited that the reefs have no names. They just exist—vibrant, colorful and filled with the magical creatures of the sea. Walk on the floor of the sea just a ladder's length down. You don't even have to know how to swim, just walk on the floor of this amazing place 10 to 20 feet beneath the surface. A helmet will provide air and stability. The trail is marked for you, and your guide will point out special denizens of the deep. A ten-minute safety briefing will inform you about the tour. You will be taught hand signals for communicating and given a description of what you will see when you descend. Guests are required to weigh at least 80 pounds and be in good health. Along with your small group of eight guests, blue tang, parrot, wrasse, sergeantmajors are a few of the friends you will make. And the corals are considered the most alive of any of the reefs in the Caribbean region. Stingrays and sea turtles are plentiful. Learn about this undiscovered underwater paradise. You'll love being a part of its exploration. Then spend time on *Sea Trekker* where you can just relax, have a soda or water and homemade cookies. If you like you can spend more time in the water, snorkeling.

Gibbs Cay Beach & Stingray Encounter



Approximately 2 hours • \$\$

Join this fun island experience as you swim with the stingrays at Gibbs Cay. Your adventure begins at the cruise terminal where you are greeted by a friendly crew. You will then board the boat that will take you to your destination—pristine, uninhabited Gibbs Cay. Upon arrival, your crew will provide you with snorkel equipment, with a safety briefing and use instructions. If you wish, feel free to explore the coral reef about 50 yards from the beach and get up-close-and-personal with a myriad of colorful fish. Your friendly and knowledgeable crew will be happy to answer any questions you may have. During your time at Gibbs Cay, your crew will demonstrate the art of cleaning a conch.

Conch is a local tradition and delicacy in all the local restaurants. Explore pretty Gibbs Cay, go in search of the elusive osprey, or swim from the beach with the stingrays. Watch as one-by-one these graceful creatures approach the small bay. Your crew will assist you in handling these beautiful sea animals. After swimming with the rays, you may choose to relax with a complimentary beverage on the white sand. You will then re-board your boat for the relaxing return to the town dock.

Please note: Explore the island would involve walking on rough terrain and steep hills. Shoes are required for this; however, you can stay at the beach. Wear your swimsuit under your clothing. Bring sensible footwear, sunscreen, sunglasse, a hat and a towel.

Discover Scuba



Approximately 2¼ hours • \$\$\$

If you have always wanted to learn to dive, now is the time to discover scuba! The Turks and Caicos features the third largest barrier reef in the world—what a perfect opportunity to experience why divers vote Grand Turk one of the top-five best diving destinations in the Caribbean-Atlantic! Your scuba adventure begins when you are met at the dock by your instructor/guide. You will then make the short trip to the dive shop where you will be outfitted and will receive a safety briefing. You will then depart by boat to a pristine coral reef. Here, your instructor will provide you with the basic scuba instruction you will require to explore the underwater world with expert assistance. Then, you will re-board your boat for the return to shore and the dive shop. You will have a few minutes to browse at the dive shop store before returning to the cruise terminal.

Ultimate Snorkeling Adventure



Approximately 2½ hours • \$

Join the ultimate snorkel experience! Your adventure begins at the cruise terminal where you are greeted by a friendly crew. Board the boat and the experienced adventure guides will provide you with all your snorkel equipment and give you a safety briefing along with instructions on the use of the snorkeling equipment. Then, you are off to your first destination—pristine Horseshoe Reef. Here you will snorkel in 6 to 12 feet of water

and see amazing colorful fish that surround the island of Grand Turk. While exploring, your friendly and knowledgeable crew will lead you through the reef system identifying the various tropical fish and coral species answering any questions you may have. Fish identification cards will also be provided to help you learn the various species of fish while you are snorkeling. After experiencing the shallow reefs, you will re-board the boat to make the short trip to your second stop on another reef near Round Cay. Here, you will see why Grand Turk is one of the world's top dive destinations. See for yourself the brilliant coral and fish life on the reef and enjoy the turquoise water and all it offers before re-boarding your boat for the relaxing return to the cruise terminal.

Please note: This tour is not for guests with a heart condition. Wear your swimsuit; bring sunscreen, a towel and hat.

Power Snorkel Adventure



Approximately 2¼ hours • \$\$

Board a comfortable air-conditioned bus that will take you to one of Grand Turk's beautiful, white-sand beaches. Your guide will provide you with snorkel equipment and a handheld Power Snorkel Unit. After you hear brief safety and use instructions, you will take off for a snorkeling experience of a lifetime, gliding gracefully through the water, soaring over beautiful coral reefs. Afterwards, enjoy sunbathing, swimming or snorkeling from the beach. On your Power Snorkel Adventure, you will explore reefs farther from shore by simply touching your special magnetic glove to the unit to go and releasing to stop. This is an adventure no to be missed.

Personal Aqua Boat & Snorkeling Adventure



Approximately 2½ - 3 hours • \$\$\$ per boat
Each boat accommodates up to two guests

Set out from the launching area in your personal watercraft. First, you will receive comprehensive instructions about the safety and operation of the aqua boat. Then, you will captain your own boat along the turquoise waters on the west coast of Grand Turk. You will travel along the famous 7,000-foot coral reef "wall" drop-off that attracts divers from all over the world. Your first stop will be a pristine snorkeling spot at the Amphitheatre

Reef. Here you will enjoy the colorful reef, snorkeling in 10 to 15 feet of water. You will encounter an abundance of tropical fish and a wide variety of healthy coral. After the snorkel, you'll be off again to your next stop at Pillory Beach, a beautiful, secluded, white-sand beach. Enjoy a swim, snorkel or just relax on the beach. From there you will head off again for your adventure back to the launching area. On your voyage back, enjoy the views from your boat of historical Cockburn Town—the capital of the Turks and Caicos, and of course, your impressive cruise ship. At all stops you will tie up to a mooring buoy and wade or swim to shore.

Please note: Itinerary is weather-dependent. Minimum age is 10 years. Participants must be 19 years or older to drive the boat. All participants must wear a life jacket. No pregnant women can participate in this tour. Bring a towel.

Grand Turk Semi-Sub Exploration & Snorkel



Approximately 1½ hours • \$\$

Travel six feet under the surface of the water in dry comfort while seeing the abundant sea life and coral reefs surrounding Grand Turk. The semi-submersible craft remains on the surface providing incredible views through the viewing windows below the deck. Catch a glimpse of Grand Turk's famous 7,000-foot drop-off without ever getting wet. Be one of the few who will see some of the most flamboyant, healthy, colorful reefs in the Caribbean region, unnamed and unexplored. From your viewing port, you will see a myriad of colors in the fish and corals that call this place home. Your guide will help you identify the ones that are a mystery. See the sea floor as both a forest and a desert, and learn of the fanciful creatures that inhabit each. There will be plenty of time to hear the history of Grand Turk, where many historians believe Columbus first made landfall in the New World. In this tiny, sleepy place, great salt fortunes were made and lost, the oldest shipwreck was discovered and John Glenn splashed down after his momentous astronomical feat. Then, spend a half-hour snorkeling off the vessel or just relax. This is a wet 'n dry combo for guests who wish to be "immersed" in Grand Turk.



BOAT TOURS

Two-Tank Certified Dive



Approximately 4 hours • \$\$\$

The Turks and Caicos features the third largest barrier reef in the world, which makes the islands a diver's paradise. You will be met at the cruise ship dock by your dive instructor/guide, then make the short trip to the dive shop where you will be outfitted and will receive a safety briefing. Depart by boat to your dive site, a pristine coral reef. Explore up close incredible sea life and colorful fish as you explore the reef rich with healthy varieties of coral. You will have approximately one hour of diving at the first site before re-boarding the boat for the motor to the second dive site. Relax on board for one hour before re-entering the water to explore the incredible reef system for an additional hour. After you have explored the underwater world you will re-board your boat for the relaxing return to shore and the dive shop. You will have a few minutes to browse the dive shop for a memento or two before returning to the cruise terminal.



Gustavia, St. Barthélemy



SIGHTSEEING TOURS

Best of St. Barthélemy



Approximately 5½ hours • \$\$\$

Enjoy a moment in paradise during this relaxing day excursion to one of St. Barth's fabulous beach resorts. Your tour starts with an island drive, through the town of Gustavia and into the picturesque countryside. You will drive past the airport, through the village of St. Jean, and over to the west coast of the island to a beautiful white sand beach resort and restaurant. Chairs will be available to all guests at the beach and the swimming pool area. A welcome drink will be offered on arrival and lunch and one drink will be served in the restaurant. After approximately 4½ relaxing hours at this wonderful Caribbean resort, you will return to the ship.

Please note: Bring your swimsuit, sunscreen, sunglasses and a hat.

St. Barthélemy Island



Approximately 1¼ hours • \$

Beautiful, enchanting, unspoiled, intimate—these are just some of the adjectives often used to describe St. Barths. Your driver may point out places of interest and offer excellent views of the picturesque harbor. The tour continues through the hills and along the winding roads to St. Jean Bay—a striking area lined with hotels and restaurants—and then on to Salines, the salt pond area now famous for its “clothing-optional” or nude beach. At the bay of Grand Fond, you will observe a scenery change as you watch the ocean waves breaking on the rugged and rocky shoreline. You'll drive through some of the villages on the north coast before returning to Gustavia for some shopping time.

Please note: Your driver is not presented as an English-speaking

guide. His/her charming French Caribbean accent may challenge your comprehension skills!

The Independent Explorer



All day • \$\$\$ per vehicle

Bring your driver's license for on this chance for the adventuresome to get away from the crowds, get behind the wheel and enjoy the lush countryside on a self-guided tour. You will be escorted from the pier to the nearby starting point and after brief formalities, you'll be given a local car, a map of the island and a suggested itinerary along with some historical facts and points of interest. Then you're ready to explore this beautiful island at your own pace. A refreshing drink will be offered before departure.

Please note: Guests must be prepared to drive a stick shift in bumpy and hilly conditions. Bring your camera and plenty of film, as well as your swimsuit as there are many beautiful beaches to visit.



BOAT TOURS

Sailing Catamaran & Snorkel Adventure



Approximately 3 hours • \$\$\$

Caribbean music and the friendly crew of a well appointed, full-sail 42-foot catamaran welcome you aboard. This boat is specially designed to offer shade and refreshing breezes. Sail along the beautiful west coast of the island to a Marine Park at Colombier Bay. You'll anchor about 80 feet offshore, close to coral reefs teeming with schools of colorful fish. A professional instructor will give a full orientation and explain the use of the snorkel equipment and you will have approximately one hour and fifteen minutes to swim and snorkel, or simply bask in the sun. On the return to Gustavia, soft drinks, beers or refreshing rum punch or fruit punch will be offered.

Please note: Bring sunscreen, hat and underwater camera.

Half Moon Cay, Bahamas

Many of the shore excursions and watersport “toy” rentals on Half Moon Cay require that you sign a waiver release form. Please obtain a copy of this waiver from the Shore Excursion Office on board the ship to expedite the process for yourself and your fellow tour participants.



ADVENTURE TOURS

Deep-Sea Fishing



Approximately 2 hours (1½ hours fishing time) • \$\$\$

Try snagging “the big one,” as you fish the waters of Half Moon Cay in search of wahoo, snapper and grouper, assisted by the crew. Fishing is catch-and-release. All equipment provided.

Please note: Bring a hat and sunscreen. No restrooms available.

Flats Fishing



Approximately 2½ hours (1 - 1½ hours fishing time) • \$\$\$

Half Moon Cay’s interior lagoon provides excellent bone fishing. Assisted by your guide, try your hand at reeling in any fish you can. When you’re not busy with the lines, catch some sun instead! All fishing equipment is provided. Bring a hat, sunscreen and camera for this catch-and-release trip.

Horseback Riding By Land & Sea



Approximately 1½ hours (45 minutes of riding) • \$\$

Saddle up for the experience of a lifetime! After a short tram ride to the corral you’ll receive an orientation before setting out on a ride along winding trails up to the highest point on the island for a panoramic view of Half Moon Cay and the surrounding islands before you continue along the bay, back to the corral. Enjoy a refreshment as your horse is “dressed” for swimming in a special saddle pad and a rope halter (no saddle), then you’ll venture into the ocean for the sensation of riding a horse while it’s swimming! Ride the tram for the trip back to the Welcome Center.

Please note: Wear your swimsuit under jeans or long pants. Bring tennis shoes, sunscreen, towel and camera. Sandals not permitted. Minimum age is 10 year. Maximum weight is 250 lbs.

Stingray Adventure



Approximately 1 hour • \$

Enjoy an educational encounter with the southern stingrays that make their home at Half Moon Cay. A short tram ride brings you to Stingray Cove where you’ll learn about the stingrays’ behaviors, habitat, feeding and breeding. After a safety briefing, grab your snorkel gear and enter the wading area with your guide to touch the rays’ silky wings and feed these amazing creatures. A safety net ensures that other marine life remains outside the area. Return to the Fort San Salvador Welcome Center by tram.

Please note: Changing and restroom facilities are available. Mask, snorkel, safety vest and aqua shoes are provided. Refreshments and underwater cameras are available for purchase.

Eco Lagoon Kayak Adventure



Approximately 1½ hours (1 hour paddling) • \$

Join an island guide on a kayak adventure on Bone Fish Lagoon. The lagoon comprises over 1,400 square acres of protected habitat and is home to numerous species of flora ranging from red mangroves to the ornamental silver buttonwood tree. Wear your swimsuit, and a hat and sunscreen.

Aqua Trax Adventure



Approximately 1 hour (30-minute ride) • \$\$

Experience Half Moon Cay from the natural inner saltwater lagoon on a guided personal watercraft adventure! After a short tram ride, you'll arrive at the safety briefing area and have time to get used to your personal sit-on watercraft. Depart single file with a lead guide and a guide bringing up the rear. Traveling along the picturesque shoreline of the island you'll navigate around the natural reef formations, inlets, islands and sand spits before stopping for a cool drink. Buoyed courses will allow you to test your watercraft skills. With your guide, you'll briefly stop at the tidal outlet, the Indian village and Stingray Cove.

Please note: Minimum age is 16. Bring a valid driver's license. Wear your swimsuit and bring a towel.

Kayaking



One-person kayak – \$ per hour

Two-person kayak – \$\$ per hour

Look down as you paddle across the beautiful, crystalline waters of the bay, and you'll see fish, coral and a sandy bottom rich with marine life. Paddle solo or with a partner for fun in the sun!

Parasailing



Approximately 1 hour (5-minute ride) • \$\$

Don a "parachute" and take off from behind a speed boat as the wind catches your chute, lifting you into the sky. A platform is attached to the boat for a dry landing. Life vest provided.

Please note: Maximum weight 250 lbs. Wind conditions dictate whether guests parasail in pairs or as singles. Altitude varies but may be as high as 450 feet.

Guided Tour By Bicycle



Approximately 1¼ hours • \$

Explore the island retreat on smooth, newly-resurfaced roads, pedaling from the oceanfront water sports rental center along Half Moon Beach to Bone Fish Lagoon. Your guide leads you to locations of historic significance and describes the history of the early inhabitants to the present day. The guide also identifies the flora and fauna on the island, pointing out plants used for medicinal purposes by the locals, and the many species of birds in this renowned, bird-watching sanctuary.

Please note: Ride covers approximately three miles. All bikes are equipped with baskets, flags and helmets. Minimum age is 12 years. Water and soft drinks are included.



SIGHTSEEING TOURS

Historic Nature Walk



Approximately 1¼ hours • \$

Join an island guide for an informative and moderately paced 1½-mile walk on a sandy path through this tropical paradise, viewing tropical palms, sea grape trees, curly-tailed lizards and bananaquit birds. Your guide tells tales of Bahamian history, beginning with the island's first visitors, piracy, slavery and the present-day. You will also stop at some small historical ruins.



AQUATIC TOURS

Floating Foam Mats



All day • \$

Do nothing! Relax on a floating foam mat and while away the day on the beach or on the water. Wear plenty of sunscreen!

Certified One-Tank Scuba Diving



Approximately 1½ hours • \$\$

Depart the dock by boat with your dive master. At the 25- to 40-foot dive location, explore the coral and marine life of the Caribbean, and view brilliantly colored fish.

Please note: Waiver release form must be signed. C-card required.

All-Day Snorkel Gear Rental



\$

Designed especially for those who are new to snorkeling, this tour is based on the beach. Rental Staff members will be on hand to provide assistance with fitting gear if needed. There is no coral at this site, so you will be able to stand up whenever you wish.

Sunfish Sailboats



\$ per hour (1 - 2 guests per boat)

Sunfish sailboats offer a fun and interesting way for amateur sailors to improve or practice their skills. Instruction is provided. All participants must wear a life vest.

Hobie Catamarans



\$\$ per hour (1 - 4 guests per catamaran)

Sail a hobie-cat on Half Moon Cay's beach with breezes to push you along and clear water below! Instruction is provided. All participants must wear a life vest.



BOAT TOURS

Eco Lagoon Cruise



Approximately 1¼ hours • \$

Board boat with glass bottom viewers and cross the lagoon, as you learn about Half Moon Cay and the Bahamas' history, culture, flora and fauna. Stingrays, nurse sharks, lemon sharks, bone fish, conch, sea urchins and assorted marine life are raised here. Half Moon Cay is also an official sanctuary for birdwatching. Through the boat's glass floor, discover a series of living reefs, where fish, coral and anemones are plentiful. Your final stop will be at a reconstructed Arawak Indian fishing village.

Glass-Bottom Boat



Approximately 1 hour (45-minute boat ride) • \$

Explore the undersea world without getting wet on a glass-bottom boat. The crystal-clear waters provide great visibility, and ideal opportunity to appreciate the unique coral formations and colorful tropical fish that abound in this unspoiled environment.

Snorkel By Boat



Approximately 1½ hours • \$\$

Travel by boat to a site off the coast of Half Moon Cay to snorkel from the boatside in limpid waters that teem with gloriously colored fish and coral. All snorkel equipment will be provided.

Please note: Wear your swimsuit; bring sunscreen and a towel.



Kralendijk, Bonaire



ADVENTURE TOURS

Sportfishing



Approximately 4 - 4½ hours • Fishing \$\$\$\$; Observing \$

Fish for wahoo and tuna while enjoying Bonaire's beautiful coastline. Top quality baits, lures, professional mate and equipment make this day the tropical experience you have been dreaming about. You are in world-famous marlin waters, and February and March are the peak of marlin season. Cold juice, sodas and sandwiches are included.

Please note: Bring sunscreen, a hat and camera or video! A minimum of three participants is required for this tour to operate.



SIGHTSEEING TOURS

Island Journey



Approximately 3 hours • Non air-conditioned \$ / Air-conditioned \$\$

Journey through Kralendijk, the capital city, south to the Salt Company and the nesting grounds of the flamingo. Visit the stone slave huts that sheltered those who worked in the saltpans, then head toward the coastline. Devil's Mouth is a great place for photographs, and you will continue on to Karpata biological institute for the preservation of the island's water and vegetation. Goto Lake—the most beautiful spot on the island—is one of the best places to see the shy flamingo. From here, it is a short distance to Rincon—the first settlement of Spanish discoverers and then a slave village. Enjoy a refreshment stop before winding down the tour at Seru Largo for a great view over the island.



AQUATIC TOURS

Bonaire Two-Site Advanced Snorkeling



Approximately 2½ hours • \$\$

A capable and friendly crew will take you to two very different snorkel sites around Bonaire and Klein Bonaire. Experienced snorkelers will marvel at the vast variety of fish and assortment of corals at this protected reef.

Please note: Mask, snorkel, fins and snorkel vest included.

Marine Park Certified Scuba



Approximately 3½ - 4 hours • One tank \$\$

Experience a dive in the world famous Bonaire Marine Park, rated by Skin Diver magazine as one of the top dive destinations in the world. Dive into the clear turquoise waters and enjoy the beautiful reef and abundance of brilliantly colored tropical fish during this one-tank boat dive.

Please note: You must purchase a \$10 Marine Park tag at the dive shop. Waiver release form must be signed. Bring your C-card.



BOAT TOURS

No-Name Beach Water Taxi



Approximately 3 hours • \$

Aboard the *Kantika di Amor*, enjoy a very relaxed and quiet water taxi ride to the famous shores of No-Name Beach on Klein Bonaire. Traveling along the coast of Bonaire for just 25 minutes, you will find this uninhabited island with its long sandy white beach ideal for swimming, sunning and beach combing. Snorkelers are treated to unspoiled reefs in the world famous Bonaire Marine Park. Take in the abundance of fish life, corals and, if you are lucky, you may spot a turtle! The easy access into

the clear turquoise waters makes this the perfect day at the beach for all ages.

Please note: Beach chairs are provided. If you wish to snorkel you must bring your own equipment as none is available on the island. There is no shade at the beach; bring sunscreen and a hat; wear your swimsuit. Two soft drinks per person will be served on Klein Bonaire (ice water available during the boat ride).

Mangrove Boating Eco-Adventure



Approximately 2 hours • \$

Discover mangrove forests with an experienced guide as you gently glide through the crystal-clear waters of the National Park at Lac Bay. These sheltered mangrove canopies are the nurseries of the coral reefs and create essential breeding grounds for birds. Your boat trip takes you through shallow waters, slipping through narrow canals making it possible to see all marine life, just from the boat.

Please note: Bring a towel, hat and sunscreen.

Samur Sail & Snorkel Adventure



Approximately 3 hours • \$\$

Sail aboard an authentic Siamese Junk named *Samur*, and visit one of the Caribbean's most vibrant reefs teeming with tropical fish and abundant corals. Snorkel from No-Name Beach, Klein Bonaire's pristine white, sandy beach and discover why Bonaire is ranked a top snorkel and dive destination. All equipment and instruction is provided. Refreshments are served throughout.

Please note: Wear your swimsuit; bring a towel and sunscreen.

Aquaspace Trimaran with Underwater Observation Deck



Approximately 1½ hours • \$

Sail aboard Jacque Cousteau's glass-bottom boat. The *Aquaspace*, is a unique trimaran that is without doubt the most seductive invitation to an ocean cruise that has ever existed—a three dimensional dream come true. The vessel has an air-conditioned underwater observation deck. Her middle hull, mainly made of glass, is perfect for underwater sea life observation. Enjoy the beautiful reefs with tropical fish and corals, in a world few visitors ever see. The view out of this big glass gondola is breath taking. This informative tour is designed for all age groups—especially those who wish to explore the underwater wonderland without getting wet! Soak up the sun on the comfortable cushions on deck or enjoy the shady cockpit during this relaxed cruise through the marine park. During the trip, the friendly crew serves a variety of cold drinks.

Norfolk, Virginia

Transfer to Norfolk Airport

\$Transfer can only be booked on board; not available on the website

Available to guests with flights departing at 12 noon or later, who are not participating in Holland America's "Fly Cruise Plan" and do not have a prepaid voucher in their travel documents. This transfer is direct motor coach transportation to the airport upon conclusion of your voyage.



Ocho Rios, Jamaica



ADVENTURE TOURS

Rafting on the Martha Brae



Approximately 5 hours • \$\$

Venture 1½ hours by bus into the picturesque “Land of Wood and Water,” where you will board a bamboo raft built for two, and glide slowly down a river, through groves of bamboo and ferns. You are transported to this world of tranquility and complete relaxation for 1¼ hours. On your way back to the pier, stop at Columbus Park. A short shopping stop provides time to buy souvenirs en route back to the ship, if time permits.

Please note: Each raft seats two people and a raft captain, and has a low seatback and minimal cushioning. Restrooms are available at the Rafters’ Village. There will be a short wait as you board your raft.

Ocean Kayak to Dunn’s River Falls



Approximately 3½ hours • \$\$\$

Led by a knowledgeable guide, glide through the calm waters of protected lagoons on an easy-to-paddle, “sit-on-top” kayak—no experience needed. The aquamarine waters are inhabited by a variety of marine life and the shoreline is dotted with waterfalls, unspoiled beaches and lush vegetation. Climb famous Dunn’s River Falls. Fruit drinks, bottled water and fresh fruits are served.

Please note: Wear your swimsuit; bring a towel and sunscreen. Participants must be in good physical condition and able to swim. Minimum age is 8 years. Maximum weight is 250 lbs. See “Special Note for Dunn’s River Falls.”

Horseback Riding Adventure



Approximately 4 hours • \$\$\$

Travel by air-conditioned bus 20 minutes along the coast. Saddle up for a 45-minute horseback ride to the beach, where the guide will unsaddle the horses while you ready yourself for the water. You can then take your horse bareback in the ocean. Afterwards, non-alcoholic drinks will be served before the return ride to the farm where the bus awaits to return you to the pier.

Please note: Excursion is suitable for riders of all experience levels, from beginners to advanced riders. Wear your swimsuit under your jeans. Bring a towel and sunscreen. Maximum weight is 220 lbs.

Mountain to Sea By Bicycle



Approximately 4 hours • \$\$

Discover the beauty of the real Jamaica on this excursion that includes trained guides and lifeguards, and a safety orientation before starting. A tour bus will take you 2,000 feet above sea level, where you will be assigned your bike for a 90% downhill ride through woodland and meadows. Pass through the village of Mount Zion, and on to a thirst-quenching stop at Spicy Grove Tavern, taking in breathtaking views en route. Cross foothills and cycle past the ruins of a 17th-century sugar factory to a picturesque cove for swimming and snorkeling.

Please note: Wear your swimsuit and bring a towel.

River Tubing Safari



Approximately 3½ hours • \$\$\$

Take an approximately one-hour “bouncy” drive to the landmark known as the Spanish Bridge, where your three-mile tube ride down the White River begins. This river has clear blue water and is covered by a canopy of trees—a true safari experience. A guide, inner-tube, paddle and a life jacket are provided. At the end of the ride, stop for a taste of Jamaican Jerk and a cold beverage.

Please note: Wear water shoes while tubing and wear your swimsuit under your clothing as there are no facilities for changing.



SIGHTSEEING TOURS

Highlights of Ocho Rios & Coyaba River Garden



Approximately 3½ hours • \$

Drive up Fern Gully—a cool three-mile stretch of road, running south of the town on the original course of an old riverbed, canopied by tropical foliage, home to more 500 species of ferns. At Coyaba Garden is a museum housing items from pre-Columbian times. The Garden boasts an abundance of exotic flowers shaded by giant cedars and banyan trees with level footpaths. Browse in the gallery/gift shop before a scenic ride along the coast to see the statue of Christopher Columbus at St. Ann's Bay. Return to Ocho Rios with a shopping stop included.

Spanish Town & Best of Jamaica



Approximately 6½ hours • \$\$

Travel through Fern Gully to Faith's Pen, where roadside jerked pork, chicken, fish, bammy and goat belly soup make for a memorable Jamaican experience. Proceed to Spanish Town and view some of Jamaica's historically important buildings. Visit the Church of England and the Cathedral which stands on the foundation of a Spanish Cathedral erected in 1635—the oldest in the New World. A delicious lunch is included.

Firefly: The Home of Noel Coward



Approximately 2½ - 3 hours • \$\$

The tour departs the pier, traveling along the main street of Ocho Rios to the outskirts of the town of Oracabessa. The famous Playboy Club used to be located in this area now known as Boscobel Beach. Pass the famous James Bond Beach—Ian Fleming, author of the James Bond novels, lived at his home called Goldeneye near the beach and wrote 14 of his James Bond novels here. Some scenes in the movie *Live and Let Die* (1973) were filmed in Jamaica. Along the coastline you'll see several

small villages en route to Port Maria, where *Firefly* is located, nestled in the hills overlooking the harbor. *Firefly* was the home of British playwright Noel Coward. It was originally called *Lookout* by the famous pirate, Henry Morgan who used it for that purpose. At *Firefly*, you will be greeted on arrival by a guide who will take you “back in time” to the Noel Coward era as you see what inspired him to compose. A video presentation on the life of Noel Coward will be shown and a complimentary drink will be served. You will return to the ship via the same route.

Jamaican Grand Tour & Optional Dunn's River Falls



With Dunn's River Falls: Approximately 5 hours • \$\$

Without Dunn's River Falls: Approximately 3¾ hours • \$\$

Visit a working tropical plantation, first driving through farm country and past the estates of Ian Fleming and Noel Coward. The friendly staff of Brimmer Hall Plantation will warmly greet you as you stroll through this 18th-century Great House and peruse the quaint shops offering a wide variety of Jamaican goods. Ride through the plantation on a tractor-drawn jitney, then, at Dunn's River Falls, those who choose the optional stop will have the opportunity to climb through the cool water.

Please note: See “Special Note for Dunn's River Falls.”

Enchanted Gardens & Optional Dunn's River Falls



With Dunn's River Falls: Approximately 4½ hours • \$\$

Without Dunn's River Falls: Approximately 3 hours • \$

Walk through the Enchanted Garden, set in a natural river gorge. The 20 acres of lush vegetation include 14 natural waterfalls that feed a natural pool, jungle-like vegetation, the Bromeliad Garden and Koi Pond, a free-flight aviary, the precious jade vine walkway, Jamaican fruit trees, an orchid garden and herb garden. At the Sea Aquarium you will view a microcosm of tropical marine life and see colorful fish up close. A shopping stop is included, then it's on to world-famous Dunn's River Falls, where the adventurous may climb the approximately 600-foot-high “staircase waterfall.”

Please note: See “Special Note for Dunn's River Falls.”



AQUATIC TOURS

Dolphin Touch Encounter & Optional Dunn's River Falls



With Dunn's River Falls: Approximately 3½ hours • \$\$
Without Dunn's River Falls: Approximately 2 hours • \$\$

At Dunn's River Falls, climb this landmark, six-hundred-foot cascade as it plunges over natural limestone terraces into the Caribbean Sea. Guides are provided to assist you. Next, you are transported to Dolphin Cove to experience an amazing 20-minute encounter with the dolphins, who allow you to caress them as you stand in the shallows. Walk the nature trail, spend time on the beach and shop for fruit, spices, coffee and liquor.

Please note: Photography is not permitted while participating in the dolphin touch. Videos and photographs will be for sale afterwards. See "Special Note for Dunn's River Falls." Children under 8 must have an adult accompany them into the water.

Dolphin Cove & Optional Dunn's River Falls



With Dunn's River Falls: Approximately 3½ hours • \$
Without Dunn's River Falls: Approximately 2 hours • \$

Travel to Dolphin Cove, surrounded by lush tropical jungle and the home of beautiful dolphins to watch the dolphins play. Feed the friendly sharks, and interact with exotic birds, snakes and other animals on a nature walk. Relax on the beach, shop at the largest gift shop in Jamaica, or sample local produce. At Dunn's River Falls, climb through 600 feet of cool refreshing water cascading over natural limestone terraces, with guides to assist.

Please note: See "Special Note for Dunn's River Falls."

Dolphin Swim/Encounter & Optional Dunn's River Falls



With Dunn's River Falls: Approximately 3½ hours • \$\$
Without Dunn's River Falls: Approximately 2 hours • \$\$

Climb six hundred feet of cool refreshing water as it cascades over the natural limestone terraces at Dunn's River Falls, with guides to

assist your ascent. Then, travel to Dolphin Cove to swim in the deep for 30 minutes with the friendly dolphins. After your adventure, relax on the beach, stroll the nature trail or browse and shop for souvenirs.

Please note: Participants must know how to swim. Minimum age is 8 years. Children under 11 years must be accompanied by an adult. No pregnant women allowed. Leave your jewelry at home. Photography is not permitted in the dolphin area or while participating in the swim. Videos and photographs of your interaction with the dolphins will be for sale afterwards. See "Special Note for Dunn's River Falls."

Two-Tank Certified Scuba Diving



Approximately 3 hours • \$\$

Depart the pier on board a 38-foot diving boat. You will be taken to a diver's paradise—the other side of Jamaica! Here you will see fascinating coral walls and exotic gardens, teeming with brilliantly colored tropical fish. Enjoy the wonders of the undersea world.

Please note: A minimum number of participants is required for this tour to operate. Bring your C-card.



BOAT TOURS

Cool Runnings Cruise to Dunn's River Falls & Private Beach



Approximately 5 hours • \$\$

Embark a catamaran for a truly Caribbean sailing experience past spectacular emerald green waterfalls to Dunn's River Falls. You'll have ample time to climb the 600-foot waterfall; then, it's on to a private white sand beach to swim or simply relax. You'll have about two hours to soak up the tropical sun and Jamaican vibes; there's a beach bar serving refreshments, and an authentic Jamaican craft shop. The beach is ideal for families. Beach chairs and restroom facilities provided—a perfect day in paradise!

Please note: Wear your swimsuit and a cover-up. Bring a towel and sun-screen. Minimum age is 6 years. See "Special Note for Dunn's River Falls."

Cool Runnings Cruise to Dunn's River Falls



Approximately 2½ hours • \$

Enjoy warm and lively Jamaican hospitality on board *Cool Runnings*, a mega-yacht catamaran. Relax with a tropical drink as you sail the beautiful Jamaican coastline. At Dunn's River Falls, your catamaran will drop you off and you will have ample time to climb the lush tropical 600-foot cascade, or relax on the beach below. The vessel will return approximately one hour later to meet you for the sailing trip back to the pier. Colorful dancers create the excitement of a true Jamaican carnival with *soca* tunes.

Please note: Wear your swimsuit with a cover-up. Bring a towel and sunscreen. Minimum age is 6 years. See "Special Note for Dunn's River Falls."

Catamaran Sailing & Beach Tour



Approximately 3½ hours • \$\$

Board a catamaran pierside and sail 45 minutes to a secluded, private cove, passing by Dunn's River Falls and Laughing Waters. Rum punch, fruit punch and soft drinks are served on board. Sail into Christopher Columbus Cove to sunbathe, or visit the spectacular underwater world with a snorkel and mask. Snorkeling equipment is provided as well as lessons for beginners. A snack will be served at the beach and a bar will be available at an extra charge. Restrooms and fresh water showers available.

Please note: Wear your swimsuit, bring a towel and sunscreen.

Special Note for Dunn's River Falls

Guests on tours visiting Dunn's River Falls will have the chance to either climb the falls or view the falls from the staircase. The staircase requires negotiating many steps and provides viewing platforms for observing the falls and climbers. Climbing the falls requires treading through knee-deep water on slippery surfaces while stepping up wet rock faces using rock-ledge footholds to ascend. Independent guides may be engaged at the site to provide assistance, and they openly solicit tips. Bring a towel, wear a swimsuit and water shoes (available for rent at the falls). Changing rooms are available. You will choose between a bus that allows time for climbing the falls and a bus that allows time for viewing the falls.



Oranjestad,
Aruba

ADVENTURE TOURS

Country & Beach Horseback Riding



Approximately 4 hours • \$
(two hours riding)

Climb onto a well-trained and well-cared-for horse for a tour led by bi-lingual professional guides. This exciting horseback riding tour takes you through the countryside of Aruba to discover the north coast. Here, colorful parakeets and other wildlife live in the numerous cacti and divi divi trees. You'll make your way to a small beach and ride along the north coast. After a short stop at the beach, head back through the countryside enjoying the breeze and hot sun on horseback in Aruba!

Please note: Maximum weight is 220 lbs. Minimum age is 8 years.

Spanish Lagoon Kayak Adventure



Approximately 3½ - 4 hours • \$\$

This kayak expedition begins on the beautiful south coast in the Spanish Lagoon with brief instruction, then you will paddle in shallow water through the lagoon and the Bacaderra Channel for a spectacular view of Aruba's Barrier Reef. At Manguel Halto Beach, you are surrounded by mangroves—an area of calm water rich in marine life and protected by the reef. Follow your guide out to the reef for a close look at this natural wonder and its inhabitants. After a relaxing swim or snorkel, enjoy a snack. Then kayak back to the Spanish Lagoon and returning to the ship.

Please note: Snorkel equipment and instruction are provided. Wear your swimsuit; bring a towel. Children under 10 are not permitted.



SIGHTSEEING TOURS

Colors of Aruba



Approximately 3½ hours • \$

Discover Aruba's distinctive countryside. Traveling by motor coach you will have a chance to glimpse the island native iguanas and goats, cacti and wind-sculpted divi divi trees on the rugged windward coast. Here you will also find some of the island's most popular landmarks—the Natural Bridge, the Casibari Rock formation, the California Lighthouse and an ostrich farm. Meet the farm's furry inhabitants, then you can choose to be dropped off at the cruise terminal or in the downtown shopping district.

Natural Wonders of Aruba



Approximately 3 hours • \$

Make the scenic trip to Aruba's Butterfly Farm—a tropical garden teeming with butterflies. Observe the lifecycle of these fascinating animals from egg to caterpillar to chrysalis to butterfly. Pass countless divi divi trees and cacti before you see the spectacular Natural Bridge stretching across 100 feet of untamed waters. Journey to the Aloe Balm Facility for a guided tour of the production process that creates aloe lotions and creams. Finally, you will pass the Gold Mill Ruins at Boca Mahos, and in Oranjestad, you may choose to stay in town or return directly to the ship.

Aruba Town & Countryside



Approximately 3 hours • \$

Enjoy a tour of picturesque Aruba, including the harbor of Oranjestad, outdoor markets, arts and crafts, Santa Cruz and Frenchman's Pass—a historic battlefield. Pass by the Gold Mill ruins and the famous divi divi trees shaped by the trade winds. Don't miss the Natural Bridge—Aruba's most famous tourist attraction. Head to the Casibari Rocks and the quaint village of Noord, and your final stop will be at the Aloe factory to view the harvest and the production of Aruba's aloe plant. In Oranjestad,

you may choose to stay in town or return directly to the ship.

Off-Road 4-Wheel-Drive Adventure



Approximately 4½ hours • \$\$

Take turns at the wheel of the vehicle as you head out caravan-style! Travel in a four-wheel-drive, open-air vehicle off-road along the coast to the Casibari Rock Formation, the Bushiribana Gold Mill Ruins, the ocean-carved Natural Bridge, the picturesque Alto Vista chapel and the California Lighthouse on the islands northwestern tip. The adventure ends with a splash at famous Arashi Beach. Refreshments and a road map are provided in your vehicle.

Please note: In order to drive, bring your driver's license; you must be able to drive manual transmission. Wear sunscreen and a hat.



AQUATIC TOURS

Rhino Rider Water Safari



Approximately 3 hours • \$\$

Brace yourself for an exhilarating adventure along the northwest coast of Aruba on your very own Rhino Rider—a two-person, 10-foot inflatable motorboat that you will command as you zip along on this fun-filled, guided adventure. Your tour begins with round-trip transportation from the harbor to the Aruba Surfside Marina, where your experienced and knowledgeable guide will brief you on safety procedures and instruct you on the proper use of your Rhino Rider. Then it's off for a thrilling boatripe, first heading south through the Barcardera Channel for an action packed ride to one of Aruba's most scenic reefs! Here you will have an opportunity to snorkel or simply relax and enjoy your complimentary soft drink. Then, it's back on your Rhino for more excitement as you ride back to the marina.

Please note: Life vests are supplied and must be worn. Snorkel equipment is supplied. Wear your swimsuit and footwear suitable for wet conditions water sandals, sunscreen and sunglasses. Guests must be in good physical condition. Not recommended for persons with bad backs or those who cannot swim. Pregnant women may not participate. Minimum age is 5 years.

Hike & Beach Snorkel Adventure



Approximately 3½ hours • \$

Explore undiscovered Aruba taking a colorful island bus through the town of Saint Nicholas to Seroe Colorado Park. Start your climb down the rocky slopes to the second largest natural bridge of Aruba. At the end of your walk, reboard your bus for a scenic drive to Baby Beach—Aruba's most popular snorkeling spot. Enjoy a snorkeling adventure at the coral reefs teeming with fish. Snorkel equipment is provided and a refreshment is included.

Please note: Guests must be in good physical condition. Bring a towel, swimsuit, sunscreen, walking shoes, sunglasses, a camera and a hat. Minimum age is 12 years.

Aruba Certified One-Tank Scuba



Approximately 3 hours • \$\$

Transfer from the pier to Palm Beach and board a boat that's ready to travel to one of Aruba's most popular dive locations—either a popular reef or a shipwreck. After the dive, return to the beach for an opportunity to relax and sunbathe if time allows.

Please note: Scuba equipment is provided. Wear your swimsuit; bring a towel and your C-card. Waiver release form must be signed.

Aruba Beginning Scuba



Approximately 3 hours • \$\$

Discover the world of underwater wonders with this introduction to scuba. Experienced instructors provide basic instructions in a hotel pool, then it's on to a dive boat for transfer to a shallow dive location where the instructors will guide small groups on a real dive over a World War II shipwreck. Return to the hotel if time permits to sunbathe and relax after an unforgettable experience!

Please note: Scuba equipment and instruction are provided. Wear your swimsuit and bring a towel. Waiver release form must be signed. Minimum age is 12 years.



BOAT TOURS

Aruba Sea & Shore



Approximately 4 hours • \$\$

The *Seaworld Explorer* is a state-of-the-art semi-submarine that does not submerge—you descend into the hull of the boat and sit in air-conditioned comfort five feet below the surface of the water, exploring the sealife through large windows. View the *Antilla* shipwreck with huge coral heads and thousands of tropical fish. Returning to shore, you'll drive to the California Lighthouse, the awesome Casibari Rock formations and the spectacular Natural Bridge formed by the wind and sea. In Oranjestad, you may choose to stay in town or return directly to the ship. 400-1000 ISO film speed is recommended for photography on the sub (no flash).

Please note: Children age four and under not permitted.

Ticket to Paradise



Approximately 3½ hours • \$\$

A white coral beach, palm trees, mangroves, a natural pool and pristine turquoise water are just a ferry ride away. De Palm Island offers spectacular coral formations complete with a huge variety of tropical fish including the friendly blue parrot fish. All snorkeling equipment and instruction will be provided. After your snorkel experience, take advantage of an open bar with snacks. Sea trekking and snuba are also available at your own expense.

Please note: Restroom facilities and fresh water showers are available. Bring a towel, hat and sunscreen.

Atlantis Submarine Underwater Adventure & Shipwreck Exploration



Approximately 1½ hours • \$\$

Get up-close-and-personal with the exotic marine life while diving to depths of 150 feet in the *Atlantis* submarine. See

ORANJESTAD, ARUBA

colorful schools of tropical fish, huge sponge gardens, and mystical coral fields without getting wet!

Jolly Pirates Sail, Snorkel & Swim



Approximately 5 hours • \$\$\$

Glide across Aruba's beautiful coastline in full sail, with "pirates" who are expert snorkel instructors ready to help beginners get started. The 85-foot schooner will anchor over a reef, allowing a close-up view of the marine life and coral formations. At the second site, the guides will take experienced snorkelers to the *Antilla* shipwreck. After 60 years, amazing flora and tropical fish have made this sunken treasure their home. A barbecue-style luncheon will be served on board, with a full open bar and soft drinks.

Glass-Bottom Boat Cruise



Approximately 1½ hours • \$

The treasures of the sea are at your feet on a glass-bottom cruise over a shallow Arashi coral and sponge reef. See the intriguing coral-covered World War II *Antilla* shipwreck, right beneath the surface, teeming with marine life and tropical fish.

Aruba Screamer Jet Boat Excursion



Approximately 1 hour • \$\$\$

Take the ride of your life on a 1200-horsepower turbo jet boat. Your adventure begins at the cruise ship dock when you board the *Screamer*—a 1200-horsepower, turbo-charged jet boat. As you clear the harbor, your captain opens the throttle wide for a thrill-ride up Aruba's dramatic and beautiful north coast. Reaching speeds of 45 knots, the Screamer throws walls of spray in its wake as you experience high-speed runs, 270-degree spins, fishtails, and power slides that will have you screaming for more. *Please note: Minimum height is 48 inches; maximum weight is 259 lbs. Not available for pregnant women. Not recommended for guests suffering from heart ailments. Wear practical, casual clothes and footwear—you will get wet! Bring sunglasses on a lanyard, a hat and sunscreen.*



Ponce, Puerto Rico



SIGHTSEEING TOURS

Ponce Museum of Art & Serrallés Castle



Approximately 2½ hours • \$\$\$

Puerto Rico has scores of museums exhibiting everything from millennia-old Indian artifacts to 20th-century modern art. The most prestigious collection of fine art in the Caribbean is yours to visit at the Ponce Museum of Art, where you can see the famous *Flaming June*, in addition to a large collection of Colonial-period religious art. The museum's founder, Luis A. Ferré said, "This Museum is for all Puerto Ricans. Love of art enriches life. All material things pass. Only the beauty, the eternal creation of the spirit, prevails." Two miles north of town is Serrallés Castle—the most imposing building in Ponce, built in the 1930s by the Serrallés sugar magnates. Visit this Spanish Revival house with Moorish and Andalusian details, including panoramic courtyards, a baronial dining room, a small café, souvenir shop and terraced gardens.

Tibes Taino Indian Ceremonial Park & Museum



Approximately 3 hours • \$\$

Visit one of the main architectural remnants of Native Caribbean architecture, which happens to be an ancient sports complex! For the extinct Igneri and Pre-Taino cultures that populated Southern Puerto Rico a thousand years ago, the national sport was a fun-filled religious ceremony, simply called “The Ball Game.” This combination of soccer and volley-ball involved inter-village competition held at Tibes. Decades of careful archaeological excavations have unearthed and reconstructed seven unique ball courts or *bateyes* and a whimsical Star Court. The Tibes museum houses an exhibit of Igneri and Pre-Taino pottery, religious burial ground objects and artifacts. Some replicas are available at the Museum Souvenir Shop. A life-size replica of a Taino village, or Yucayeque, rounds out your guided tour.

Ponce Shopping Shuttle



Approximately 4 hours • \$

Ponce, one of Puerto Rico’s most charming cities boasts an aristocratic past and the nickname of The Pearl of the South. You will be picked up at the pier and then taken to the heart of Ponce’s historical district for shopping. The drop-off point is in front of the colorful Old Fire Station Museum, one of the island’s most visited and photographed landmarks. Entrance to the museum is free and you are welcome to browse here before or after your shopping excursion.



Puerto Limón/
Puerto Moin,
Costa Rica



ADVENTURE TOURS

Rain Forest Aerial Tram



Approximately 7½ - 8 hours • \$\$\$

If walking through a rain forest seems exiting, then imagine the experience of traveling on top of it! This is a reality in the central mountain rain forest of Costa Rica. The Rain Forest Aerial Tram has become an adventurous and unique eco-tourism sightseeing experience. It takes visitors on a 70-minute excursion through the canopy of the rain forest allowing you to discover the beauty of the hanging gardens of air plants, animals and birds hidden at the top of diverse tall trees. Home to two-thirds of all rain forest species, the rain forest canopy is a little-known world of tremendous beauty and extraordinary biological diversity. The tramway runs through a private reserve that borders the Braulio Carrillo National Park. This contributes to the protection of one of the richest canopy communities in the world. The canopy is full of both known and unknown plant species. See canopy life and discover new things on the natural history world. The lower, outbound leg of the tram ride will skim over hilltops and introduce you to the sub canopy, a dark world of overburdened limbs dripping with mosses, ferns and orchids. Lianas and vines drape over branches and traverse forest spaces where they are commonly used as paths by many animals. The return leg reveals an even more dramatic portion of the trip as the cars glide on a journey through and above the canopy. Before returning to the pier you will enjoy a tasty Costa Rican lunch.

Please note: Lunch is included. Light clothing, rain gear, hat, sun block and insect repellent are recommended.

Sloth Sanctuary & Canoe Adventure



Approximately 5½ hours • \$\$

Spend 70 minutes gliding in a canoe through the lush tropical vegetation that surrounds the Estrella River, experiencing the exuberance of Costa Rica’s rich Caribbean humid tropical rain forest biodiversity. It’s common to see monkeys, sloths, river otters, caiman, birds, butterflies and amphibians. A seven-minute video will then introduces you to the on-going scientific studies being carried out at the Aviarios Center—the Sloth Sanctuary. Meet the individual animals in the Arroyo’s care, and learn their stories and what the hopes are for their future. From volunteers, you will learn the wonders of these little-known creatures, followed by a guided easy walk through the Humid Tropical Lowland Forest on a well-kept path. At the conclusion of the tour, enjoy icy cold tropical fruit drinks and a seasonal tropical fruit buffet. On the way back to the ship, a short stop will be made for shopping at the Colon Caribe Resort.

Rain Forest Horseback Riding



Approximately 4½ hours • \$\$

Enjoy the best of the rain forest, jungle and rivers with this unique horseback riding adventure. After a 30-minute drive from Puerto Limón, you will arrive at the Cedar Ranch, a private, 50-hectare reserve protecting virgin stands of pristine tropical forest. Your adventure will start at the farm when you get on your horse. Over the next two hours, your horse will take you on a ride through green pastures and virgin rain forests, and along the banks of the Banano River. Bring your binoculars—this is a great opportunity to observe birds. In addition, the beautiful bluejean frog and the dendrobates auratus frog abound on the magnificent kapok trees, among many other species of flora and fauna. Finally, you will arrive at the top of the hill to observe the great views of the Banano River and its surroundings. When you return to the ranch, you will be treated too tropical fruits and bottled water. You will also have the opportunity to buy souvenirs at the air-conditioned store. This is a great combination for an adventure near Limón. If you like fun, nature and relaxation, horseback riding is waiting for you.

Please note: Waiver must be signed.

Jungle Kayaking



Approximately 5 hours • \$\$

Guests participating in this adventure will experience something unique—rain forest kayaking in Costa Rica. After a ¼-hour ride from the pier, you will arrive at Matina’s Dock. Enjoy a delicious buffet of tropical fruits and Limón’s Afro-Caribbean Calypso music. From there, a 15-minute boat ride will bring you to a rain forest Lagoon. Before heading out, guests will receive safety instructions and a demonstration about the use of the equipment. Surrounded by lush tropical forest, there is a great deal of pleasure in the tranquility and the sounds of the jungle. Softly paddling from time to time, you will make your way through this amazing lagoon for approximately 1½ hours. The heavy annual rainfall nurtures this area, extremely rich in flora and fauna. There are plenty of chances to observe orchids, water lilies, and other aquatic plants. You may also be able to spot sea birds, monkeys, iguanas, sloths and toucans. It is both a relaxing and invigorating experience.

Please note: Not suitable for wheelchair guests. Bring a change of clothes, sunscreen and insect repellent; wear a hat and sturdy shoes that will get wet.

Costa Rica Off-Road Adventure



Approximately 4½ hours • \$\$

This tour goes places in Costa Rica where most vehicles dare not venture. Your adventure begins when you walk up the gangway to board an all-terrain vehicle that is one of a kind in Costa Rica and head south along the coast that connects Limón with the Panama border. After leaving the main road, you will come upon the small village of Bananito where you will learn about the history of the railroad in Costa Rica. Now it is time to head for the mountains! As you drive along, you will view forests, cattle ranches, banana plantations and an area with a view point, while you will enjoy delicious tropical fruits. In the next part of your journey, passing through various rivers and over interesting bridges, the tour heads to the mountains road to the remote area of Valle de la Estrella, where you will see how the people work in the banana-packing plant. Then it is time to head north, back to civilization.

Biking through a Caribbean Village



Approximately 6½ hours • \$\$

Let yourself be transported, literally and figuratively, as you head in air-conditioned comfort to the southernmost part of the Caribbean coast of Costa Rica. This is a beautiful 1¼-hour ride past lowland rain forest, shoreline and palms as you learn about Costa Rica. The scenery that typifies Costa Rica’s Caribbean coast includes dark brown beaches or the even jet-black sand beaches and a turquoise ocean. Upon arrival at Almonds & Corals Lodge, you will find bicycles and helmets are ready to be assigned to each guest. Restrooms are available for use before the bike ride. A guide and staff wearing reflective vests will accompany you, while a support vehicle is always at the back of the line. The ride is flat and easy. Once in the Caribbean town of Manzanillo take in scenes from everyday rural life. Lots of colorful structures and vegetation makes this little town a charming place to bike through. Experience the wonders of the Caribbean at Manzanillo beach, where the ocean meets the exuberant rain forest and where you can enjoy a dip in the water. The ride back is just as lovely, and ends up at Almonds & Corals Lodge with a treat of tropical fresh fruits, natural juices, coffee, tea and bottled water. There is sufficient time to relax and stroll around or sit by the beach before boarding the air- conditioned transportation back to the pier.

Please note: The biking tour is for all ages. Bikes are easy “beach cruisers.” There are appropriately-sized bikes for children. The entire ride is conducted on a flat dead-end road with almost no traffic. Light sports clothing recommended. Not suited to wheelchair guests.



SIGHTSEEING TOURS

Limón Sightseeing



Approximately 3¼ hours • \$

Cienuquita, the oldest part of Limón, was constructed by the first Jamaican settlers. Here you will see houses built on stilts over coastal swamps. Continue past banana and cacao plantations and beautiful, breathtaking vistas of the Caribbean Sea adorned by palm trees. During your drive, spot white egrets, blue herons, kingfishers and pelicans. On the return journey to Puerto Limón, you will have the opportunity to visit the village of Bananito, constructed by the Standard Fruit Company (Dole) to provide their employees with housing and the comforts of a city. A sight-seeing drive through the Moin Port area will follow, before you arrive back at the ship. A brief shopping stop will be included.

Please note: This is an orientation drive in the vicinity of Puerto Limón, and is not intended to be an in-depth look at Costa Rica. A light sweater and rain gear are recommended, as well as comfortable walking shoes.

Costa Flores



Approximately 5 - 5½ hours • \$

Costa Flores is one of the largest tropical flower and palm farms in the world. It covers 300 acres, with more than 600 varieties of tropical flowers and palms. Several rain forests and humid forests border the farm that has been fertilized for thousands of years by Costa Rica’s rich volcanic soil. Among the great variety of plants and flowers grown here, there is a beautiful diversity of heliconias. They evolved in Southeast Asia, where there are only seven species survive today, all of which have entirely green inflorescence. No-one is certain exactly how many species of heliconia exist in the jungles of South and Central America, but experts estimate around 400 species with thousands of color variations. Explore with this great farm and watch all kinds of tropical exotic flowers while strolling along its easy flat trails. Later, a visit to the packing plant will enhance your experience as you watch how these flowers and palms are expertly packed for shipment to

Switzerland, Japan, Canada and the United States.

Please note: A light sweater, hat and rain gear are recommended, as well as comfortable walking shoes. Bring insect repellent.

Grano de Oro Coffee Plantation



Approximately 7½ hours • \$\$

Discover how exciting and beautiful this Central American country is as you travel through its rural hinterland. You will tour on a deluxe air-conditioned motor coach along the country's most picturesque highways, through the most scenic mountain passes and into the ancient Turrialba Valley. Once in the valley, you will pass through some of the greatest Costa Rican coffee and sugar cane fields. The ancient slopes of the Turrialba Volcano are home to a great coffee tradition. Grano de Oro is a nearly century-old coffee mill nestled in the valley and surrounded by beautiful rain forest and mountains. Here you will learn about the early techniques of coffee farming, harvesting, milling and roasting. The peaceful breeze and gentle warmth of the sun transport you to the festive production of Costa Rica's most famous crop. Hear about the production of seedlings and techniques for growing Costa Rica's most treasured agricultural product. Harvesting is the next step in the process and you'll see how Costa Ricans have been picking the crop by hand for more than 200 years. The milling process follows. Experience firsthand how the berries are sorted, peeled, fermented and sun dried. Then the coffee is roasted to perfection for you. You will have a chance to interact with this process. Relax and enjoy a cup during a "cupping" or tasting session. Welcome to the world of great coffee! On site are many coffee related for you to purchase. Having learned everything you have always wanted to know about coffee, you are now ready to visit Casa Turire—an exclusive and simply delightful, one-of-a-kind, luxurious boutique hotel where you will enjoy exquisite cuisine for lunch. There is also time to browse among the fine handcrafts and beautiful souvenirs at the hotel's gift shop before are transported back to the present day and back to the coast through landscape surrounded by beautiful gardens, tropical flowers, birds, palm trees, fresh air and a lovely lake.

Please note: Wear light cotton clothes and comfortable walking shoes. Not suited to wheelchair guests.

San José Town & Country



Approximately 9 hours • \$\$\$

Your Afro Caribbean Adventure begins with a drive through Braulio Carrillo National Park. This realm of primary forests and wildlife ascends from the lowlands of the Caribbean through the Central Volcanic Range to the Central Valley of San José. In the park, you will be in the cloud forest, a charming, volcanic mountain environment. On arrival in the capital city, begin a tour of this handsome city. Watch for the National Theatre—this century-old cultural symbol is the pride and joy of Costa Rica, as it represents an important era of economical, artistic and cultural changes. During your sightseeing, you'll pass La Sabana Park, the ambassadorial residences, the National Stadium and the Metropolitan Cathedral, stopping to visit the National Museum with a vast collection of archaeological and historic artifacts. It is a former military fort turned into a cultural museum and its displays features gold, jade, stone and pottery. Lunch will be served at a fine restaurant. After lunch, a stop will be made in Moravia to see and/or purchase a variety of Costa Rican handicrafts and art, including primitive style painting.

Please note: Bring a light sweater or jacket and a hat. The ride to San José is approximately 2¼ hours each way.

Coastal Highlights & Banana Plantation Tour



Approximately 4½ • \$

Departing the Pier of Puerto Limón and heading towards the south, you will pass Cieneguita, the oldest part of Limón. The province of Limón covers an area of 3,583 square miles with a population of 169,000. Many are black descendants from Jamaica—originally brought here by Minor C. Keith to build the railroad that proved almost impossible. Many of these Jamaicans stayed in the area after completion of the railroad to work on the cacao and banana plantations. Their houses were built on stilts, as the conditions of coastal swamps, landslides, flooding, jungle fevers and heavy rains made for hard-won battles. Continuing your journey, you will pass Limón International Airport, banana and cacao plantations, and beautiful vistas of the Caribbean Sea from a coast adorned by palm trees. Keep an eye out as you may spot white egrets, blue herons, king fishers, pelicans, iguanas, flycatch-

ers, roadside hawks and black shouldered kites. At the village of Bananito, built by Dole for its employees, you will be able to visit a banana-processing plant to see how bananas are selected, cleaned and packed for export. After your visit to this small banana village, a short stop will be made at Colon Caribe, a large shopping plaza, where you can purchase local souvenirs to take home.

Pineapple Farm—A Taste of the Tropics



Approximately 4½ hours • \$

You will leave Puerto Limón for a short, evocative tour through the lowland rain forest to the Hacienda Ojo de Agua pineapple plantation, owned by a family company dedicated to producing both fresh and dehydrated pineapples. At the farm, you will learn firsthand about the technique of growing and harvesting of one of Costa Rica’s main export products. The pineapple originates from the Americas, and its original name is *ananas*, which means “exquisite fruit.” From a sweeping overlook, you will appreciate the vastness of the plantation and the open scenery of Limón Province. Continuing on, you will visit the processing and dehydrating plants, finally arriving at the plantation’s handsome souvenir shop to browse for keepsakes and, of course, to savor the sweet flavors of premium-quality fresh and dried pineapples.

The Jungle Train Adventure



Approximately 3 - 3½ hours • \$\$

Travel the narrow-gauge tracks on the Northern Railroad that gave birth to the banana industry and that it was said “couldn’t be built.” The train ride will take you along the Caribbean Sea shore, lined by hundreds of tall coconut trees. Pass deep jungles of rain forests and crystalline rivers. Transfer to modern vans or buses for the rest of the trip to the bustling, banana-processing town of Estrada in the heart of Central America’s rain forest.

Please note: This tour operates one way by train and one way by modern motor coach.

Nature Walk at the Shaman's Land



Approximately 5½ - 6 hours • \$\$

An hour and a half drive along the Caribbean coast of Costa Rica brings you to the land of the Shaman—a medicine man who is a well-known character among Costa Ricans today. Watch for the extraordinary poison dart frogs, butterflies, orchids, birds and other wildlife. Your guide is a Naturalist who will enhance your experience. A fruit snack is provided at the Almonds & Corals Lodge with time to relax and stroll around or sit by the beach before returning to the pier.

Please note: Light cotton clothing recommended. Not suitable for wheelchairs.

Tayutica Hacienda



Approximately 7¼ hours • \$\$

Tayutica Hacienda in the hills of Turrialba belongs to the Ortuño Family, whose wealth comes from sugar cane, coffee and macadamias. Learn about the ancient methods of cultivation and processing the sugar cane, where you can see how the extract of the sugar cane is cooked, filled into the molds and converted into a delicious sweet with macadamia nuts. See the process of cultivating coffee—from the red coffee berry to the roasted coffee bean, followed by a coffee tasting session. Visit the green house, with exotic orchids, and the macadamia drying and peeling plant. Enjoy the view of the valley, the Reventazon River and its impressive dam, and lunch is served in a covered hall surrounded by exotic gardens. A store offers souvenirs at factory prices.



BOAT TOURS

The Tortuguero Canals



Approximately 4¼ hours • \$\$

It's a 1¼-hour ride to the Matina Embarcadero, where you will hear Limón's Afro-Caribbean Calypso and enjoy refreshments. Then, board a Mawamba to cruise through the jungle canals of Costa Rica's Caribbean coast. The Tortuguero Canals are known as Costa Rica's "Amazon," because of the surrounding rain forest. Heavy annual rainfall fills the area with orchids, birds, monkeys, crocodiles, sloths and toucan. Disembark the boat in Moin to board motor coach transportation back to the ship.

Sarapiqui Jungle River Cruise



Approximately 8 - 8½ hours • \$\$\$

Admire the rain forest by navigating the calm waters of the Sarapiqui River. A scenic drive of about 2½ hours brings you to Sarapiqui, where you will board your covered boat. The boat ride lasts about two hours, with time for you to see the magnificent rain forest and perhaps toucans, monkeys, and sloths. At a private farm, enjoy a home-style lunch, then walk through the nature trails before a boat-ride back to the bus.

Please note: Bring your camera, film, towel, insect repellent, hat and sunscreen.



Puerto Quetzal, Guatemala



ADVENTURE TOURS

Deep Sea Fishing



Approximately 7 hours • \$\$\$\$

The waters of Guatemala offer great opportunities to fish for dorado, marlin and sailfish. All gear, lunch and beverages are included on this catch-and-release adventure.



SIGHTSEEING TOURS

Panajachel, Lake Atitlan & Highlands



Approximately 10 hours • \$\$\$

Journey into the Guatemalan Highlands to visit Lake Atitlan, a region which is now home to the modern Maya, where today's Indians distinguish themselves with clothing made of elaborate weavings and decorative stitching that tell the story of their lives. Travel for 2½ hours, taking in views of volcanic mountains, farmland and rural villages. Follow the roadway over mountain ridges offering panoramic views and captivating overlooks of Lake Atitlan surrounded by volcanoes. Arrive in San Lucas Toliman and board a boat for a scenic one-hour sightseeing cruise across picturesque Lake Atitlan. After a short time to explore Panajachel, the boat transfers you to a nearby luxury hotel for lunch before you return to Puerto Quetzal.

Historic Antigua & Colonial Tour



Approximately 8½ hours • \$\$\$

Journey to the colonial capital of Antigua at 4,500 feet above sea level. Enjoy the distinct atmosphere of Spanish colonial heritage among cobblestone streets lined with historic buildings. Tour the city’s impressive cathedrals, the convent of Las Capuchinas and the central plaza for time to window-shop and stroll the Parque Central. Lunch is included at one of the city’s fine hotels, and afterwards you will stop at a jade factory. A sightseeing drive back to the coast includes coffee and sugar plantations.

Tikal Expedition By Air



Approximately 10 - 10½ hours • \$\$\$\$

Transfer to a nearby airport for a 1½-hour flight by chartered aircraft to the vast northern region of Petén. After disembarking the aircraft enjoy a one-hour drive along a rain forest-lined road en route to the famed Mayan ruins of Tikal. Begin a 2½-mile guided hike along dirt roads and pathways leading back in time. A mysterious realm unfolds as you enter the forest surrounding the ruins, and the Great Plaza will come into view. You will visit the Pyramid of the Great Jaguar, the Central Plaza, the Palace of the Masks and Pyramid IV. Marvel at the size of the Central Acropolis and North Acropolis, and temples that tower above the tree-line. Lunch is served on the premises as you relax and reflect on the magnificent remnants of the Mayan culture. If time permits, you’ll stop at the Sylvanus Morley Museum before you retrace your journey back to the ship.

Please note: The walking tour takes three hours and covers 2½ miles of dirt roads and pathways with some gradual inclines and stairways. Wear sturdy, comfortable, closed-toe walking shoes, a long-sleeved shirt and trousers; bring a rain jacket or poncho and an umbrella.

Archaeological Copán & Honduras Countryside



Approximately 8½ hours • \$\$\$\$

Travel into Honduras by chartered small aircraft to visit Copán—the Paris of the ancient Mayan world. A short drive leads you over a dirt road to the ruins of Copán. Enjoy a 2½-hour, 1¼-mile stroll to see the pyramids, temples, and stelae. Marvel at the well-preserved Ball Court, ponder the peculiar inscriptions on the magnificent stelae, and admire the famed Hieroglyphic Stairway. Visit the New Sculpture Museum, then you will stop for lunch in the town of Copán. Step into the local museum or shop for local souvenirs before you fly back to Guatemala and the ship.

Please note: Bring your passport.

Filadelfia Coffee Plantation & Antigua



Approximately 7½ hours • \$\$\$

Drive through lowland pastures and past three spectacular volcanoes to the Filadelfia Coffee Estate in the central zone. This is an ecological project with an area of approximately 250 acres of land devoted to reforestation programs, seeding white pine, gravilea, mahogany, cedar and cypress. Learn how high-quality Guatemalan coffee is cultivated, harvested and processed for export, and all about aroma, body, acidity and differences. Enjoy a typical Guatemalan lunch with live music and a folkloric show. Guests taking this tour, will also have the opportunity to glimpse the city of La Antigua Guatemala (1543) a UNESCO World Heritage Site. Cobblestone streets, colorful façades and tiled roofs, as well as restored and unrestored ruins of churches, palaces, convents and mansions make this Spanish colonial city a favorite.

Finca Coffee Plantation Tour



Approximately 4½ hours • \$\$

Board an air-conditioned motor coach for a 1¼-hour drive through the lowland pastures, sugar cane plantations and cattle farms. This route will also offer views of some of the impressive volcanoes of the area. At the plantation, you will be greeted by the owner and have a short, 20-minute walking tour through the coffee fields and processing plant where the trail is flat, but unpaved. Watch an interesting video about processing coffee, and enjoy a cup of fine Guatemalan brew. (Soft drinks or bottled water also available.)

Casa Santa Domingo & Antigua



Approximately 7½ hours • \$\$\$

Journey to the colonial capital of La Antigua, declared a World Heritage Site by UNESCO. The countryside of coastal cattle and sugar farms change to volcanic landscapes as you approach the city. You will see the first colonial church built in Guatemala in 1534, and visit la Merced, one of the first monasteries in Guatemala. Lunch will be served at Casa Santo Domingo, a restored convent that now houses a five-star hotel and cultural center, including small museums of modern and colonial art, handicrafts and an interesting glass museum with both modern glass pieces and antique Mayan vessels and sculpture. Observe artisans working with jade at a jade factory. At the Central Park area, admire other beautiful convents, monuments and churches from the outside.

Chapín Auto Safari



Approximately 4½ hours • \$\$

The Chapín Auto Safari park is unique in all of Guatemala. It allows you to participate in a safari-like excursion, as if you were in Africa or Asia, but from the luxury of air-conditioned transportation. You will be driven through this natural tropical park's open spaces from one animal habitat to another, where different animals from all over the world are raised.



Puntarenas/
Puerto Caldera,
Costa Rica



ADVENTURE TOURS

Tropical Forest Aerial Tram



Approximately 5¼ hours • \$\$

About 1½ hours by motor coach from the Puntarenas pier, you will find a reserve with cascading 40-foot waterfall, giant rain forest trees and panoramic views of the ocean. Board an eight-seater, open-air gondola with canvas awnings and a naturalist guide, and enjoy the ride as the wonders of the forest unfold before your eyes. The tram is an adventurous, unique, ecotourism sightseeing experience. It takes visitors on an excursion through the canopy of the rain forest to discover the beauty of the hanging gardens of air plants, animals and birds, hidden at the top of diverse tall trees. Home to two-thirds of all rain forest species, the rain forest canopy is a little-known world of tremendous beauty and extraordinary biological diversity. The tramway runs through a private reserve that contributes to the protection of one of the richest canopy communities in the world. The canopy is full of both known and obscure plant species. The lower, outbound leg of the tram ride will skim over hilltops and introduce riders to the sub-canopy, a dark world of overburdened limbs dripping with mosses, ferns and orchids. Lianas and vines drape over branches and traverse forest spaces where they are commonly used as paths by many animals. The return leg of the ride reveals an even more dramatic portion of the trip as the car glides on a journey through and above the canopy with stunning vistas. Enjoy a short walk through the tropical forest to enhance the experience. During the ride back to the pier, a beautiful replica of colonial houses at a nearby shopping village awaits, for guests to discover the handicrafts of the country and, weather permitting, a short stop may be made to observe crocodiles from a bridge.

Sky Walk in the Forest



Approximately 5 hours • \$\$

Visit the Sky Walk in the Forest, consisting of trails and five cable bridges to see birds and animals living in the treetops. More than 120 species of birds have been identified as well as kinkajou, agoutis and coatis. The 1½ hour walk downhill is moderate to strenuous and affords breathtaking views of the coastline. Trails may be muddy sometimes as it rains frequently. A one-hour drive on a straight and flat road brings you back to the pier.

Please note: Minimum age is 8 years. Bring binoculars and wear light cotton clothing. Hiking shoes recommended. Not suitable for wheelchairs.

Tropical Forest Horseback Riding



Approximately 4¼ hours • \$\$

A horseback and nature adventure awaits in the town of Cascajal de Orotina, just 45 minutes from Puntarenas. Local expert horsemen will be waiting for you in the corral of an old hacienda that once comprised part of an extensive cattle farm. Sunshine and shade will refresh your spirit as you ride the trails to El Faro, the highest point on the ride. From here, you'll descend to the Machuca river, where you'll enter a section of virgin tropical dry forest. This forest is considered to be one of the world's rarest ecosystems, and you'll be able to experience the exuberant vegetation and exciting wildlife of this exceptional environment. Ride along the river's banks, finally arriving at a little ranch in the middle of this tropical forest experience. Here, you'll bask in the soothing rhythms of river water and enjoy fresh fruit and ice-cold water. After resting, you'll start back, passing through a mango plantation. You'll learn about the tasty fruit's importance, as well as harvesting techniques, before heading back to the hacienda.

Please note: Maximum weight is 220 pounds. Waiver must be signed.



SIGHTSEEING TOURS

Picturesque Sarchi



Approximately 5 hours • \$

Sarchi is the home of Costa Rica's finest craftsmanship. This scenic town is located in the west area of the Central Valley just 40 miles away from Puntarenas. It is an area surrounded by coffee and sugar cane plantations. This is a great place to learn about how important farming is in this country. As you pass through the town of Sarchi, discover the Costa Rican farmer's most important symbol—the brightly-colored, hand-painted oxcart. The oxcart tradition started more than a century ago, and you will have the opportunity to watch practiced craftsmen as they paint their oxcarts just like their ancestors did. Take a look at how oxcarts turn into a hand-painted piece of art. Shopping time is scheduled here. A large variety of woodcrafts, leather goods, beautiful post cards and souvenirs of all kinds will be available to please everyone's taste. Just before returning to the pier, enjoy the town of Grecia with a short stop for photos of its park and unique, late-1800s, all-metal church! After Grecia, relax for a ride through the green-blue mountains and the 1½-hour ride back to the ship.

Poas Volcano & Cloud Forest



Approximately 8½ - 9 hours • \$\$

Poas Volcano National Park is one of the most beautiful areas of the Central Valley of Costa Rica. As you travel by deluxe air-conditioned motor coach, discover that several picturesque and small towns surround the Central Valley. The landscape is amazing and green as you pass by some of Costa Rica's largest coffee and sugar cane plantations. All of a sudden, you'll find yourself looking at this country's main cities from the top of the main mountain range (8,112 feet). If you are a landscape- and nature-lover, then you will be glad to discover all the wild flowers, plants and birds that the Poas Volcano area has to offer. Indeed, the Poas Volcano is one of a kind. Naturalists agree that this National Park has some of the world's most varied flora. As you ride up through the central mountain range, rich green forests will wrap around

you from all sides. Once in Poas Volcano National Park, you will have the great opportunity to walk on a paved half-mile trail, which is taken over by the cloud forest's lushness. It is at the end of this trail that you will find a breathtaking view of one of the biggest craters on the planet. After the visit to the volcano, a traditional lunch will be served at a quaint venue surrounded by magnificent grounds and colorful flowers, setting the scene for a Costa Rican traditional lunch. Before returning to the ship, the motor coach will make a shopping stop at the village of Sarchi where you can find a large variety of woodcrafts, leather goods and souvenirs of all kinds to please everyone's taste.

Please note: Poas Volcano National Park tour should be avoided by guests with heart or respiratory conditions due to the altitude and the level of activity (½-mile walk on a moderate incline uphill to the top and ½-mile back downhill). Rain gear and/or a windbreaker are recommended as weather conditions may suddenly vary. Air conditioned buses can be chilly.

San José All-Day Tour



Approximately 10 hours • \$\$

Travel the Pan-American Highway through small towns to San José. You will pass by La Sabana Park, the National Stadium and the Metropolitan Cathedral, and stop at the National Museum and the famed National Theater. See the National Park and the National Library. Then, a privately-owned colonial retreat located in Valle del Sol (Sunny Valley) will be your venue for a buffet luncheon, accompanied by a strolling Tico Trio or Marimba music. Relax under the mango trees to enjoy beer, refreshments and appetizers while a local band plays music of the region. Returning to the Pacific Coast, take advantage of a short detour to visit the rural village of Sarchi, famous for its decorative oxcarts and handsomely crafted woodwork.

Costa Rica's Countryside & Coffee Tour



Approximately 8 hours • \$\$

A picturesque two-hour ride over the Pan-American Highway brings you to the Central Valley's rich farmlands, green hills and tropical forest mountains. Stop at the colonial city of Heredia, home of Café Britt's Coffee Tour. At Britt, a group of professional

actors, performing as a typical Costa Rican farmer family, will take you through the coffee field, where you will learn how this crop grows in the highlands of Costa Rica. See a dynamic play show at the Britt's theater, then it's time to taste a good cup of coffee and enjoy the gracious lifestyle of a farming family. Continue to Valle del Sol to enjoy a delicious home-style barbecue lunch under the mango trees, while you enjoy beautiful gardens and a local band.

Carara—the Kingdom of Nature



Approximately 5 hours • \$\$

Journey 1¼ hours to explore Carara, a biological reserve located in the transitional climate zone between the dry northern Pacific and the humid tropical forests—ideal trail walking and wildlife viewing. A naturalist-guide will lead you on a 1½-hour walk of approximately 3,000 feet under the canopy of trees. Watch for monkeys and macaws, parrots and peccaries, toucans and sloths, butterflies and reclusive reptiles.

Please note: This tour covers uneven terrain in a hot, humid and soiled environment requiring a moderate amount of stamina and agility. Wear comfortable, closed-toe walking shoes, long pants and insect repellent.

Orchid Farm



Approximately 4½ hours • \$\$

In just under an hour drive through local rural scenery, your air-conditioned motor coach reaches the Orchid Farm. Unlike gardens at home, these grounds are designed to show visitors the beauty of orchids all year round, with many colors, shapes and sizes. While strolling within the green houses and collections, you will learn a good deal about these stunning plants and their flowers. A naturalist guide enhances your experience narrating the history and secrets of orchids. Visiting the packing facilities to see how these beautiful flowers are handled and shipped all over the world. Enjoy fresh tropical fruit and browse in the small gift shop heading back to the pier on a one-hour drive.

Please note: Wear comfortable walking shoes and light cotton clothing. Walking time at the farm will be approximately one hour in partial sun and high humidity.

Arenal Volcano & Thermal Waters



Approximately 10 hours • \$\$

Hot springs, a rain forest, an active volcano, crystalline rivers, coffee plantations, pasture lands, vegetable plantations and dairy farms are what you will see or experience today. Travel to San Ramon, one of the most historic towns of the Central Valley, where you will visit the Cigar factory. San Ramon's agricultural expansion and protected areas are the perfect contrast as both take place simultaneously, without conflicting one another. Stop at the Arenal volcano, extremely active and sporting a perfect, imposing cone, and exuberant vegetation. You'll also see the majestic engineering masterpiece of Arenal Lake. On the plains of San Carlos, stop at El Tabacon Resort. Here's an opportunity to take a dip in the hot water sulfur springs that flow from the volcano.



BOAT TOURS

Tropical Mangrove River Cruise



Approximately 5¼ hours • \$\$

The Guacalillos Estuary and the Tarcoles River are noted for mangrove forests that make an excellent habitat for endemic birds such as the mangrove cuckoo, hummingbirds, vireo, the Panama flycatcher, herons and egrets. This particular mangrove forest is important for the conservation of the endangered scarlet macaw. 250 species of crocodiles, insects and birds also make this area their home. The mouth of the Tarcoles River is one of the richest sites for sea and shore birds, especially from October to April. Ospreys, gulls, cormorants and pelicans are plentiful here, as are iguanas, lizards and storks. An easy walk takes you 560 feet along firm land next to the mangroves before boarding an open-sided, covered boat for a two-hour ride through the estuary. Refreshments and fresh fruit will be served, accompanied by Marimba or Calypso music at the end of the tour.



Roatán Honduras



ADVENTURE TOURS

Dive With Sharks In Roatán



Approximately 3 hours • \$\$\$\$

A coral reef that caused many naval disasters during the last centuries is the best location in Honduras for a spectacular boat dive with sharks. Encounter these fascinating creatures at 60 feet down, where you will have a chance to observe close-up black tips, bulk sharks and silver sharks from 7 to 10 feet long!

Please note: Wear your swimsuit. Bring a towel, sunscreen, insect repellent, hat and sunglasses. Participants must present their C-card and must have dived within the last two years.



SIGHTSEEING TOURS

Roatán West Side Island Tour



Approximately 4 hours • \$\$

A naturalist guide will accompany you on an easy 50-minute walk through the Carambola Botanical Garden—a jungle garden offering hummingbirds and tropical plants, and a snack on fresh fruit. Enjoy 20 minutes of free time at the Butterfly Farm (butterflies, parrots and toucans), and approximately an hour to shop in West End Village or just relax over Honduran coffee at the beautiful meeting point built on the water. A musical ethnic group of dancers of the Garifunas tribe will entertain you, demonstrating how to dance la punta.

Please note: Wear comfortable shoes; bring a hat, sunglasses, insect repellent and sunscreen.



AQUATIC TOURS

Semi-Submarine Boat Ride & West End Village



Approximately 3½ hours • \$\$

Admire the coral reef from the large, clear windows of a semi-submarine—a moving underwater observation compartment that travels a few feet below the surface. The guide on board is an expert dive master who will explain the underwater environment. Then there's time for shopping at West End Village or just relaxing at a meeting point built on the water with a cup of Honduran coffee, lemonade or iced tea. A musical ethnic group of dancers of the Garifunas tribe will entertain you, demonstrating how to dance *la punta*.

Please note: Wear comfortable shoes; bring a hat, sunglasses, insect repellent and sunscreen.

Kayaking & Snorkeling Adventure



Approximately 4 - 4½ hours • \$\$

Kayak in a beautiful bay with a professional guide. Look down to see marine life galore. Watch for green moray eels or an endangered sea turtle. Soft drinks, snorkeling equipment and kayak use are included.

Please note: Wear your swimsuit under your clothes; bring a towel, hat, sunglasses, insect repellent and sunscreen.



BOAT TOURS

Catamaran Sail & Snorkeling



Approximately 4 hours • \$\$

This sail and snorkeling adventure begins aboard a beautiful yacht with a one-hour jaunt along the coast of this splendid island. Then, the crew will provide snorkel equipment and instruction during a one-hour visit to one of the best living coral reefs in Central America, and all its natural flora and fauna wonders. Snorkeling is from the boat; equipment is provided. Soft drinks will be served.

Please note: Wear your swimsuit under your clothes; bring a towel, hat, sunglasses, insect repellent and sunscreen.



Roseau, Dominica



ADVENTURE TOURS

Discover the “Nature Isle” By Mountain Bike



Approximately 3½ hours • \$\$

Begin your ride, biking primarily downhill through the lush Layou River Valley, which descends through the heart of the island’s rain forest. The winding road will take you past beautiful vistas, lush tropical countryside and banana, citrus and coffee plantations. At the Layou River, stop for a refreshment break and swim in the river and a hot water sulfur pool. Back on your bike, pedal to the seaside for transportation back to the ship.

Please note: Wear your swimsuit; bring a towel and sunscreen.

Layou Gorge River Tubing



Approximately 3 hours • \$\$

Come tubing on the largest and longest of the 365 rivers of Dominica—the Nature Isle of the Caribbean. Guaranteed thrills, fun and excitement for the entire family! A 40-minute drive takes you past the village of Massacre, named after the massacre of the Carib Indians in 1674, and through the unspoiled Layou Valley. Watch for the village of Mahaut and Dominica Coconut Product factory in Belfast, where cosmetics, detergent and soaps are manufactured utilizing local raw materials such as coconuts, cocoa and hibiscus leaves. At your launching site, a tubing guide will be waiting to take you on a breathtaking journey down the Layou River. There will be a short safety briefing before you begin your tubing adventure. The Layou Gorge with its precipitous tall cliffs that overhang the river, and its unspoiled natural vegetation, with several large cool freshwater pools offers the tubing adventure of a lifetime. Enjoy the cool mountain

breeze sweeping down the valley, gently rustling through the trees. it doesn’t get any better than this!

Sportfishing Adventure



Approximately 4 hours • \$\$\$

Dominica is famous for sportfishing! A knowledgeable captain, good boat, tropical drinks and fish on the end of the line can make your dream a reality. Fish commonly caught include blue marlin, wahoo, king fish, mahi mahi, tuna and skipjack. Alcoholic beverages drinks can be purchased at reasonable prices. Boats have a good balance of shaded and sunny areas.

Please note: A minimum of four participants is required.

Nature’s Hidden Treasures & the Carib Indians



Approximately 6½ hours • \$\$

Experience the unique features of Dominica’s culture, nature and views from a different perspective. Stop at the Botanical Gardens to see the famous and endangered Jaquot and Sisserou parrots. From here it’s an easy 15-minute hike to the newly discovered, secluded Twin Waterfalls in the rain forest. Those who wish to do so can climb a hill to reach to the second white sulphur waterfall, reputedly good for the skin. Sample an organic buffet of local food and fruits in an area adjacent to the Carib Territory, as you are entertained by the dances of the Carib Indians. You will have a chance to swim in the natural pool of the Pagua River, then take photos from Horse Back Ridge. Return to the ship in Cabrits.

Please note: Wear your swimsuit for river and waterfall swimming.

Rain Forest Aerial Tram



Approximately 4 hours • \$\$\$

Your excursion with a naturalist guide travels by coach through Roseau to Laudat, a village nestled more than 3,000 feet up in the mountains. Take a 90-minute Aerial Tram journey into the rain forest to encounter nature at its best. This modified sky lift skims along the forest floor and then soars to heights of 300 feet above



the Breakfast River Gorge and the forest canopy. As you look down the gorge, watch for the beautiful waterfalls. Your guide will introduce you to the many types of flora, fauna and wildlife. The Morne Trois Piton rain forest boasts more than 172 species of birds including two endangered species of parrots.

Please note: Wear comfortable shoes; bring a rain coat and some insect repellent.

Dominica By Jeep® & Swimming at Ti Tou Gorge



Approximately 3½ hours • \$\$

From your intricately-painted four-wheel drive open-air, ex-military vehicle with a 360° view, journey to Morne Bruce for a picturesque view, then stop at the Botanical Gardens for a close-up encounter with the the Sisserou parrot and other flora and fauna of Dominica. Wind through the mountains to the renowned Trafalgar Falls—one of Dominica’s most visited attractions—and take a dip in a natural plunging pool at the Ti Tou Gorge.

Please note: Rain gear and water shoes are recommended. Wear your swimsuit under your clothing and bring a towel.



SIGHTSEEING TOURS

Carib Indian Culture & History



Approximately 6 hours • \$\$

Explore the home of the 3,000 remaining Carib Indians, passing first through Roseau and stopping at the colorful Emerald Pool, located in Trois Pitons National Park. A 15-minute trek through the rain forest brings you to the 50-foot cascading waterfall of the enchanting Emerald Pool. At a Carib Model Village, one of the 3,000 remaining Carib Indians will be your guide and will introduce you to a group of Carib dancers who will sing and dance in their traditional costumes. Witness the skills of craftspeople using natural grasses to make hats and baskets. See Cassava baking and canoe digging. Visit Salybia Church with an



altar made of a Carib Canoe and primitive murals. View large banana and coconut plantations from Horseback Ridge, as well as Morne Trois Pitons and Morne Diablotin, the highest mountain in Dominica. Exiting Carib Territory, you will see Calibishie fishing village. Complete your island exploration with a drive through Portsmouth on your way to Cabrits National Park to meet your tender for the return ride to the ship.

Please note: Walking includes damp, rocky path over gravel, roots and rocks. Guests can also view the pool from a point a short distance along the path. A box lunch from the ship will be provided.

Panoramic Rain Forest Drive



Approximately 2 hours • \$

Head to Morne Bruce for a bird’s-eye view of the town of Roseau, and east through the steep rain forest hills of the Trafalgar and Roseau Valley. At 1200 feet, Dominica’s rain forest can be seen, with mahot cochon, cre cre, kaklin, balate and carapite vegetation, as well as orchids, zel mouchs, bromeliads and anthuriums. Stop at Symes-Zee Villa for a fresh fruit juice, then at Tropicrafts so you can watch traditional basket weaving and purchase souvenirs.

Dominica’s Favorites



Approximately 4½ hours • \$

For a bird’s-eye-view of Roseau, travel to Morne Bruce before driving to the Botanical Gardens to see Dominica’s native Jaco and Sisserou parrots. View the top of Trafalgar Falls, cascading side-by-side out of the deep gorges which they have carved, and take a 20-minute walk up a trail, past ginger plants and vanilla orchids, to the viewpoint above the river. Pass fern-covered hillsides en route to Trois Pitons National Park, and the small Emerald Pool. The trail leading to the pool is through tropical rain forest. The Emerald Pool is fed by a delicate cascade.

Please note: Comfortable walking shoes are recommended for walking on the damp, rocky path over gravel, roots and rocks. Guests can also view the pool from a point a short distance along the path.

Rain Forest Drive & the Emerald Pool



Approximately 4 hours • \$

It's a ten-minute drive from your ship to a 400-foot elevation at Morne Bruce for a panoramic view of the city of Roseau and its environs. Your next stop is the 20-acre Dominica Botanical Gardens for a first hand view of Dominica's national birds, the Sisserou and Jaco Parrots. The gardens also contain some of the island's tallest and most exotic trees. From the Gardens, you will travel through Roseau and then up the Springfield Valley to the Emerald Pool, located in the Trois Pitons National Park. A 15-minute walk through the rain forest will take you to the 50-foot cascading waterfall of the enchanting Emerald Pool. Down in the Layou Valley, you'll pass through banana and citrus plantations, stopping for a complimentary drink. Local folklore dancers dressed in national costume will entertain you with song and dance. Your tour then returns to the port and your waiting ship.

Best of Dominica & Scenic Drive



Approximately 3 hours • \$

A leisurely drive takes you through the beautiful forests and plantations of Dominica's Layou Valley. You will see mountain peaks carpeted in rich rain forest foliage and delight in the colorful tropical flowers and banana, mango, cocoa, citrus, papaya and avocado trees en route to Morne Bruce, the Botanical Gardens with the Sisserou and Jaco Parrots. Continue through Roseau and past the Springfield Plantation House. Passing through the Layou Valley, stop for a taste of local juice, rum punch and a sample of Dominica's folklore. The scenic coastal road leads through fishing villages and Canefield Estate back to Roseau.



AQUATIC TOURS

One-Tank Certified Scuba Diving



Approximately 3½ hours • \$\$

Travel by minibus 30 minutes along the Dominican shoreline to a dive shop where you will be equipped for diving at the Soufrière-Scotts Head Marine Reserve. Sites vary from a 1,500-foot wall with an abundance of life, or drifting between a series of pinnacles covered in coral. All equipment and a professional guide included.

Please note: Wear your swimsuit and bring a towel. Waiver release form must be signed. Bring your C-card.

Kayak & Snorkel Safari



Approximately 3½ hours • \$\$

Explore the untouched rugged coastline of the Nature Isle with a guided kayaking trip from Soufrière to Scotts Head—the perfect way to reach snorkeling sites, bird watch and spot flying fish. At Scotts Head, snorkel from the shallows until you reach the dramatic drop off as your guide identifies the marine life, or helps you to improve your snorkeling technique. The bay is formed by a submerged volcano and is home to an amazing amount of marine life and coral. It is common to see dolphins feeding in the bay. Watch magnificent frigate birds diving for fish.

Please note: Wear your swimsuit; bring a towel and sunscreen.


Whale Watch & Snorkel Adventure



Approximately 4 hours • \$\$\$

This scenic boat trip with a very knowledgeable whale naturalist is ideal for sighting the deep-diving sperm whale, pilot whales, false killer whales and dolphins. You will also likely see fish and seabirds. After this memorable whale and dolphin experience, you'll stop for some boatside snorkeling.

Please note: Restrooms on board. Wear your swimsuit under your clothing and bring a towel. Wildlife sightings cannot be guaranteed.



San Juan del Sur, Nicaragua



SIGHTSEEING TOURS

Experience Colorful Granada



Approximately 5 hours • \$\$

In the city of Granada, located on the shores of Lake Nicaragua, Spanish churches and convents have survived centuries of wars, invasions and the erosion of time, yet its beauty and historic legacy are still preserved today. You'll explore the thriving core of the city, and see the beautiful cathedral and Culture House. In the main square, a performance of local folk dancing and music will illustrate the rich culture of the Nicaraguan people. Nearby, street vendors and artisans offer native crafts and embroidery for sale.

Masaya Shopping Tour



Approximately 4½ - 5 hours • \$

Between Lake Nicaragua, Lake Managua and the Pacific Ocean lies the city of Masaya, known as the birthplace of many of Nicaragua's best painters, artists, singers, poets and craftspeople. Masaya offers a unique market, where it is possible to purchase anything from clothing to purses, books, leather, ceramics, shoes, Indian artwork and food. Shop here among the locals and observe their daily life as you discover useful treasures from Nicaragua.

Granada, Masaya Volcano & Craft Market



Approximately 8 - 8½ hours • \$\$

Observe an active volcano and stand at the edge of an immense crater. Learn about the park's indigenous wildlife and vegetation, as well as its volcanic history. If you wish, you can climb the steps to the top of Masaya Volcano and take in the breathtaking view of the entire region. Lunch is at a local restaurant before continuing to the market—ceramics, leather, carvings, paints, textiles, and art are available here. The colonial city of Granada, founded in 1524 is full of churches, convents and plazas. Explore with your guide and visit the San Francisco Convent, which houses the world's largest collection of pre-Columbian stone sculptures.

Please note: This tour operates during full-day calls only.





San Juan, Puerto Rico



ADVENTURE TOURS

Horseback Riding



Approximately 4 hours • \$\$

Ride a gentle but spirited Paso Fino horse along the foothills of the world famous El Yunque tropical rain forest, on trails that are carefully laid out and wind along the shore of the Mamey River. This is the heart of the Puerto Rico countryside brimming with the flora and fauna of this lovely area. Horseback riding instruction and an orientation to the rental rules are provided. Guides accompany the group and riders of all levels are welcome.

Please note: From March to October there will be a 30-minute rest stop to relax or swim. Wear your swimsuit under your clothing and bring a towel. Weight limit is 220lbs.

El Yunque Rain Forest Day Hike



Approximately 5 - 5½ hours • \$

After a scenic one-hour drive, commence an exhilarating two-hour hike (3¾ miles round trip) through the wilderness of the El Yunque Rain Forest. Your guide will relate the history, climate, flora and fauna of the rain forest. Stop briefly at an observation tower for photos. Hike back to the bus and return to the ship.

Please note: Wear hiking boots. Waiver release form must be signed.

Bioluminescent Bay Kayak



Approximately 5¼ hours • \$\$

At sunset this kayak tour leads you to the fascinating Laguna Grande of Fajardo, where you can touch the water and literally make it glow as bioluminescent organisms light up in a manner similar to glow worms or fire flies. A most fascinating natural



SIGHTSEEING TOURS

El Yunque Rain Forest Drive



Approximately 5 hours • \$

Get away from the city for a one-hour drive to the El Yunque Rain Forest—the only tropical rain forest in United States' territory, with tropical woodlands of giant ferns, wild orchids and crystalline waterfalls spread over hills and valleys. You'll stop briefly at La Coca Waterfall, the Natural Pool, the Tourist Recreation Center and the observation tower. At the Natural Pool, take a short stroll on a mostly paved pathway in the forest. Visit a handicrafts shop before the return trip to San Juan.

Please note: Bring a light jacket in case of rain.

San Juan City Tour



Approximately 2½ hours • \$

Enjoy a drive through 17th-century architecture and along the cobblestone streets of Old San Juan to view fortresses from ages past. See the Cristo Chapel, the stately Governor's Mansion and San José Church. Take a self-guided visit of San Cristobal Fortress, built in 1634 to protect San Juan Harbor, and continue to the Condado district filled with skyscrapers, high-rise condos and luxurious resorts. Stop in Old San Juan for shopping and from there you can make your own way back to the ship.

Old San Juan Historic Walking Tour



Approximately 2½ hours • Adult/Child \$39

Savor the distinctive Old World flavor of San Juan with a bus ride to San Felipe del Morro Fortress and Military Museum, a treasure on UNESCO's World Heritage List. Visit Ballajá Barracks and the Museum of the Americas—great examples of San Juan's

SAN JUAN, PUERTO RICO

Spanish heritage. Walk past Quincentennial Square and San José Church to visit the Dominican Convent. Your stroll will take you down Cristo Street and Caleta de las Monjasto La Rogativa Monument, the Cristo Chapel and San Juan Bautista Cathedral.

World Heritage Fortress & Art Museum



Approximately 3 hours • \$

Old San Juan, the second oldest city in the Western Hemisphere, offers visitors a distinctive Old World flavor. Visit San Cristobal Fortress—a treasure on UNESCO's World Heritage List, and the Art Museum of Puerto Rico, offering exhibits from the 17th century to the present day.

Exotic Puerto Rico Latin Traditions Show



Approximately 2½ hours (1-hour show) • \$

Enjoy a taste of Puerto Rico's heritage in all its spirit and color. In this high-energy, spicy variety show, a guitarist and four or five dancers perform modernized, slightly risqué versions of the mambo, samba, conga, flamenco and the seductive rumba.

Please note: A cocktail is included. Show is not suitable for children. Dress code for the evening is casually elegant. A minimum number of participants must be met in order for this tour to operate.

San Juan City Tour & Bacardi Distillery



Approximately 3½ hours • \$

Learn a little bit of history about this fascinating island and its famous sugar cane drink at Puerto Rico's impressive, 17,000-square-foot Casa Bacardi Visitor Center. The distillery boasts historic use of tiles depicted in murals, beautiful park-like grounds, a museum of the Bacardi family history and the Bacardi shop. Don't miss the fiber-optic multi-media presentation, antique furniture and documents dating back to 1859, the 1930s-style art deco bar and, of course, a taste of the final product! Next, enjoy a drive through Old San Juan to view 17th-century architecture in the cobblestone streets of Old San Juan. Visit San Cristóbal Fortress, constructed in 1634 to protect the city. Continue to the Condado District, a modern area of high-rise condominiums and luxury resorts and back to the ship.



Santa Barbara, Dominican Republic



ADVENTURE TOURS

Samaná Scenic 4x4 Safari



Approximately 4 hours • \$\$

Spend an unforgettable day exploring by 10-person, 4x4 vehicle in comfort and safety. After an early morning departure from the pier, your first stop will be at a Finca (a Dominican farm) to see its various plantations and taste native fruits in season. Then, head down a trail dotted with colorful islander homes, to Playa El Valle, an untamed white-sand beach lined with palm trees, among the most beautiful on the island. Leaving the beach behind, see La Cascada Sumador waterfall with small pools where you can relax and refresh yourself with clear, cool sparkling water. From there, take the Loma de la Piña Trail through lush tropical vegetation to a viewpoint overlooking Cayo Levantado Island at an altitude of about 1,300 feet, eventually leading you back to the pier.

Please note: Wear comfortable shoes, sunscreen, sunglasses and a hat. Minimum age is 4 years.

Los Haitises National Park



Approximately 4 hours • \$\$

On this boat tour, you will ride into the fascinating world of the original inhabitants of Hispaniola and their surroundings. Enjoy the breathtaking beauty of the National Parc Los Haitises. Once in the park, you will discover a sanctuary of birds that reign over a multitude of small islands and mangroves. Explore caves with stalagmites and stalactites as well as ancient paintings and sculptures that represent the gods of the island's native Taino Indians.

Please note: Wear comfortable shoes, sunscreen, sunglasses and a hat. Bring your camera. Minimum age is 4 years.



St. George's, Grenada



ADVENTURE TOURS

Nature Trail & Beach Swim



Approximately 4 hours • \$\$

On leaving the pier, you will drive through the town of St. George's and over the Old Fort Road to Morne Gazo. You'll walk through an intact tropical, semi-deciduous rain forest—the only area of this type of forest remaining in the country. It serves as a watershed area and source of medicines, wildlife and recreation. From the summit there is a look-out platform with almost a 360° view. At the famous Grand Anse Beach, you will be welcomed with a complimentary rum punch or local beer or soft drink and may spend up to one hour on the beach. Changing facilities are available for those wishing to swim in the clear waters.

Please note: Entrance fees and bottled water included. Wear your swimsuit under your clothing; bring a towel, sunscreen and a hat.



SIGHTSEEING TOURS

Grenada Island Drive



Approximately 3½ hours • \$

From the pier, drive in small cars through the quaint capital of St. George's, passing Government House, through St. Paul's and on to the parish of St. David's and plantations of cocoa and spices. At the seaside village of Marquis, the locals weave pandanus grasses into crafts; and at Soubise, brightly painted fishing boats dot the beaches. Visit a Nutmeg station, then turn inland to the National Park Nature Centre at Grand Etang Lake—the park's main attraction at 1900 feet, set in the crater of an extinct volcano.



AQUATIC TOURS

Star Wind Catamaran & Snorkel Adventure



Approximately 3 hours • \$\$

This all-inclusive 60-foot catamaran cruise passes Grenada's picturesque coastline and the beauty that Grenada has to offer, above and below the sea! Head to Flamingo Bay for snorkeling in the breathtaking underwater world of the Caribbean. Further south is one of Grenada's beautiful white sand beaches, where you'll swim or simply relax and enjoy paradise. *Star Wind 5* will then make its way back to the Queen's Jetty in St. George's. Sandwiches and beverages are provided, including rum punch, fruit punch and soft drinks. The boat has a shade awning while anchored and you must walk in ankle-deep water to (dis)embark.

Please note: Wear your swimsuit under your clothing; bring a towel, sunscreen and a hat. Snorkel and mask are provided.



BOAT TOURS

Rhum Runner Pleasure Cruise



Approximately 3 hours • \$

Board *Rhum Runner* to the sound of a steel band, as you are greeted with rum punch. Cruise around the Carenage—the inner harbor—proceeding along the scenic coastline, hugging the shore to the Long Point Shoal and Morne Rouge Beach. At the beach, the purpose-built craft allows guests to disembark directly on to the sand for 1½ hours of relaxation. Rum punch flows, and fresh fruit, crackers and cheese are offered. En route back to St. George's, compete in the limbo dance for prizes of T-shirts and bottles of rum. The dancing continues all the way back to port.

Please note: Wear your swimsuit under your clothing and bring a towel, sunscreen and a hat.



ADVENTURE TOURS

St. John Eco Hike



Approximately 4 hours • \$\$

Discover the “Emerald of the Caribbean” on this hike through protected National Park land. A scenic ferry ride will take you to Cruz Bay on St. John, then you’ll hike along the coast. During the two-hour hike (1¼ miles) you will stop at Honeymoon Beach for a swim. Continue along the botanical walk to Caneel Bay to visit some ruins. A short taxi ride takes you back to the ferry.

Please note: Wear your swimsuit; bring a towel, sunscreen and water.

Mini-Boats & Hidden Beaches



Approximately 3½ - 4 hours • \$

This is not your average adventure tour. In addition to visiting a beautiful beach and swimming in the beautiful emerald water of the Caribbean Sea, you will also have the opportunity to “captain” your own vessel on these waters! This exciting escape begins with a brief safari bus ride to a dock or beach where your boat and guide awaits you. Your experienced guide will hand out life jackets and give a brief orientation on the use of the boats and a few simple rules to follow. Then, head for the open water and cruise along the southern coastline through sapphire waters to a hidden lagoon and a beautiful beach. Bask in the Caribbean sun, swim in the gorgeous sea or take time to explore the area. Full snorkel gear will be provided. A guide will assist beginners.

Please note: Bring a towel and sunscreen. Minimum age to drive the boat is 18.

Round-the-World Ocean Sailboat Race



Approximately 3 hours • \$\$

Be part of a racing team aboard one of two Farr 65 ocean-racing Round-the-World yachts, complete with racing skippers and crew. These yachts have circumnavigated the globe and won many line honors. This is very much a participatory tour where you are encouraged to get involved in sailing these magnificent yachts, although the less adventurous can sit back, relax and enjoy watching the racing crews sail the yachts. The cockpit provides lots of seating and a great space for working. Below deck, there is ample seating to shelter from the outside of the yacht along with the restroom. Teams and roles are assigned in the briefing area, then there will be a short trip to the downtown waterfront. A short but thorough safety brief details how to use and fit life jackets, using a winch in the correct fashion, etc. Then, get out onto the water as part of a racing team and compete in a race against another team. Take up your position on board as your boat casts off and heads out of the harbor. Sails are then hoisted and you head out to the ocean. You will practice your role and get involved with tacking, jibing, trimming sails, grinding winches and familiarizing yourself with the yacht. The race course will be subject to the prevailing weather conditions. After the race, there will be an opportunity to switch roles and even a chance for guests to take the helm of the boat before heading back to the dock. Once back at the base, celebrate with a rum punch party while viewing photographs of your race (available for purchase). Browse in the gift shop selling exclusive St. Thomas Ocean Race clothing and merchandise.

Please note: On occasion, the party will be held on board but there will still be an opportunity to purchase goods that are available in the store. There will be a minimum of two and a maximum of four yachts taking part in each race. A minimum of 10 guests per yacht will be required so family and friend groupings can be accommodated. Each boat is exclusive to a particular cruise ship, adding to the competitive element!



SIGHTSEEING TOURS

St. John Trunk Bay Beach Tour



Approximately 4 hours • \$\$

Travel by ferry to Trunk Bay, on the island of St. John. This stretch of golden sand draws visitors from all over the world and is a National Park. Swim, sunbathe on the beach, or enjoy the shade of palm trees and the beautiful Caribbean waters.

Snorkeling equipment and instruction are provided. Enjoy sightseeing by open-air bus, then board the ferry back to St. Thomas.

Please note: The National Park Service may close the snorkel trail in the event of unpredictable or inclement weather. Wear your swimsuit; bring a towel, sunscreen and hat.

St. John: National Park Island Tour



Approximately 4 hours • \$\$

Arriving at St. John by ferry, take in some of the best sights in the Caribbean—white sand beaches, clear waters, foliage, plantation ruins, Cinnamon Bay, Trunk Bay and Caneel Bay. Finishing at the National Park dock, you'll have some time in the quaint village of Cruz Bay before a ferry returns you to St. Thomas.

Paradise Tram & St. Peter Greathouse



Approximately 3½ hours • \$

Traveling upwards on Crown Mountain Road you will be treated to some of the most breathtaking views of your ship and the charming town of Charlotte Amalie, named after a Danish Queen. See the spectacular rugged northern coastline beaches of St. Thomas en route to St. Peter Greathouse—formerly a private hideaway of the super-rich with classic Caribbean architecture, native stonework, and panoramic views of the Virgin Islands. Enjoy a drink before beginning your descent from the top of St. Thomas to Drake's Seat overlooking the heart-shaped beach of Magen's Bay. Your final destination is the Paradise Point Tramway. The smooth, 15-minute round trip ride will whisk you

to 700 feet above the sea—an entirely different perspective of the harbor and your cruise ship below while you enjoy a refreshing beverage. All too soon, you will arrive back at the pier.

St. Thomas Historical Highlights



Approximately 3 hours • \$\$

This tour takes in the old town, and includes a stop at Fort Christian (built in 1671), Blackbeard's Castle and Haagensen House—once owned by a wealthy banker and now restored to perfection. A brief photo stop at Paradise Point provides a beautiful view over the harbor. On Main Street you may opt to leave the tour to shop and make your own way back to the ship.

Please note: Wear comfortable walking shoes. Fort Christian may be closed on weekends and holidays.

St. Thomas Island Tour & Mountain Top



Approximately 2 hours • \$

Take in some of the most breathtaking sights that the Caribbean has to offer—Bluebeard's Castle (now a famous hotel) from Mafolie Hill, Blackbeard's Tower and the town of Charlotte Amalie with its picturesque red roofs. Louisenhoj Castle is located along the way to Drake's seat, where Sir Francis Drake reviewed his fleet. From here, travel winding mountain roads to Mountain Top, with a fabulous view of Magen's Bay Beach—one of the top ten beaches in the world. In the town of Charlotte Amalie, disembark for shopping or continue back to the ship.

Tropical Paradise Island Tour & Skyride



Approximately 3 hours • \$

Ride the Paradise Point Tramway 700 feet up Flag Hill. The 15-minute round trip ride offers a panoramic view of the harbor. From Valdemar Hill, your driver will point out Blackbeard's Castle, Bluebeard's Castle and Fort Christian, and you'll continue to Drakes Seat—a former lookout spot for pirates—and Mountain Top. In Charlotte Amalie, you may disembark the bus and stay in town to shop, making your own way back to the ship.

The Ultimate Island Experience



Approximately 4 - 6 hours • \$

A narrated, scenic ride along Skyline Drive acquaints you with breathtaking views of the Caribbean Sea, Atlantic Ocean and Charlotte Amalie harbor. Take advantage of a photo stop at Drake's Seat, looking out over Magens Bay and innumerable other Virgin Islands. Then, head down to Magens Bay for two hours of sun swimming and fun. This perfect half-mile long, heart-shaped beach is rated as one of the world's top ten. Enter the age of Caribbean pirates at Blackbeard's Hill, including a hike to the top of world famous Blackbeard's Tower. A self-guided tour leads you into the colonial Victorian world with early 1800s house-museums such as Villa Notman, Britannia House and Haagensen House. Explore lush tropical gardens and terraces with fountains, a 20-foot waterfall and the charming Hotel 1829. Discover St. Thomas' unusual step streets, or frigangas the Danes called them, including the famous 99 Steps. Then, relax with an island cocktail and take a dip in any or all of three delightful swimming pools. At your leisure, head for Main Street and duty-free shopping at the island's best stores. Hop aboard one of the continuous shuttle buses or take a short walk down the 99 Steps and the shuttle back to Blackbeard's Hill. How you choose to spend your day is up to you!

Please note: Return to the ship at your own expense.

Downtown Shopping & Beach Getaway



Approximately 5½ hours • \$

The best of both worlds means bargain shopping and relaxing on a beautiful beach! You will be transported from the pier to downtown Charlotte Amalie for two hours of shopping. Browse for bargains on jewelry, electronics, and much more. After you have accumulated your gifts and treasures, you will be driven back to the ship where you will have 45 minutes to drop off your belongings in your cabin and get ready for the beach. A scenic drive from the pier brings you to Sapphire Beach. Here, you can enjoy two glorious hours of relaxation and swimming in the crystal-clear waters of the Caribbean Sea.

Please note: Bring a towel, hat and sunscreen. A restaurant, cash bar, beach rentals, and restroom facilities are available at the beach.



AQUATIC TOURS

Coral World Snorkeling & Beach Outing



Approximately 3 hours • \$

Transfer by open-air bus from the pier to Coral World Underwater Observatory and Marine Park. In a three-story Observatory Tower, built right in the ocean, descend below the surface to view a spectacular and ever-changing parade of marine life outside the 24 picture windows. At Dive World, just a few yards away, snorkeling equipment and fish food are provided for an introduction to snorkeling (experienced snorkelers are welcome too!) The fish will eat out of your hand! After snorkeling, there's time to lounge on the pristine, sandy beach and buy refreshments.

Please note: Wear your swimsuit and bring a towel. Waiver release form must be signed. Participants must understand English.

Coral World Ocean Park



Approximately 3 hours • \$

Depart in the morning or afternoon and enjoy a scenic drive to Coral World Ocean Park where you will be greeted by park staff for an introduction to the marine life of the Caribbean. You will be provided with a colorful souvenir map for a self-guided tour exploring Coral World's exciting marine attractions for two hours. Encounter sharks, stingrays and turtles, and many other colorful flora and fauna of the Caribbean. You may soak up the sun or swim in the crystal-clear waters of Coki Beach, right next door. This tour includes air-conditioned transportation to and from Coral World, admission, beach, and use of shower facilities. You will have ample time to find a gift or souvenir at one of Coral World's unique gift shops or enjoy a refreshment at one of its restaurants. Coral World is 85% wheelchair accessible. Limited spaces are available on the air-conditioned transportation for physically-challenged passengers in motorized and non-motorized wheelchairs and scooters, so please see the on-board shore excursion staff to reserve a space!

Kayak & Snorkel in the Mangrove Lagoon



Approximately 3½ hours • \$\$

Explore and learn about the Mangrove Lagoon ecosystem in the Wildlife and Marine Sanctuary, accompanied by award-winning, informative nature guides. Your adventure begins with a fun orientation, then you'll board a kayak and enjoy exploring through the many islets while learning about the lagoon's ecosystem. Look for large iguanas and many birds including egrets, herons, pelicans, frigates, terns, warblers and hummingbirds. Snorkel in the clear protected waters of a beautiful coral-fringed mangrove nursery to look for eagle rays, turtles, juvenile barracuda, tropical reef fish and colorful and abundant juvenile marine life, or choose to explore the coral beach. After snorkeling, you'll paddle back to the marina by kayak where you will have a few minutes to browse through the gift shop before returning to the ship.

Please note: Beginner-rated snorkel experience includes snorkel equipment, safety vest, snorkel lesson, complimentary beverages and snack. Wear your swimsuit and bring water shoes, a towel, a hat and sunscreen.

Sea Trekking Helmet Dive



Approximately 3 hours • \$\$

This is a marine odyssey and helmet walk on the floor of the Caribbean Sea. Your guide will lead you along a trail marked with a handrail, 10-18 feet below the surface of the water. You will trek around coral reefs and see abundant marine life up close. A Sea Trekking helmet keeps your face and hair dry as it provides air, weight and stability—no experience required!

Please note: Medical restrictions apply. Waiver release form must be signed. Minimum age is 8 with a participating parent or guardian. Minimum weight is 80lbs.

St. Thomas Certified Scuba



Approximately 4½ hours • \$\$

Experienced Scuba enthusiasts—take a dive! On this two-tank reef and wreck dive, a power catamaran will take you along the beautiful southern shore of St. Thomas to a vibrant reef. This dive, normally to a maximum depth of 60 feet, will be followed by a shallower second dive over one of St. Thomas' incredible shipwrecks. Limited to certified divers. Wet suit rental is \$10.

Please note: Bring your C-card. Minimum age is 10 years.

Discover Scuba Diving Experience



Approximately 3 hours • \$\$

Ever since you were a kid, you've wanted to try scuba diving, and now you can! The Discover Scuba Diving Experience is simple, fun and easy. This tour is designed for the non-diver as an introduction to scuba diving. This is a standardized program and will count as the start of your PADI certification course. You'll receive a short lesson on scuba basics and then take a skills practice session in waist-deep water before exploring the reef with your instructor on a shallow dive. Throughout your scuba adventure, you will receive expert instruction from a PADI-certified diving instructor. This experience lasts about 45 minutes, allowing plenty of time to snorkel either before or after the dive. The beach is nestled in a wonderful setting and is well known for its abundant fish, large varieties of hard and soft corals, sponges and reef creatures. This tour is an excellent opportunity for up-close encounters and taking photos of tropical fish.

Please note: Waiver is required. Medical restrictions apply. All equipment is included.



BOAT TOURS

Castaway Girl Barefoot Sail & Snorkel at Shipwreck Cove



Approximately 3 hours • \$\$

Sail to Turtle Cove, Buck Island on a sailing catamaran or a gaff-rigged schooner. You will drop anchor in magnificent Turtle Cove, where there is ample time for excellent snorkeling both for the experienced and novice alike among brilliant corals and colorful fish. After the swim time, refreshments will be served.

Please note: Wear your swimsuit and bring a towel, hat and sunscreen. Step into the water from a boat ladder. There is no beach access and life vests are required for all. If the weather is inclement, you will snorkel over a sunken wreck in Wreck Cove instead.

Champagne Catamaran Sail & Snorkel to St. John



Approximately 4 hours • \$\$

Sail to the enchanted palm-fringed island of St. John by catamaran. The brisk sail across Pillsbury Sound brings the catamaran to its special mooring destination where you can swim, snorkel, beach comb or simply relax under the palms. Enjoy a snack on board, with champagne and other beverages after swimming and snorkeling, then make the downwind return sail to St. Thomas.

Please note: Snorkel gear and instruction included. Bring your swimsuit, towel, sunglasses and sunscreen. Snorkel site may vary.

5-Star St. John Snorkel & Beach Adventure



Approximately 4 hours • \$\$

From the moment you step on board the 115-foot *Chesapeake Voyager*, a beautiful replica of a 1930s-era Chesapeake Bay oyster buy boat, you will start to feel the beauty and history of the Caribbean. Sitting comfortably on deck in the shade, you'll glide effortlessly through turquoise waters on the way to the magnificent island of St. John and a private mooring in Trunk

Bay. At Trunk Bay, whether in the water snorkeling, swimming or on the beach, you will be well looked after. A guide will be on hand to identify corals and fish, and bring you to and from the beach. After your time at the world-renowned Trunk Bay, use the freshwater showers and enjoy the fully licensed bar with light snacks available. A portion of this tour's profits goes to the Friends of the Virgin Islands National Park, the not-for-profit organization dedicated to protecting and preserving the Virgin Islands National Park.

Atlantis Submarine Expedition at Buck Island



Approximately 2 hours (45-minute dive) • \$\$

Transfer across the harbor by ferry, then see the breathtaking world beneath the waves from a private submarine. Comfortably seated inside, you'll marvel at the sealife at a depth of 90 feet, as the sub begins its journey through Snapper Valley in search of octopus, lobsters, moray eels and much more. 400-1000 ISO film speed is recommended for photography on the sub (no flash).

Please note: Children 4 years old and under are not permitted.

Ultimate Undersea Exploration



Approximately 3 hours • \$\$

Travel by open-air safari bus to Coral World, and board the luxury Nautilus sub-see explorer to venture out to Shark Island. See the beauty of the coral reef from the 40-window, panoramic, underwater viewing cabin. Enjoy the top-side views on the way out or back from the spacious observation deck. After your ride, view and learn more about the ocean at the Coral World Marine Park or join an instructor for a snorkel adventure. Tame fish will surround you as you take some memorable photos.

Please note: Tour includes all transportation, admission to Coral World and/or snorkel equipment.





Tampa, Florida



Willemstad, Curaçao

Historic Tampa & Transfer to Airport



Approximately 3½ hours • \$\$ book on board only
(available to guests with flights after 3:00pm)

Tampa is a colorful city with a fascinating history. Native Americans first settled at the mouth of the Hillsborough River—the area that is now the downtown business district. Today, you will visit the University of Tampa, located in the original Tampa Bay Hotel. Built in 1890 as a luxury hotel by railroad tycoon Henry B. Plant, this beautiful Victorian building is a National Historic Landmark modeled after the Alhambra in Spain. Stroll through some of the public rooms as you hear the history of this hotel. Continue with a drive through the Hyde Park area and along Bayshore Blvd with its beautiful old mansion facing the bay. Also included in the tour will be a drive past the St. Petersburg Times Forum—Tampa’s hockey and entertainment arena. Ybor City, once the cigar capital of the world, is now Tampa’s entertainment district. The cigar industry moved to from Key West to Tampa more than 100 years ago. Keep an eye out for the “Shotgun Houses” that housed the immigrant cigar workers who settled here. Hear the history of the immigrants that settled in this part of Tampa and shaped this city. A stop at Centro Ybor allows a a short break. Whether you choose to enjoy *café con leche* (sweet Cuban coffee) or a light snack at one of the many restaurants in this historic area, you will be surrounded by item old and new. Finally, drive past the Columbia Restaurant—the oldest Spanish restaurant in the USA. It has grown from a local corner café to a world-famous restaurant covering an entire city block. Note the exquisite tile work on the outside of the building. En route to Tampa International Airport, you will see the New York Yankee’s Spring Training location, Legends Field.

Please note: Available only to guests departing Tampa International Airport at 3:00pm or later.



ADVENTURE TOURS

Canoe Safari



Approximately 3½ hours • \$\$

At Goat Mountain, after a briefing, you will board a stable, seafaring canoe to paddle for 55 minutes in the southern streams of the Caribbean Sea and view coral and fish from above the water. From Goat Beach, enter Curaçao Yacht Club and head west to Baya Beach. Relax in a beach chair or put on snorkel equipment to explore the Great Wall reef teeming with beautiful tropical fish.

Please note: Snorkel equipment is included. Wear your swimsuit; bring a towel and sunscreen.



SIGHTSEEING TOURS

Willemstad Trolley Train



Approximately 1¼ hours • \$

Transfer by taxi across the Queen Juliana Suspension Bridge, 200 feet above Willemstad. In the Punda section of town, you will board a trolley train for a tour of Curaçao’s distinctive Dutch colonial architecture and the sights and sounds of island life. Stop at the “wedding cake” house and see the Pietermaai Cathedral; drive past the floating fish and vegetable market, Mikve Emmanuel Israel (the oldest synagogue in the Western Hemisphere) and see Queen Wilhelmina Park, and the Waterfort Arches. Finally, visit Fort Amsterdam, built in 1635 with its beautiful Protestant church. Return taxi transportation to the

ship is included, or you may choose to stay in town and return to the ship on your own.

Please note: If the Cathedral is open, guests may enter.

Ostriches & Aloe



Approximately 3 hours • \$

Venture outside the city to visit two interesting farms in Curaçao. First, crossing the Queen Juliana Bridge at 200 feet above sea level, take in the spectacular view of the capital Willemstad. Heading northeast, you will pass by the Franklin D. Roosevelt House, the American Consulate on the island. Your guide points out interesting sites along the way before you arrive at the Aloe Plantation of Curaçao, where an aloe expert explains the wonderful traits of, and many uses for, this “miracle” plant. Continue on to the Ostrich Farm, the largest of its kind outside Africa. Following a warm reception, embark on a safari vehicle with the ostrich farm guide, and enjoy an opportunity to interact with Earth’s largest birds. You may have a chance to try hand-feeding these birds, while others look on! Experience the ostrich’s development from egg to adult, and perhaps witness a little surprise emerging from an egg. Keep your eye out for the ostrich dance, performed by a male named Don Juan. The return drive to the ship follows a southeasterly course and affords views of Curaçao.

Highlights of Curaçao & Folkloric Show



Approximately 3½ hours • \$\$

Dutch influence is ever-present in Curaçao. Your first stop is at the Curaçao Museum, with old-world, authentic furnishings in a 19th-century military hospital. Your guide will play some songs on the Carillon (the largest organ), then visit the gallery to see the Snip—the first plane that crossed from Europe to the New World. By coach, view the lovely capital of Willemstad, crossing the Queen Juliana Bridge at 200 feet above sea-level. Watch for the Franklin Roosevelt House and the American Consulate. Next you’ll visit the Distillery of Chobolobo, where the world-famous Blue Curaçao liqueur is still made by hand according to an ancient recipe based on the peels of the orange brought by the Spaniards in the 15th century. Finally, enjoy a charming folkloric

show, where dancers demonstrate the *Tumba*—the rhythmic dance of the island. A brief “workshop” is included!



AQUATIC TOURS

Curaçao Dolphin Encounter



Approximately 2½ hours • \$\$

A safe and exciting interactive dolphin program for all ages, this will be the adventure that you will never forget. Step on to a shallow platform to actually embrace and caress the most amazing animals of the sea—the dolphins. A dolphin behaviorist will teach you dolphin biology, behavior, and conservation. No aquatic skills are required for this safe and unforgettable dolphin experience.



BOAT TOURS

Spanish Water Snorkel Expedition



Approximately 3 hours • \$\$

Board a motorboat near the pier to begin a scenic ride along the coastline. At the site of a sunken tugboat, you can swim and snorkel to appreciate the abundant marine life and multi-colored coral, or if you prefer, simply relax on board. Enjoy music and rum or fruit punch as you travel back to the pier.

Please note: Wear your swimsuit and bring a towel. Snorkel equipment is included. Minimum age is 4 years.

Curaçao See & Sea Tour



Approximately 2½ hours • \$

Board the *Seaworld Explorer* semi-submarine and sit in air-conditioned comfort five feet below the surface of the water. View sealife through large windows over a wall dropping sharply several hundred feet. See tropical fish such as yellowtail snapper,

sergeant majors, parrotfish and queen angelfish, as well as delicate colonies of coral. Watch as a diver is surrounded by hungry fish that he feeds by hand in front of your window. Back on land, cross the Queen Juliana Bridge and continue to the *Negrita*—an 84-foot replica sailing schooner with a tasting room for Blue Curacao Liqueur and Ponche Cuba. In the Punda section, your guide points out the major landmarks. You may choose to stay in town and return to the ship on your own. 400-1000 ISO film speed is recommended for photography on the sub (no flash).

Please note: Minimum age is 5 years.

GUIDES, SERVICES & TRANSPORTATION:

In certain interesting but off-the-beaten-track places, professional guides and vehicles are at a premium. The best available are engaged. For all tours other than the Signature Collection, it is exceptional for drivers of public hire vehicles to speak any language but their own and it is not always possible to obtain air-conditioned buses or taxis in many ports. However, we do our utmost to find the very best excursion packages for your touring pleasure. Guests who leave during a tour for which transportation is included must thereafter provide for their own transportation and services at their own expense. Transportation standards vary from country to country.

SELF-GUIDED EXCURSIONS:

Guests who do not join these prearranged shore excursions must rely on whatever transportation is available in each port. If you choose to devise your own excursion, we suggest that you remind the driver or tour escort of the ship's sailing time. Of course, the ship's facilities are fully available to guests while in port.

CONDITIONS:

Shore excursions are "Non-Holland America Line Services" for the purposes of your Cruise Contract. This means that shore excursions are not owned or operated by Holland America. Refer to your Cruise Contract for a full statement of your rights and obligations as well as those of the Owner of the Ship, Holland America Line Inc. and certain other persons and entities with respect to Non-Holland America Line Services. In particular, please note that you are assuming the entire risk of utilizing Non-Holland America Line Services subject only to whatever terms or arrangements are made by you or on your behalf with the third party furnishing the Non-Holland America Line Services. Holland America does not assume liability for injuries or damages that occur during or as a result of shore excursions, nor is Holland America Line liable for loss of or damage to any baggage or other property which occurs ashore, for any reason whatsoever. Shore excursions are subject to cancellations or changes. Shore excursion operators reserve the right to deny participation to guests based on such criteria as they may establish. Children under 18 must be accompanied by a parent or responsible adult aged 21 or older.

ABOUT PRICING, REFUNDS & CANCELLATIONS:

Rates and descriptions are current as of the printing date. Prices are subject to change without notice and descriptions may vary from the actual tour provided. All cancellations that are made less than 10 days prior to cruise departure are subject to a 10% cancellation fee. There will be no exceptions. In addition, if you cancel your tour reservation after the booking deadline stated in the Shore Excursion Planning Form on board, or if you cancel a Signature of Excellence® shore excursion within 10 days of sailing, a 100% cancellation fee will apply since transportation and services will have already been arranged.